Treasurie for [illegible]

WHEREIN ARE [illegible]

approved Medicines for [illegible]
dry Diseases, which [illegible]
not come to light before [illegible]

FIRST SET FOORTH FOR THE

benefit and comfort of the poorer
sort of people that are [illegible]
to go to the Phisitions, by [illegible]

And now fourthly corrected, augmented and [illegible], by
G. W. practitioner in Phisicke and Chirurgerie.

¶ AT LONDON
Printed by Raph[illegible]

To the Right Honorable, Sir William Rider Knight, L. Mayor of the Honorable Cittie of LONDON.

IT hath bin, and is (right Honorable) a lawdable Custome in this Cittie, that at the entring of any Lord Mayor into his office, not onely his familyar friendes and acquaintance, but also of euery Fraternitie, some selected men should present his Lp. with one guift or other: Whereby they do not onely Congratulate with him, his late increase of Honor; but also those presents are as tokens, or earnest pence of their yeelding dutie and Obedience vnto his Lordship during his Office. In like sort, I my selfe (though one of the poorest, yet a Cittizen, and none of the least in humble Obedience, and dutifull good meaning towardes your Honor) being not furnished with any good thing worthy presenting at your Honors first entrance, am now imboldned towardes the expiration of your yeere, to present your Lordship with this

booke intituled, *A Rich Store-house, or Treasurie for the Diseased*, A booke (Right Honorable) very necessarie and conuenient to be vsed of the poorer sort of people (for the preseruatiō of their health) that are not of abillitie to goe to the Phisitions, and I assuring my selfe, that your Lordship both hath and will vouchsafe to be a protector of the poore peoples profit and good both in health and wealth (the same comming by chaunce into my handes) haue thought it good to publish it vnder your H. name, whose Authoritie best may countenance the same, and whose curteous admittance shall be a sufficient guerdon of my dutifull good meaning herein, If my worth were greater my duty would shew greater: in the meane time, as it is, it is bound to your Lordship, to whom I wish long life, still lengthned with all Happines,

Your Lordships in all dutie,

RALPH BLOWER.

¶ DIVERS AND SVNDRY GOOD INſtructions and Rules of knowledge, very meete and conuenient to be obſerued and knowne of all ſuch as are the true practiſers of Phiſicke and Chirurgerie: and alſo concerning the vſe of bloud-letting and *Purging, and of the commoditie and diſcommoditie, that* oftentimes ſpringeth and commeth thereof.

FORASMVCH as health is profitable and pleaſant to all men, ſince that all men doe continually wiſh and pray, eyther for the reſtitution or continuance of the ſame: and how that it is the propertie of nature, only to fight and ſtriue againſt all Diſeaſes: and alſo how that the Phiſition is but the miniſter and ſeruant of Nature, eyther to apply ſuch thinges to her, as may be vſed to deſtroy the diſeaſe withall: or elſe by taking away the greateſt part of the ſame matter, which cauſeth and maintaineth the ſicknes: and therefore it is very meete and neceſſarie for euery Phiſition, that before ſuch time as hee do miniſter any thing to the ſicke perſon, diligently to learne, and perfectly to ſearch out, both the Originall and principall cauſe of the Diſeaſe: in which if hee be ignorant: then it is more by good fortune, then by any cunning or skill, that he do euer cure any manner of diſeaſe at all. For how is it poſſible to help Nature with that thing which ſhe hath neede of, except it be firſt of all knowne what ſhe needeth? which none can perfectly know, except the chiefe cauſe of the diſeaſe be firſt manifeſtly knowne vnto him, inſomuch that he may miniſter thinges directly,

contrary to the cauſe of the ſame Diſeaſe. And therefore I alſo greatly lament the ignorance of the common ſort of people, who for the moſt part are perſwaded, that one Medicine is ſufficient for one diſeaſe, and not regarding, that one diſeaſe may come of ſundry cauſes: and therefore it doth neceſſarilie require diuers Medicines, as for example. *Weakenes of the Stomacke*, (that it cannot digeſt well, or that it hath no good appetite) is a diſeaſe which may come a dozen ſeuerall wayes at the leaſt: therefore the Cure of it cannot be alwaies with one Medicine. As alſo, if that weakenes of the ſtomacke doe come of a weake diſtemparature of it ſelfe onely, then it muſt of neceſſitie be made hot by ſome meanes: but if that heate be the cauſe of the weakenes, then it muſt needes be cooled with ſome colde medicine that is meete for it. So that you muſt be ſure alwaies, to moiſten drynes, and dry moyſture. But if weakenes do come of ſome ſuperfluous humor that doth abound, which hath flowed into the ſtomack, or hath bin there engendred: then muſt that ill humor of neceſſitie bee purged out eyther by a vomit, or elſe a Purgation, with a meeke medicine for it. And if that it be a Flegme, then it muſt be holpen with a medicine that expelleth Flegme. But if Choller bee abounding there, then muſt be vſed ſuch a medicine as doth purge Choller. And likewiſe for Melancholie, a meete purgation muſt be vſed to expell the humor: but if the imbecilitie of the ſtommacke be cauſed by a Diſtillation, and Rheume that falleth out of the head into it, then is the cure to be remedied in the head, and not in the ſtommacke. Likewiſe, if the diſtemparature of the Liuer or Spleene, doe weaken the ſtommacke: then the Cure thereof conſiſteth only in the healing of thoſe members, and not of the miniſtring any thing for the ſtomacke.

Therefore let no man thinke it ſufficient for the Phiſition, if hee perfectly know that a man hath ſuch a diſeaſe: as the Ague, the Colliek, the Flux, or ſuch other like, &c. that then hee may preſently, (if he be ſkilfull) miniſter a medicine meete for it: No not ſo, but he muſt firſt ſearch out by all meanes poſſible he may, the very cauſe it ſelfe of the diſeaſe, the which many ignorant people doe perſwade themſelues that a ſkilfull Phiſition may do in all diſeaſes, by the ſight of the *Vrin* onely. But alas, they are altogither deceiued: and as for to come to the knowledge of the cauſe of ſome inward diſeaſes of the body, the *Vrin* profiteth nothing at all: for in moſt inward diſeaſes of the body, there

ought

ought as great a regard to be taken of the *Pulses*, and of the dispositions, and state of the Braine of him that is sicke, as there should be had of the *Vrin* it selfe.

Also the *Egestions*, *Sweat*, *Spittle*, and other Excrements, are not to be neglected, insomuch, that at sometimes they do declare the cause of the disease, and the state thereof, when the *Vrin* doth not shew any thing at all.

Likewise for example, In a *Plurisie*, or an inflamation of the Lungs, or in a *Squinancie*, or such like, there is much more to be knowne, by *Spettle* then there is by *Vrin*.

Moreouer in a *Lask*, or in a bloudy *Flix*, or in a *Collick*, or *Iliake*, there is more certainty of iudgement to be giuen by *Egestion* or *Ordure*, then there is by *Vrin*: which thinges, those that are not altogether addicted to their owne fantasies, may easily by good reason be perswaded to credit for *Vrin* is nothing else, but the Waterie and Washie part of the Bloud, for it is seperated from bloud in the *Liuer*, and sucked frō thence into the *Reines*. from whence it distilleth downe into the *Bladder*, and so passeth foorth. Seeing therefore that *Vrin* is the excrement that is seperated from the Bloud: there is good cause why it should shew the state of the *Liuer*, and also of the bloud in all parts of the body, and it can likewise declare the full state of all the members which it passeth by: as of the *Reines*, the *Bladder*, and such like.

But certainely in other diseases that be out of the Veines, and be distant from the places by which the *Vrin* passeth. There is no certaine iudgement to be giuen by the *Vrin*, vnlesse the vehemencie of the disease haue infected eyther the bloud or the Liuer after some sort: Yet neuertheless, such is the ignorance of many people, that they thinke him worthy of no estimation in Phisicke, which cannot at the first sight of the *Vrin* (although it hath bin caried twenty miles) tell whether it be the water of a man or a woman, and how the disease greeueth the patient better then himselfe, and whether he shall liue or die, what Disease soeuer it be, which thinges vndoubtedly in diuers diseases are impossible to be knowne by the onely sight and suspection of the Vrin.

Therefore it is very necessary for them that will take vpon them to minister Phisick, duely and rightfully (amongst other things) to obserue well these foure rules following. Viz.

1 To see the sicke person, and to conferre with him or her which so-

euer it be, for there is none that can ſo well declare any griefe (whatſoeuer it be) as he can that is troubled therewith.

2 To view and feele the Pulſes, and to obſerue well the ſtate of them.

3 To view very diligently all the excrements, not onely the *Vrine*, but alſo the *Spettle*, *Sweat*, and *Ordure*.

4 And laſt of all, to haue a reſpect to the place where the griefe is, and to conſider well the accidents that doe ariſe thereof, not omitting to know the former dyet and courſe of life, which the ſicke perſon hath vſed.

Theſe thinges then beeing diligently and ſeuerally marked, the Phiſition may more certainely learne the chiefeſt cauſe of the diſeaſe, the ſtrength thereof, and to what end it will come vnto, then by ſeeing the Vrine onely, and alſo by what meanes he may miniſter a meete medicine for it, whereby the ſicke perſon may ſoone finde eaſe, and he purchaſe vnto himſelfe exceeding great fame.

Thus haue I partly declared, what thinges ought to bee knowne of euerie Phiſition, that thereby hee might withdraw and take away the fond and fooliſh opinion, that a great number of people doe deeme to be true, that is, that the ſight of the Vrine is ſufficient inough, for a cunning Phiſition, perfectly to know the diſeaſe of the ſicke, and the true cauſe thereof, and to miniſter apt medicines for it. And now I ceaſe to ſpeake any more hereof, but I will as briefely as I may, entreat ſomwhat of the vſe and benefit that doth ariſe and come, of *Bloud-letting* and *Purging*, and I would wiſh all thoſe that do practiſe the ſame, to be carefull thereof.

The vſe of Bloud-letting, and of the commodities thereof.

FIRST it is to be noted, that if the body of a man do a abound with humours, which are ready to oppreſſe nature, then whether there be any

any ſickenes in the body preſent, by meanes of them, or if there be but danger of ſickenes, thoſe humors muſt be euacuated out of the body, eyther by *Bloud-letting*, *Purging*, *Vomit*, *Sweating*, *Bathes*, or elſe by ſome other kinde of euacuation. But I will ſpeake here onely of euacuation by *Bloud-letting* and *Purging*, and firſt of all of *Bloud-letting*.

There be diuers things to bee conſidered of, before *Bloud-letting*, as the age of the patient, the complexion, the time of the yeare, the region, the cuſtome, the ſtrength, and the vehemencie of the diſeaſe.

1 The age muſt be conſidered, becauſe children vnder 14: yeares of age, and olde folke may not bee let bloud, vnleſſe great neceſſitie require it.

2 The complexion is to be noted, becauſe a hote complexion hath large Veines, and aboundeth with much bloud, and they may therefore forbeare a good quantitie of bloud: But colde complexions haue narrow Veines and little bloud, and therefore their euacuation muſt be ſmall.

3 The time of the yeare muſt be very well marked, that the weather be not too hot nor too cold, and therefore the ſpring time, is the moſt apt time for Bloud-letting, becauſe that then it is temperate.

4 The region and country is to be ſpoken of, becauſe it is to be noted, that if the region be very hote, or elſe very colde, it is not good to let bloud, but a temperate Region is moſt meete of all for it.

5 Cuſtome is not to be neglected, for thereby wee may know that they that haue beene accuſtomed to bleed, may better ſuffer Bloud-letting, then thoſe that were neuer letten bloud at any time before.

6 The ſtrength of the perſon muſt be regarded, for if there be great weakenes, then it is very dangerous to let bloud at all, except great neceſſitie compelleth.

7 Alſo the vehemencie of the diſeaſe is worthy to be marked: for if it be a vehement diſeaſe, then you muſt let bloud forthwith, if the former circumſtances will permit it.

Theſe thinges beeing conſidered, if they will permit Bloud-letting, and if it be in a needefull cauſe, then it ſhall be very neceſſary to know what ſigne the Moone is in, for you muſt take heede that ſhe bee not in that ſigne that gouerneth that member, wherein you intend to open the Veine, and alſo to foreſee that ſhe be in ſuch a ſigne, as is good

to let blond in.

For the vses and commodities of Bloud-letting, are against these diseases that are here expressed.

1 This is a generall rule, that Bloud-letting is a very good remedy for all diseases that be engendred of aboundance flowing of eruption of bloud, as be chiefely the Feuers, called Sinochy.

2 Also the Phrensie, Squinancie, Pluresie, Peripneumony, Opthalmie, and against all inflamations, and impostumations, engendred of bloud in the Liuer, the Spleene, the Reynes, the Wombe, the Share, the Arme-holes, the Armes, the Legges: and to conclude, in all inward and outward partes, wheresoeuer the inflamation be: Bloud-letting is good for it, whether it be now present, or that there be any danger, that it will shortly ingender.

3 Also bloud-letting is good in Feuers, whether they bee continual or intermittent, insomuch that the obstructions and stoppinges of the Veines, be caused of immoderate repletion of the humours.

Note also that Bloud-letting doth emptie and euacuate from the body, all humours alike, as well the good as the bad.

And therefore it is chiefely to bee vsed, when there is too great an aboundance of bloud in the body and other humours, which doe streaine the Veynes, and that there is great danger and ieopardie in breaking of some Veine; or the brusing out of some fluxe of bloud, or of choking, and to extinguish naturall heate. And therefore in such cases, you must let blond with all speed, although the sickenesse be not already present.

For by letting of bloud in due season, the superfluous fulnes of the Veines, is brought into a meane state againe, and the paines that came of the fulnes and stretching of the vessels, be eased: and the heauines that was felt in the body, is cleane taken away, and the body is lightned, and made more quick and nimble, to doe all such actions as nature hath ordained it to doe.

Also it causeth nature to haue a larger scope, and a free passage by opening and emptying of the straight waies and passages of the Veines and Arteries.

Last of all, if it bee done in time, it preuenteth diuers and sundry diseases, into which the body was both apt and ready to haue fallen.

Many more commodities might here bee rehearsed ag concerning Bloud letting which is done when necessitie requireth, and as it ought to be done: but to conclude (omitting all other) Note this for a generall rule, that Bloud letting is very good against all kinde of diseases, which be caused and engendred of bloud, and not onely when the diseases are present, but also it is good letting of bloud, to preuent any such diseases, if they bee foreseene or feared, alwaies regarding that there be none of these impediments aforesaid, which doe prohibit and forbid Bloud-letting, except it bee in great necessitie and extremitie, for then as the common prouerbe is, *Necessitas non habet legem*, that is: Necessitie hath no Lawe.

Here would I leaue off to speake of Bloud-letting, but that there commeth into my mind, the common opinion of the ignorant people, which doe certainely beleeue, that if any person be let bloud one yeere that he must likewise be let bloud euery yeere againe, or else hee is in (I cannot tell) how great danger: which fond opinion of theirs (whencesoeuer it sprung at the first) is no more like to be true, then I should say, when a man hath a great wound by chance, in any part of his body, whereby he looseth much bloud, and that after it is healed, he must of necessitie haue the like wound againe the next yeare, to auoyde as much bloud, or else he is in daunger of great sicknes or of death. Which opinion, if I my selfe did affirme it to be true, (although it be most false) yet I might vse the like reason and authoritie to defend it, that the common people doe vse for theirs: for they can say nothing, if they be asked why they doe thinke so, but that they haue heard many say so. Therefore I would wish that no man should credite any longer this fond and foolish opinion, being most false, vnles he could shew good reason for it, which I am very well assured of, no man can do.

Mary this I thinke, that like as Bloud-letting is not good against all diseases, so also it is not good in all persons, but only in those that will be content to vse afterward a moderate and conuenient diet.

Those therefore that doe abound in bloud, and will be let bloud to preserue themselues from the danger of any disease, which is like shortly to ensue and molest them: They must for along time after, be content to vse a moderate and conuenient diet. For those that be vntemperate and gluttons in meates, or are great drunkerds, and wine-bibbers, they do not onely receiue no commoditie at all by Bloud-letting: but also

often-

oftentimes they catch more hurt by it, then they should haue done without it, for in three or foure daies space after, they fill and stuffe themselues with more raw iuices and humours, (by meanes of vnmeasurable dyet) then they had before, and oftentimes they doe die through conuulsion.

And therefore note that there is such force and vertue in a moderate dyet, to eschue and decline diseases, that without the due obseruation of it, Bloud-letting is of no purpose at all. And therefore if the common saying of the people be true in any body, that they must of necessitie bee let bloud often, it is very true, but it is in such as keepe an immoderate diet, presently after Bloud-letting, and therefore I do aduertise all men to beware of excesse in eating and drinking after Bloud-letting.

Note also, that after Bloud-letting none ought to walke very fast, or to runne, or to vse any vehement exercise, but let him be quiet and rest himselfe, vntill such time as his spirits shall be well refreshed and quieted againe.

Note also, that no person being let bloud, ought to sleepe immediatly after Bloud-letting, but let him keepe himselfe both quiet and waking and auoyding all contention and exercise of body and minde, and about two houres after letting of bloud, there may a little foode bee taken, but let it be such as will make good iuice and nourish apace, and within foure or fiue houres after Bloud-letting, or somewhat afore, the patient may be permitted to sleepe, so that it be prouided for, and taken heede of, that hee doe not turne himselfe vpon that arme, where the veyne was opened, and let him also take good heede that he doe not loosen the band, and so let the bloud flow out againe, and let him afterwardes vse a sparing diet, dayly increasing it by little and little, vntill such time as he be come to his accustomed ordinarie dyet againe.

And note also, that the morning is the most meetest time of all for Bloud-letting, when euery digestion is perfectly finished, and the superfluities and excrements of each of them fully avoyded out, which thinges of necessity must before-seene, that they be so. Or at the least in a time of great extremitie, the next apt time to let bloud in, is when the stomacke is somewhat empty, and that is about sixe or eight houres after meate.

Thus much haue I entreated of as concerning Bloud-letting, and

now

now I am purposely minded to speake somewhat of the vse and commodities that come of *Purging*.

The vse of Purging, and the benefit that oftentimes commeth thereof.

FOR as much as it is very necessarie to bee vnderstood of all persons, that euery kinde of *Purgation*, hath that secret vertue and property in it selfe, that when it is receiued into a mans body, and prouoked to exercise the vertue that it hath by naturall heate labouring to digest it, then doth it draw vnto it all such humours, as it hath vertue and power to Purge.

And therefore a *Purgation* is an euacuation of vicious and corrupt humours, which doe oftentimes trouble and molest the body, but not of all corrupt and bad humours alike.

For euery *Purging* medicine, doth draw vnto it selfe one peculyar and proper humour (that is) eyther Flegme or Choller, or else melancholy or watry humours.

And therefore those persons that be perfectly in health, ought not to take a Purgation, since they doe not abound with corrupt humors, wherefore in those, when the medicine findeth no such superfluous humors as it hath vertue to draw, it consumeth and wasteth the bloud and the flesh: and for that cause, whole folkes are not to be purged by Purgations, but rather confounded and wasted: for it is manifest hereby, that Purgations be very daungerous to them that are in perfect health, which thing is testifyed also of *Hypocrates* in the 37. *Aphorisme*, of his second booke, where he saith after this tore, *Qui corpore bene se habent hos purgare periculosum est*, (that is) it is daungerous purging of those, that be in perfect health.

Also because euery purging medicine hath vertue to draw one peculyar humour, there is good heed & care to be taken, that such a medicine be ministred as hath vertue to draw out the humor abounding & none

other, or else in stead of much good that of it selfe it would do, if it were conueniently ministred: it may contrariwise do exceeding great hurt, and worke many inconueniences to the body. And according to the saying of *Hypocrates* in the last *Aphorisme* of his first booke, in this manner. *Si qualia oportet Purgari purgentur, confert, & facile ferunt, difficulter*, that is if such things be purged as ought to be, it profiteth, and may easily be suffered, but if it be contrariwise, it hurteth and may scarcely be borne.

Therfore ought deligent care and heed to be take in the receiuing of a *Purgation*, that it be ministred by a skilful Phisition, that hath certainly found out what humor it is that aboundeth.

But alas the greatest number of the common sort of people, do hold an opinion that if they may haue a medicine for a little money, which will prouoke them often to the stoole, what humor so euer it be, and purgeth out, they perswade themselues that they are safe inough: howbeit I would wish them hereafter alwaies to haue in minde this saying of the most excellent Phisition *Hipocrates* in the xxxxiij. *Aphorisme* of the first booke, *Directiones non multitudine sunt estimande sed si talia deijciantur, qualia conuenient*, that is: Egestions are not to be esteamed for their great quantitie, but if such bad humours be purged out as they ought to be (that is) such vicious and corupt humours as do abound, and be superfluous in mans bodie, then is the body quieted for a long time after, if it be dieted as aforesaid.

There be diuers things chiefly to be considered of, by euerie Phisition ybefore such time as he do minister any *Purgation* to the sicke person: as the qualitie and quantitie of the humour, the strength of him or her that is sick, the age, the time of the yeare and lastly the disease.

1. The qualitie of the humor is greatly to be considered also, that thereby he may perfectly know what kinde of humour is to be euacuated and purged out, for it must be onely that which troubleth the bodie, with superfluous aboundance therof.

2. As if great aboundance of flegme do molest and trouble the bodie, then he must of necessitie minister a medicine which purgeth flegme, and so likewise for all other humors whatsoeuer, abounding in any part of the bodie.

3. Also he that doth vnder take the ministring of any medicine, ought to haue great respect to the strength of the sicke or diseased person: for

if

if he be very weake and feeble, there ought no Purgation at all to bee miniſtred vnto him, becauſe all manner of Purgations doe both weaken nature and diminiſh ſtrength, and the ſtronger the ſicke perſon is, the more he is weakened thereby.

4 Let all men therefore beware of vehement and ſtrong Purgations, leaſt they put their liues in hazard and daunger. Therefore by the age of the Patient, the Phiſition is put in minde, that children and olde men ought not to receiue any Purgation, except maruellous great neceſſitie doe require it.

5 The time of the yeare is not to be neglected, for there be ſome times of the yeare wherein Purgations ought not to be miniſtred, as in Sommer, and eſpecially during the time of the Dog-daies, as they are moſt commonly called, and alſo during all the time that the Sunne is in *Leo*, for then is nature burnt vp, and made ſo weake withall, that ſhe is not able to ſuffer the force and violence of a Purgation: but the Spring time is the moſt meeteſt and principalleſt time in all the yeare, for the taking of Purgations, becauſe it is then temperate. Laſt of all, the Phiſition ought diligently to behold and contemplate the diſeaſe, that he knowing certainely what kinde of diſeaſe it is, hee may the more better finde out of what humor it is cauſed: As for example.

If the Phiſition doe perceiue the diſeaſe to be a tertian Feuer, ſtraightway he knoweth that it is cauſed of great abundance of Choller, and therefore he muſt of neceſſitie miniſter a meete medicine to purge choller withall, and ſo likewiſe in all other diſeaſes.

Note likewiſe, that if there be none of the impedments aboue named, a Purgation is good to be miniſtred to all ſuch as haue abundance of euill iuice or corrupt humours in the body, for it draweth out all the bad humours that doe moleſt the body, and thereby doth reſtore it to his owne eſtate againe.

But if a Purgation be miniſtred eyther to one that needeth it not, or at an inconuenient time, or that it be ſuch a medicine, as draweth not out the humours which then aboundeth, for if the medicine bee vehement and very ſtrong, it will ſurely put the Patient in great daunger of his life.

Theſe things therefore ought to be well taken heede of by all men, leaſt they catch great hurt, when they hope for ſome great profit.

But if a Purgation be diſcreetly miniſtred to him that hath neede of

in determine, and by an apt and meete medicine, which is of that force and abilitie, to draw out the abounding humors in sufficient quantities: then doth the medicine purchase most singular great commodities to the body, for it euacuateth and emptieth out all the chiefest causes of the diseases and sicknesses, either present or else to come, being ingendred of any superfluous or corrupt humor, as are commonly *Feuers, Tertian, Quartain, quotidians*, or *Fluxes*, and are caused of raw humors or sharp cholor, *Dropsies, Goutes, Palsies, Litargies*, and diuers other, &c.

Note also, that before a Purgation be ministred, there ought a medicine to be taken, which should prepare the body, and make it apt to purge, and therefore it is called a preparatiue: it is giuen for two causes, either to diuide, extenuate, and make them grosse and clammie humors that they may be ready to flow out, when the medicine draweth them, or else it is giuen to open and vnstop the conduits and vessels of the body, by which the Purgation must draw the superfluous humour to it.

And this is that which *Hypocrates* doth counsaile in the first *Aphorisme* of his second booke, where he saith, *Corpora eum quibus purgare oportet, oportet prius facere*, that is, when any man will purge the body, he must make it flowing, by opening and vn-opening of the vessels.

The most meetest time of all to receiue a Purgation is in the morning, for then are all the digestions perfectly finished, and the stomack is without meat. There is also great heede to be taken in what signe the Moone is in, before such time as any Purgation be ministred, for some signes are very good for it, and other some are euill. Therfore I would wish all such as doe take vpon them the ministring of any Purgation, to haue great regard before they doe minister it, of the sicke person, the time, and the place grieued, and also to marke well all such thinges as are before rehersed, least that they doe more hurt thereby in one day to that sicke person, then they are able to doe him good in a whole yeere, and yet they may doe it of meere simplicitie, not knowing themselues what they haue done, neyther are they able to cure the same wound which they themselues haue made.

A *Purgation* must be taken hot, for so it offendeth the stomacke least, and it will worke the sooner and better.

Also, those that are apt to vomit, and are not able to endure the smell of the *Purgation*, let them stop their nosthirles, or else let them smell to some odoriferous thing, when they are about to take it, and as

soone as it is taken, it is good for the Patient, to smel to a toste of brown bread dipped in Vinegar, and to apply warme clothes to the stomack, and to wash the mouth presently after that it is taken, with some odoriferous Wine, or else to chew some sweet and pleasant thing to take away the bitter taste or smell of the Medicine, and so by this meanes vomiting shall be eschewed.

Note also, that for the space of one houre after that any Purgation is ministred to any sicke person: let the patient sit still and be quiet: and (in any case) let him abstaine from sleepe for foure or fiue houres after, whereby the strength of the Medicine may the better passe into all parts of his body: but if the Purgation doe worke but slowly, then let him walke vp and downe for a good space after, if he can: and when it worketh perfectly, then let there be great care of sleepe taken, (as aforesaid) for thereby the Operation of the Medicine would be soone stopped, and the Patient brought into great daunger.

Likewise, in the time of Purging, immoderate heate and colde are to be eschued: and therefore a great fire is necessary, in such wise that colde and open ayre are both hurtfull: for the body must be kept in a temperat heate.

Moreouer, after that the Purgation hath done working, the patient must be nourished with a meane quantitie of warme broth, that will breed good iuice, and be easily digested: and afterwards by little and little, returne to his accustomed diet againe.

Thus haue I (as briefely as I could) heere expressed and declared the commodities and discommodities that doe arise and grow aswell by the ministring of such meete medicines as are necessarie to be vsed, both for the recouerie and preseruation of mans bodyly health. as also for the commoditie and discommoditie that ensueth of *Blood-letting* and *Purging*, (being all well and rightly ministred and vsed) and contrariwise of the great danger and hurt that doth come thereof, if at any time they be mis-vsed: and therefore, I would with all men, (as they doe tender both their health and liues,) to beware of those ignorant and vn-skilfull persons, who (most commonly) vse to open but one kinde of *Veine* for all manner of diseases, and do also vse but one kinde of *Purgation* against all humours, not regarding, nor considering with themselues any thing at all, eyther of the strength or age of the Patient, the time of the yeere, nor the first originall cause of the com-

ning of the Disease, what Disease so euer it be, nor of any other the circumstances (in this small treatise) heretofore spoken of: but let them that are grieued with any manner of Disease, alwayes seeke for the counsell and helpe of such as are knowne to be both learned and skilfull in Phisicke and Chirurgerie, and are also circumspect (as it is most needefull they should be) in all their actions: And who for the most part, will duely and rightly consider, before they minister any medicine to the sicke person, what neede he hath, and what is most meete to be ministred vnto him for his disease. But now (God willing) I will heere cease to intreat any more of these thinges, doubting not, but that all such persons as will take vpon them, to minister any Medicine at all to any sicke or diseased person, or will take vpon them to let bloud will haue a speciall regard to all the circumstances afore spoken of, and not to attempt any such matter, vntill they haue perfectly attained sufficient knowledge for the accomplishing of all such matters as they shall take vpon them to performe, without doing any preiudice or hurt to the sicke Person. And now I will heere (according to my simple skill) speake somewhat of the most part of all such diseases as are incident to mans body, aswell inwardly as outwardly, and also of all such medicines (being duely and rightly ministred) as are most meet and conuenient to be vsed for the cure of the same disease whatsoeuer it be.

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DIVERS

AND SVNDRY APPROued Medicines hereafter expressed, for most sort of diseases remaining in mans body, and first of all for Aches.

CHAP. 1.

¶ An notable secret for all incurable Aches or paines, in the ioynts or other places whatsoeuer.

TAKE the whole Horne of a Bucke, that was cast of, (the later it be, the better it is) and put away the stalke, and take no part thereof, sauing the very Horne it selfe, then cut the same into small shiuers or pieces: and lay them in a gallon of faire water, and let it seeth vntil it be consumed to a pinte or a little more. Then take forth the peces of the Horne, and let the liquor stand vntill it be colde, and then it will be like a Jelly. Reserue that, and when you haue occasion to vse it, take some of it, and put it into a Sawcer, or some other conuenient thing, and warme it, and then annoynt the place grieued therewith before a fire, both morning and euening, and let it take in by the heate of the fire, and it will heale the griefe thoroughly, within 9. or 10. dayes, by Gods helpe. This hath bin truely and often proued.

CHAP. 2.

¶ An excellent good Medicine for any manner of Ach or straine.

TAKE Aquauitæ, Neates-foote Oyle, Ox gall, and Oyle of Camamill, of ech of them a pinte, and a handfull of Camamill it selfe,

and

and boyle them altogither; & ſtir the ſame well vntill it be well boyled, and conſumed to a pinte: Then ſtraine it, and when you will vſe it, annoint the place grieued therewith, and this will aſſwage the paine immediatly. Probatum eſt.

CHAP. 3.

¶ A maruellous good and approued Medicine for an Ach.

TAKE a quart of the pureſt Malmſey that may be gotten, and ſtre great Onyons ſliced and pilled, then take a good quantitie of groſe beaten Pepper, and let them all ſeth together vntill the Onyons are become ſo tender, that they may be ſtrained, and then ſtraine them through a fine cloath, then take a cloath and wet it in the ſame liquor ſtrained, and lay it to the place grieued, and in two or three times dreſſing, it will helpe. This hath bin proued by *E. C.* CHAP. 4.

¶ An other approued Medicine for an Ach or ſwelling.

TAke vnſet Time, Lauender-cotten, Knottie Strawberries, of ech of them one handfull, and cut and beate them in a mortar, and when you haue ſo done, then take 10 or 12. young Swallowes out of a neſt being ripe, and beate them in the mortar, (feathers guts and all with the hearbes) vntill you cannot perceiue the feathers; and then take halfe a pound of freſh Butter vnſalted, and mingle them togither, and let them ſtand for the ſpace of foure and twenty houres, then ſeth and ſtraine them into a Gally pot, or elſe into ſome earthen veſſell. And ſo die it twice a day, in annoynting of the place where the griefe is, and in fiue or ſixe dayes it will be whole. This hath bin often proued.

CHAP. 5.

¶ An other for the ſame.

TAke Sage and Rue, otherwiſe called Hearb-grace, of eych of them one pound, and halfe a pound of Wormewood, and halfe a pound of Bay-leaues: beate them altogether in a mortar: then take three pound of Sheepes ſuet, and cut it very ſmall, and put it to the hearbes, then put it into the mortar, and beate it with the hearbes, vntill the ſuet cannot be perceiued: then take it out, and put thereto a pottle of Sallet Oyle, and ſo worke them altogether with your hands, vntill ſuch time as they be very well ſteped in the Oyle, then keepe it cloſe in an earthen pot, for the ſpace of eight or tenne daies together, then ſeth it in a braſſe pot, with a ſoft fire, vntill the ſtrength

of

of the hearbes be gone (to dry it, take a ſpoonefull of it and put it into a littnen cloth and ſo ſtraine it, and if there be any iuice left in it, then it is not boyled to full perfection, but if ye finde none therein, then it is well boyled: and thus you may proue all your ointments made with hearbes) then ſtraine it, & anoint well the place grieued often therewith. This hath bin ſufficiently proued.

CHAP. 6.

¶ A preſent remedy for an olde ach.

TAke very ſtrong Aquauitæ, and two ſpoonefuls of the water of Arſtmart, and annoint the place where the Ach is, euery day two or three times, and it will ſpeadily heale it.

CHAP. 7.

¶ An other for the ſame.

TAke Aquacompoſita and the oyle of Netes feete like warme, and anoint the Patient vpon the place of the griefe, laying warme clothes thereon and it helpeth. For this hath beene truely proued.

CHAP. 8.

¶ A medicine for an Ach or ſhrinking of any ſinewes.

TAke the tenderings of Roſemary and Marſh-mallowes, of each of them as euen portions as you can geſſe, and gather your hearbes when they be dry, from any raine and beate them in a morter very ſmall, then take May-Butter well clarified, and put it to the hearbs, and mingle it in a veſſell, and then let it ſtand for the ſpace of foure dayes: then ſet it ouer the fire and let it ſeeth till all the ſtrength of the hearbs be gone, then take a little of it in a ſpoone, and let it drop vpon your naile, and if it be greene as the Emerauld it is perfect, and then put it into an earthen pot and when you will vſe it, you muſt warme it.

CHAP. 9.

¶ A perfect remedy for an Ach, or Sciatica.

TAke Oyle of Netes feete and Aqua compoſita, and mingle them both together, and let the patient annoint the place where the paine is: then take Wooll which is newly plucked from the Sheepes backe, and lay it thereupon, and let him wrap it well with warme clothes, and this will help him.

CHAP. 10.

¶ A present remedy for all manner of aches, and bruses in the bones.

TAke a good quantitie of Wall-woort and a certaine quantitie of Balme, and Smalledge, and stampe them all together, then take a pound of May-butter, and temper them very well together, then make them into round balles and let them lye for the space of eight dayes after, and then stampe them againe as you did before, then take it and fry it and straine it and put it into an Earthen pot, and so vse it, and this will helpe the bruse if it be neuer so blacke. Probatum est.

CHAP. 11.

¶ An approued Medicine for an ach or swelling.

TAke the flowers of Camamill, and Rose-leaues of each of them a like quantitie, and seeth them in White Wine, and make a plaister thereof, and let it be laide as hote as it may be suffered to the place grieued, and this will both ease the paine, and asswage the swelling. D. Barlet.

CHAP. 12.

¶ Another for the same.

TAke a good quantitie of Oyle de Bay, and Auquavitæ, and mingle them both together, and let the patient anoint the place which is grieued and it helpeth him.

CHAP. 13.

¶ A soueraigne Medicine for an ach in the shoulder or elsewhere.

TAke Reisons of the Sunne and Figges, of each of them a like quantitie and halfe as much Mustard-seede, and beate them very small, then take it and grinde it in a Mustard querne, with the best Wine vinegar that may be had, then take it and spread it vpon a lambes skinne and lay it to the place grieued, and this will by Gods grace helpe you. Probatum est.

CHAP. 14.

¶ A precious ointment or Oyle for al manner of aches or swellings in the armes, Knees, Legges or Feete being taken with colde.

TAke a gallon of Sallet Oyle and of Sage, Lauender, Southernwood, Wormewood, and Camamill, each of them a like quantitie, then cut the hearbs very small, and put them into the Oyle, and stirre it well together, and let them stand in a baion of Latten,

ten, or else some other like thing, for the space of a full moneth (but you must be sure to put as many hearbs into the Oyle, as will make it very thicke) and so let it stand untill the hearbes be rotten, then make a fire of coales, and set the bason thereon, and so let it boyle for the space of three houres or somewhat more, then take it from the fire, and let it coole somewhat, and when you see that it is but milke-warme, or somewhat better, then take a bag made of strong Cannes, and with a staffe, straine out all the substance as cleane as you may, and then put it into a glasse or Gallypot or else into some earthen vessell, and stop it very close, and it will continue in his vertue very long. This is good for any wound or olde bruise, and also for the shrinking of any Synewes, and all manner of sores, for it hath bin truely proued.

Chap. 15.

¶ An excellent good and approued Ointment, for all manner of Aches, Agues, Bruses, Gowtes, Cankers, Lameneſſe, Stitches, or hardnes of the spleene, and for all manner of paine in the head and eares.

Take Sage and Rue, of each of them one pound, Wormewood and Bay leaues, of each of them halfe a pound, of Sheepes suet cleane picked from the skin, the quantitie of three pound, and a pottle of Oyle Oliffe, and chop the hearbes very small, and then shred the suet very fine, and put them altogether, and then stampe the hearbs and the suet, untill such time as the suet cannot be perceiued, then take it forth, and put it into a faire pan, and put the Oyle therein, and couer it close, and so let it stand for the space of twelue dayes: then take it forth and breake it with your hands into a brasse pan, and set it upon a soft fire, and you must be alwaies stirring of it, untill such time as the hearbs be crackling, then take it off and straine it through a Cannes cloth, into an earthen pot, and so keepe it. And for those vehement Aches, when you shall lay any of this same ointment upon the place grieued, you must take Wool that groweth betweene the sharpe legges, or else of the longest of the wool, and let it be carded in broad flakes, and balled upon a linnen cloath, and so keepe that alwaies to it.

Chap. 16.

¶ An approued Medicine for an ach in any of the Huckle Bones, Thighes, Armes, Shoulders, &c. which commeth by taking of colde, or &c.

TAke a kettle of faire running Water, and boyle three or foure wodden Dishes therein, (which Pottage are vsually eaten in) and let them boyle for a good space ouer the fire, then take one of the Dishes, and with a linnen cloth wipe of the water which is both within, and vpon the side of it, then take the same dish and whelme it vpon the Ioynt, Sinew, or place grieued, as hot as it may possibly be suffered, and so keepe it thereon vntill it be colde, then take an other of the same dishes, and doe as aforesaid, and so the third or fourth, and let the party grieued vse this for a certaine space both morning and euening. And this without all doubt will helpe him, for this hath holpen many that their Sinewes were shronke vp, but the partie grieued must apply hote Woollen clothes or else some Lambe-skin, or the skin of a Hare, or Conny, to keepe in the heate when he taketh away the dishes from it.

Chap. 17.

¶ A good medicine for an ach.

TAke Parsly and Wormewood, of each of them one handfull, and seeth them in a quart of Ale, with fwart Butter, and wash the place well there with that akes, and also binde the hearbes to the place as hote as it may be suffered.

Chap. 18.

¶ An other medicine for an ach.

TAke Sowthistle, Chick-weede, Elder-leaues, Groundsell, and Cleauers, of each of them a handfull, dry all these together, betweene two Tyles, then lay these hearbs to the place where the griefe is, but let the hearbes be washed before they be dryed, and this helpeth.

Chap. 19

¶ For aches and swellings in the knees.

TAke a quart of Malmesey and a handfull of Time, boyle them together a good space, and when it is halfe boyled, put into it a good peece of new fresh Butter, and let them boyle togither from a quart to a pinte, and when you goe to bed, bathe your knees therewith, and wet a cloth three or foure times double therein,

and

and lay it to your knées as hot as possibly you can suffer it, and so let it continue all night, and in this sort let him vse this fire 7 seauen times, and doubtlesse it will helpe you. This hath beene well proued.

CHAP, 20.

¶ A very good Medicine for all manner of aching sores.

TAke the iuice of Smalledge, of Sorrell, of Waybred leaues, of ech of them like much: take Hunny, the white of a new laid Egge, of either of them a like quantitie also, and mingle all these together till they thicken, let it come nere no fire, but all raw and colde, lay it on the sore.

CHAP. 21.

¶ A plaister for an Aeli.

TAke Stone Pitch, to the quantitie of a tennis ball, a spoonefull of Tarre, a penny worth of Treacle, the quantitie of a tennis ball of Rosin, and a spoonefull of Hunny, boyle it ouer the fire in a kettle, and stir it well together: when it is well melted, then take a sharpe skinne that is new killed, and make holes in it with a bodkin, and spread the same salue or ointment before mentioned vpon the fleshie side of the skinne, and lay it to the place grieued as hot as you may suffer it, and the partie grieued shall finde great ease thereby, for it hath beene tryed proued.

CHAP. 22.

¶ An excellent good oyle for all manner of Aches, bruses and straynings of the sinewes.

TAke a pottle of Neates-foote Oyle, and a quart of an Ox gall, a pinte of Aqua vitæ, a pinte of Rose-water, Bay leaues, Rosemary stripped from the stalke, Strawberie-leaues, Roses and stringes, Lauender-cotten, of euery of these a handfull, beate them small, and put them into the aforesaid liquor, and set it ouer a fire of coales, in a pan of two gallons, and at your owne pe rill, so that the flame touch not the liquor, let it seeth very well, and then take it off, and let it stand till it be almost colde, then straine it through a course linnen cloth, (but not the bottome of the said liquor) then put it into a glasse, and so keepe it, and when you are pained, annoint the place often where your griefe commonly lieth.

CHAP. 23.

¶ A soueraigne oyntment for any manner of ach or swelling.

TAke two pound of Boares-grease, one pound of fresh Butter, and a good quantitie of Smalledge, and Mallowes, and a good quantitie of Oyle of Neates feete, then take them and stamp them very well altogether, then fry them, and straine them in a Earthen vessell that is cleane, and when the Patient will vse it, let him annoint himselfe therewith before a good fire, and let him take heede that he doe not take colde vpon it.

CHAP. 24.

An oyntment for all manner of aches.

TAke a good quantitie of Smalledge, and put thereto some Aquavitæ, then straine it, and put thereto a good quantitie of Boares Grease, and temper them very well together, and let the patient be annointed therewith both morning and euening before the fire, for the space of 5 or 6. daies together, if the paine doe continue so long. This hath beene well proued.

Agues.

CHAP. 25.

¶ For an Ague.

TAke of red Sage, Smallage, Ground Iuie, Bay Salt, Plantine-leaues, and Greene Gasle, of each of them a good handfull, and put thereto a little Rose Vineger, for to make it moist, and with a linnen cloath binde it somewhat hard to both the wristes of the Patient, and so let it remain for the space of two dayes and two nights together: and then apply an other in the same sort, and so let it be done for the space of ten dayes together, and (by Gods grace) it will speedily helpe him. For this hath beene truely proued.

CHAP. 26.

CHAP. 26.

¶ Another for the same.

TAke the Grease or Fat that is vnder the manes of horses, and melt the same in a new earthen pot, and straine it into a gallypot or some such thing, and when the patient feeleth the Ague comming, let the Chine of his backe be annointed therewith, & within nine dayes he shall be hole, keeping in the meane space a reasonable diet.

CHAP. 27.

Another for the same.

TAke the Yolk of an Egge, and put thereto a quantity of grosse beaten Pepper, and two spoonefuls of Aqua-vitæ, and drinke it colde, and after you haue taken this drinke, walke for the space of an houre, and forbeare other drinke as much as possible you may.

CHAP. 28.

¶ A very good Medicine for an Ague.

TAke a handfull of Harts-horne, that groweth in the field, and a handfull of Bay Salt, and beate them both together in a morter, and lay this to your wristes, and this will helpe you.

CHAP. 29.

¶ Another for the same.

TAke a good quantitie of the Leaues of Stocke Gilliflowers, and Salt Peter, and bruse them well together, and apply them to the poulses of the Patient, and it will doe him exceeding much good.

CHAP. 30.

Another for the same.

TAke Bay Salt, Smalledge, White Frankencense and Plantine Leaues, of each of them a handfull, beate them in a Morter vntill they be very small, then take them and deuide them into fower parts, and then lay two parts thereof vnto your breasts, and the other two parts to the bought of your Armes: and an houre before your fit doth come, then take a pinte of your stale Ale, and seeth it from a quart to a pinte, and continually as any froth doth arise, skim it off, then put into it a crust of White Bread, and let it seeth to the Ale, and when you perceiue your fit comming, drinke it warme, and eate the crust: you must vse this drinke during all the time of your sickenes for it is very holesome and good.

CHAP. 31.

CHAP. 31.

¶ Another for the same.

TAke three pintes of Ale, Bay leaues, and Red Sage, of each of them one ounce, fine Suger three ounces, and a spoonefull of Pepper: seeth all these together in the Ale from the quantitie aforesaid till it come to a pinte, then take it and straine it through a fine cloath, and let the Patient drinke a good draught of it as hote as he may abide to drinke it, a little before his fit commeth.

CHAP. 32.

¶ Another for the same.

TAke a pinte of Malmsey, and a handfull of May-weede, bruise the May-weede, and put the iuice thereof into the Malmsey and let the Patient drinke thereof as often as he shall thinke good, and this will help him. This is also good against the Plague, and good to comfort nature, being drunke as aforesaid.

CHAP. 33.

¶ Another for the same.

TAke a good quantitie of the blades of Daffadillies, and bruise them and seeth them in a pinte of Ale or Wine, and put into it a spoonfull of Graines bruised, and let the Patient drinke thereof, halfe an houre before his fit doth come, and this will helpe him.

CHAP. 34

¶ A very good drinke for an ague.

TAke Bay leaues, and Sage leaues, of each of them a like quantitie, then take Bay-berries and bruise them very grosly, and mingle these all together, and put them into a quart of White Wine, and seeth them for a good space, then straine it through a fine cloath, and a little before the fit commeth, let the Patient drinke thereof.

CHAP. 35.

¶ An approued Medicine for an ague.

TAke three quarts of faire Running Water, and put it into an Earthen pot and put thereto a good handfull of Violet leaues and flowers, boyle them for the space of a quarter of an houre together, then take it off the fire, and put thereto a sawcer full of Wheaten Branne, and couer the pot a good while: then straine it through a fine linnen cloth, and when it is cold put thereto a good quantitie of fine Suger, then let the partie grieued drinke thereof, both morning and euening fasting: also let him before he eate any

any meate in the morning: eate fiue or seuen Damasins, (if they may be gotten) and at night let him eate roasted apples with Suger, and at dinner let him drinke White Wine, with the water aboue said mixed. This hath bin much proued.

CHAP. 36.

¶ Another for the same.

TAke a quart of new Milke, as new as you can get it from the Cow, and seth it, and when it doth seth, put into it a good lumpe of Roch allom, and stir it vntill it haue a good curde on it, and when it is very well curded, scumme of the Curde cleane, and when you haue so done, then take the same drinke and drink it, as often as you thinke conuenient, and as hote as it may possibly be suffered, and put away the curde, for it is not good.

CHAP. 37.

¶ An excellent medicine for an ague.

TAke Burre-rootes, and Red Nettle-crops, and seth them in stale Ale, and clarifie it, and giue the sicke thereof to drinke, about such time as the colde fit beginneth to come, and after the heate be past, when you see that he beginneth to sweat, giue him Posset-ale to drinke made with Marigolds and Fennel, but see that the Posset-ale be well clarified: vse this medicine, for it will take away the Ague within three or foure fits at the vttermost.

CHAP. 38.

¶ Medicine to take away the extreame heate or burning of an Ague.

TAke Nettles, Cobwebs, and Salt, and beate them together in a wodden dish, and lay it to the left arme of the sicke, and it will take away the heate of the Ague.

CHAP. 39.

¶ Another for the same.

TAke a Toste of Bread, and spread it ouer with Triacle, and let the Patient eate it before the fit commeth, at the least three seuerall times, for the space of three dayes, Probatum est. Per Gulielmum Leuhell, Oxon Armig.

CHAP. 40.

¶ Another present remedy for an Ague.

TAke two ounces of Bay Salt, two ounces of Frankensence, a handfull of Swalledge, beate them altogether, and lay them to

the wrists of both your hands, and to the holes of your armes, but this be done two houres before the fit doth come: This hath bin proued.

CHAP. 41.

¶ An other for the same.

TAke two or three Cloues of Garlicke, and bruise them, and a pennyworth of Aquavitæ, halfe a pinte of Ale, and seeth them altogither, and drinke it as hote as you may suffer to drinke it a little before the fit commeth.

CHAP. 42.

¶ An other for the same.

TAke Soote Pilles of Egges, Bay-Salt and Pepper, and mingle them togither, and lay it to the wrists of the Patient, doe this twice a day for the space of three or foure daies, and it will take away the Ague. For this hath bin often proued.

CHAP. 43.

¶ An approued Medicine for a burning Ague.

TAke an handfull of Strawberrie-leaues, and a handfull of Violet leaues, fiue handfull of Bourage-leaues, a handfull of Sorrell-leaues, and so stampe them and drinke them in Posset Ale, as hot as you may suffer it, when your fit is vpon you. This hath bin truely proued to helpe many.

CHAP. 44.

¶ An other for the same.

TAke the quantitie of a quart of Running Water, and halfe a dozen of Orenges, and then pill away both the vpper rinde, and the white skin and pick out the kernels of them, then take them and stirre them well, and seeth them in the said water, vntill the water be consumed halfe away, then take the quantitie of foure ounces of Sugar, and boyle it a little space therein, and when you perceiue that it is sodden inough, straine it and when it is colde, drinke it, and so vse it for the space of three dayes, and if need require vse it oftner, but if your burning be vehement, when your stomacke will serue, stamp some Sorrell, and eate the iuice thereof with your meate, this doe and it will helpe you.

CHAP. 45.

¶ An other for the same.

TAke Smallege, Shepheards-purse, and Liuerwort, of euery of them alike quantitie, Bay-Salt, and Frankencense as much as

you

you shall shinke a handefull, beate all these together, and lay it vpon a linnen cloth and binde it to the inside of the wriste of your left arme, vse this for the space of 9. dayes, together, and it will helpe this disease, for it hath beene often proued.

CHAP. 46.

¶ An excellent remedy for a Quotidian Ague.

TAke a quart of stale Ale, a handfull or some what more of red Sage, a peny worth of fine beaten Pepper, take and boile these altogether, from a quart to a pint, and when it is sod, clarifie and straine it, and halfe an houre before the fit cõmeth drinke a good draught thereof, and walke thereon, and it will presently helpe him. This hath beene often proued.

CHAP. 47.

¶ An other for the same.

TAke Fetherfewe, and Smalledge, of either of them to the quantitie of a good handfull, stampe them both together in a Morter vntill such time as they are beaten very small, and straine them: then take halfe as much as the iuice of the same is of small Ale, and mingle them together: and then let the Patient drinke the same warme a little before such time as his fit doeth come (that is to say) when hee perceiueth any grudging vpon him. This must be vsed three or foure seuerall times at the least, and let the Patient goe to bed, and haue as many clothes laid vpon him, as he is able to beare or suffer, and so let him be continually kept, vntill his fitte be ouer-past, and thus in three or fower times doing, he shall be holpen by Gods helpe: This hath bin sundry times well proued.

CHAP. 48.

¶ A very good drinke to be vsed for any manner of ague.

TAke a quart of Ale that is not ouer strong, and boile therein a good quantitie of Centorie, and let the Patient drink it luke warme.

CHAP. 49.

¶ An approued Medicine for a Tertian ague.

TAke of Dragon water and Aqua composita, to the quantitie of a quarter of a pinte, of either of them, and put thereto a peny worth of Leane Treacle, and halfe a quarter of an ounce of grose beaten Pepper, warme all these together, and be still stirring it with a knife or else with some o-

ther Instrument and give it to the Patient to drinke, as hote as he may possible suffer to take it, a little before the fit commeth, and let him lye in his bed and sweat very well. This hath holpen many.

CHAP. 50.

¶ Another for the same.

TAke nine leaues of white Sacke Gilly flowers, and fiue or sixe crops of Rosemarie and stampe them altogether, and take the iuice thereof, and drinke it in Ale luke warme, a little before such time as the fit doth come.

CHAP. 51.

¶ An excellent remedy for a Quartaine Ague.

TAke an Oxe gall, and as much Aqua composita, and put thereto a quarter of an ounce of Pepper, bruset but a very little: and put two peny-worth of Triacle, and annoint the hands stomacke and wrists, with the aforesaid things being all mingled together, halfe an houre before the fit commeth but let it be luke warme, as hote as the Patient may suffer it, and let him sweate well vpon it, and this will speedily helpe him, Probatum est.

CHAP. 52.

¶ Another for the same.

TAke Snayles which be in shells, to the quantitie of two handfulls, Bay-salt and Mallowes, eche one of them a handful, beat all these together, and lay it to the soles or bottomes of your feete, before the fit commeth.

CHAP. 53.

¶ Another present remedy, for a Quartaine Ague, and for the drought that commeth thereof.

TAke Red Wine, and new Milke, of a Cowe that is all of one coulour, of eche of them a pottle, then take three or foure handfuls of Mouse-eare, well picked and washed, strip it into the Wine and Milke, and temper them altogether, and let them stand so, for the space of one night, and then put them into a faire Still, and so distill them with a soft fire, then take the Water and put it into a Glasse, and let it where it may stand in the Sunne, for the space of fiue daies, and let the Patient when he is dry in his Ague, drinke thereof three or foure times, and he shall be rid of his Ague, and this drinke will quench his thirst if he be never so dry.

CHAP. 54.

Chap. 54.

¶ A very good medicine for an Ague.

Take a spoonefull of grene Glasse beaten to powder, and three spoonefuls of Stone-honny, a handfull of red Sage, mingle these with a head of Garlicke, and put thereto, as many Cobwebbes as will temper the same: and let it be in bignes: to the quantitie of an Egge shell and all, and then take the aforesaid things and binde them about both the wrists of the Patient and this will helpe him, Probatum est.

Chap. 55.

¶ A remedy to take away the drought in an Ague.

Take Sorrell and Burrage of each of them alike quantitie, and a certaine quantitie of Strawberrie-leaues and Violet-leaues, boyle them altogether in a pottle of very faire running Water, vntill it be consumed from a pottle to a quart, then take the herbs and straine them, and then take halfe a pound of good Almonds, and blaunch them, and beate and straine them with the said water, and put Suger therein, and drinke it warme, doe this for the space of fiue or sixe dayes, and it will helpe him.

Chap. 56.

¶ An excellent rule to be obserued in the making of drinke and Pottage, for them that are infected with an Ague.

Take Bugloss, Burrage, Endiue, Fennell-rootes, Red Sage, Lettice, Pruines, Parsly-rootes, great Reisons, Sinke-foyle, Sorrell and Succorie, of each of them a like quantitie, and put all these into his pottage, and likewise in Posset-ale, and Almon Milke, and this is very good.

Chap. 57.

¶ A very good remedy against corrupt ayres, wherein the Agues are first ingendred and gotten.

Take Betony, Centory and Egromony, of each of them one handfull: then take them and stamp them and straine them with Ale, and with a Liquorice sticke bruised, and then boyle it, and clarifie it very well, and make it pleasant with Suger, and drinke thereof, euery morning luke warme 3 spoonefuls, for the space of three or foure daies, and it will preserue one from all corrupt ayres and infection.

CHAP. 58.

¶ An excellent good remedy for a burning Feuer.

TAke a good handfull of Bay-leaues, a handfull and more of red Sage, and seeth them both together, in a pottle of stale Ale, and let it boyle vntill such time as the one halfe be consumed away, then straine it, and let the Patient being in bed, drinke a good draught thereof, (the same being warme) and a little Suger put therein to make it sweet, and let the Patient take it an houre before such time as his fit doth come. Probatum est.

CHAP. 59.

¶ An other Medicine against an hot burning Feuer.

TAke a pottle of stale Ale, and the bottome or lower crust of a white Loafe, and an handfull of Sinke-foyle, a handfull of Camamill, of Treakle and Vineger, ech of them a spoonefull, a few whole Maces, Suger-candie, as much as you shall thinke good, and seeth these altogether, vntill such time as the one halfe be consumed: then straine it from the hearbes, and giue it the partie grieued to drinke, and let him drinke none other drinke during his heate, and giue vnto him as much thereof, as he will, and it helpeth him. This hath bin proued.

CHAP. 60.

¶ A medicine for the colde in a Feuer.

TAke Camamile and Wormewood, of ech of them a like quantitie, seeth them in a quart of Ale, and let it seeth vntill it be halfe consumed: then straine it, and giue it to the Patient to drinke first and last, and this helpeth: for it hath bin proued.

CHAP. 61.

¶ An excellent good Medicine for an Ague.

TAke the iuice of Tansie and mingle it with the oyle of Roses, and a little before the fit commeth let the patient be anointed therewith, and it will quite expell the ague. Probatum est.

CHAP. 62.

¶ An other for the same.

TAke Liuerwoort and stampe it, and let the patient take of the iuice thereof, and drinke it in some Posset ale, and it will both rid him of the ague, and also cole the inflammation of the Liuer, and it is also good against all hot Feuers.

Also the Syrop of Violets is good against all inflamations of the

the longs and breast, and against the pluriſie and drought, and alſo against all agues and feuers, and eſpecially in young children.

CHAP. 63.

An other for the ſame.

TAke a good quantitie of small Daiſies, and boile them in a little faire running Water, and ſtraine them and let the patient drinke the iuice thereof and it will both cole the heate of the liuer, and cure him of the Ague.

CHAP. 64.

An other for the ſame.

TAke the iuice of Barberies, and drinke it with Poſſet ale, and it helpeth.

CHAP. 65.

¶ An other for the ſame.

TAke Hurtle-beries. (otherwiſe called Black-berries) and eate them with Suger, and this will take away the inward heate or drought in an ague, alſo the rine of Lemmons, is good to cole the heate in an ague.

Likewiſe the iuice of a Poungarnat is good to cole the heate in an ague.

CHAP. 66.

An other good Medicine to cure a burning Feuer.

TAke the greene leaues of Barbaries, and make a ſawce thereof (as if it were with Sorrell) and let the patient eate it with his meate, and this will helpe him, Probatum eſt.

CHAP. 67.

¶ An other for the ſame.

TAke a few of the Rootes of Pelitory of Spaine, and grate them and put the powder thereof into a little white Wine, and let the Patient drinke it and it will helpe him.

CHAP. 68.

A very good water for an ague.

TAke Sowthiſtle and diſtill it, and halfe an houre before that a fit commeth, let the Patient drinke the quantitie of halfe a pinte thereof, and this will preſently expell the ague, and take away the drought, and let him vſe this 3. or 4. times, and it will helpe him, for it hath holpen many, after that other medicines haue binne experienced, and failed in the helping of them. Probatum eſt, per *W. B.*

CHAP. 69.

CHAP. 69.

¶ Another present remedy for an Ague.

TAke a pretty quantitie of good Wine Vinegar, and put three new laid Eggs therein, and let them remaine there for the space of 24. houres: and then beate them very small together, and then straine the same through a cleane linnen cloth, and giue the Patient a good draught thereof, a little before his fit commeth, and loke that he be kept very warme in his bed after it, and this will helpe him. Probatum est.

The Backe.

CHAP. 70.

¶ An approued medicine to coole the extreame heate in the Backe: and also to cure the disease called *Gemoria Passio*.

TAke Water-cresses and Colombins, of each of them a good quantitie, and seeth them in Cowe-milke, and if it be for a man, then let it be the Female-cresset, and if it be for a woman, then take the Male-cresset, and when the hearbes are well boyled in Milke, then take it from the fire, and let the Patient eate thereof, with a little white Bread therin, and let him drinke it also both Morning and Euening, for a certaine space, and by gods grace it will helpe him. Probatum est.

CHAP. 71.

¶ A soueraigne Medicine for the weakenes of the Backe.

TAke Daisie-rootes, plantine, Bursa pastoris, Centummodie, croppes of Acornes, of each of them a handfull, and as much Bole armoniake, and the powder of Harts-horne, then take a Buckle Cony that is fat, and boyle these in white Wine and water, and let the water and Wine be of equall portions, and then let them boyle vntill the flesh of the Cony be separated from the bones: then take the Cony and the other stuffe out of the broath, and straine the broath into a cleane vessell, and let it stand vntill

till it be turned to a Jelly, and when you are in your bed, anoint your backe to be anointed therewith, by a chafingdish of coales, for the space of three nightes together, and lay a linnen cloath warme thereon, (but in any wise take heede that you roste not your backe overmuch) and this will helpe you. Probatum est.

CHAP. 72.

¶ An other for the same.

TAke foure or five Cape Dates, and pare them very cleane and let them be stamped small in a morter, and put to them the yolke of a new laide Egge, and the quantitie of a quarter of a pinte of Muskadine, and let the patient drinke thereof, both morning and evening, and it will helpe him.

CHAP. 73.

¶ A present remedy for a heate and paine in the Backe.

TAke Rose leaues, and Rose-water, of each of them a like quantitie, and put thereto as much Saunders as you shall thinke good, and let them be steeped in your Rose-water, for the space of 24. houres, then wash your Backe as often as you can conueniently euery day, for the space of five or seauen dayes, and this will both asswage the paine, and take away the heate, and much comfort the Raines.

CHAP. 74.

¶ An other Medicine for the paine in the Backe.

TAke Sage, Rosemary, Camamill, and Maudlyn, of eche of these a handfull: then stamp them altogether in a morter, or other stone vessell, and let it be fryed with May-butter, and annoint your Backe with it warme, but in any case beware of taking colde thereon.

CHAP. 75.

¶ A Medicine to clense the Backe and purge the Reynes.

TAke two Parsly-rootes, and picke out the pithes of them, and a Fennell-roote, and put to it pellitorie of the wall, and wash them cleane, and boyle them in posset-ale, and drinke thereof when you go to bed, and as often as you shall thinke good, and euery night doe the like.

CHAP. 76.

¶ A good Medicine for the Reines of the Backe.

TAke halfe an ounce of Venice Turpentine, and let it be verye well washed in Plantine-water, or in Rose-water, and then mingle with fine white Suger, and make thereof foure or five

palles, of the which you must eate three in a morning fasting, and doyle drinke a little White Wine, or Rennish Wine, immediatly after.

CHAP. 77.

¶ An excellent good Medicine for the weakenes in the Backe, and also to restore nature.

TAke a quart of Sacke, a top of Rosemary, Succory, penyroyall, of each a like quantitie, Ginger, and Nutmegs, as much as will burne the Wine, then take two new laid Eggs, Yolkes and all, and temper them with 3 or 4 spoonfulls of Red-rose Water, and put thereto a good peece of fine Sugar; then take the burnt Sacke, and burne it againe with the Eggs, and put into it a little Mace, and it will be in manner of a Caudle, then put to it some Sallet Oyle, and mixe it with the burnt Sacke, and let the Patient drinke this thrice a day, (that is to say) in the morning fasting, after dinner, and when he goeth to bed, and this will helpe him in a short space. Foure bathings well proved.

CHAP. also

¶ A very good Medicine to strengthen the Backe.

TAke a quart of Ale, and three or foure whole Maces, and as many Dates, (the stones picked out, and the pyth also) then take a good handfull of the tops of Rosemarie, and let all thrie be boyled together, untill the one come from a quart to a pinte, then take the Oyle of two or three new laid Eggs, and take of the rinde that is about the Yolkes, and then put the Yolkes into the Ale, and boyle them well together, and stir them, and so let the Patient drinke thereof, both morning and evening for the space of fine or sixe dayes together, and this will strengthen his backe very much. Probatum est.

CHAP. 79.

¶ A good medicine for the heate of the backe.

TAke Vnguentum frigedum Galeni, and spread it upon a fine linnen cloath, (but you must first dip it in Rosewater) and warme it against the fire, and lay it upon the kidneys, and when it wareth hot, take it of, and lay it to an other place, and thus shift it often.

CHAP. 80.

¶ An other for the same.

TAke the water of plantine distilled, or else the juice thereof, and put to the same leaves, and the leaves of Red Roses distilled,

ted, and vse of the water of Red Roses, and the water of Red Rose Vineger: then put all thisse togethers into an Earthen pot, and put a fine linnen cloth into the water to keepe, and when it is well keped, take it forth againe, and then with a fewe leaues of a red Rose Cake, lay it to the backe of the patient, and when it wareth hot, vse an other cloth dipped therein, (as aforesaid) and it will helpe him. This hath bin often vsed by *M. D. H.*

CHAP. 81.

¶ A very good Medicine for one that hath a weake Backe.

Take 5. or 6. crops of Red Neepe, and two spoonefulls of Archangell flowers, and shred them very fine: then take fiue or six new laide Eggs, and temper them altogither: then take a little sweet Butter, that is but little salted, and make 3. or 4. fritters, and let them be fryed in some litle Earthen pan, and let the Patient eate them without either bread or salt, but onely with a little fine Sugar strawed vpon them. Probatum est.

CHAP. 82.

¶ A very good plaister to ease a paine or trickle in the backe.

Take white Archangell flowers and leaues a good quantitie, and of Cumfrey leaues and roots, 1 ounce of plantine, and Bursa pastoris 1 ounce, beate them altogither very fine, and put vnto them, a spoonefull of Hony, and then fry them in a frying pan, and deuide it into foure partes, and make of euery part thereof a plaister, and so lay one of them to the backe of the Patient, euery night when he goeth to bed, and by Gods grace it will speedily helpe him.

CHAP. 83.

¶ A maruellous good oyntment for the Backe.

Take 4. vnces of Vnguentum nigedum Galeni, and 1 vnce of the iuice of Housleeke, 2 drams of Mirtle, and as much of burnde Leade, and 1. dram of Camphire, halfe a dram of Red-Rose leaues, and as much Red cumfrey, then according to arte, make all these into an Oyntment in a morter of Lead or Stone, and let the Patient haue his backe anointed therewith, and he shall finde much comfort thereby.

CHAP. 84.

¶ An excellent good restoratiue to the backe.

Take a quart of stale Ale, halfe a handfull of Germander, a handfull of Clarie, a handfull of dried Hysop, a handfull of

unset Time, a handfull of Rosemarie, a good quantitie of English Saffron, a dish of fresh Butter, and a good piece of Suger: then boyle all these together, untill the one halfe be consumed, then straine it, and let the Patient take it both Morning and Euening, and it will helpe him. probatum est.

CHAP. 85.

¶ Another for the same.

TAke new Milke and set it on the fire, and when it is ready to seeth take the quantitie of a Nut of Roch Allom, and stamp it small, and put it into the Milke, and stir it with the spoone and cover it close, and when the curde doth rise: take it off, and let the patient drinke thereof first and last, for 5. or 6. dayes together, and it will doe him very much good.

CHAP. 86.

¶ An other for the same.

TAke a quart of Goates-milke, if it may be gotten, if not, then take a quart of Cow-milke that is new, and a handfull of Otemeale, and a good deale of the Pith of an Oxe back, and stamp them together, and seeth them well: and when it is sodden, straine it through a fine linnen cloth: and let the patient drinke it first and last, and it will helpe him. probatum est: This is also good against a Consumption.

CHAP. 87.

¶ A good Medicine for the Raines of the Backe.

TAke Aquavitæ and put therein a little Hemp-seede finely beaten, and let it soke in the Aquavitæ 7. or 8 dayes together, then straine it, and let the patient drinke it, and it will helpe him.

If you cannot get aquavitæ then take good white Wine, or elis stale Ale, any of these will serue. Chap. 88.

¶ A good Medicine for weakenes of the backe.

TAke a pinte of Claret Wine, and put therein a good quantitie of fine Suger, and Red-rose Water, Bugloss water, and Burrage water, of euery of them a good quantitie, mingle them together, and let the Patient drinke 2. or 3. good draughtes thereof, and a little Diasaturion: This is a very comfortable drinke to coole the stomacke and the Reynes, and it will strengthen the backe wonderfull much.

Chap. 89.

CHAP. 89.

¶ A Medicine for the heate of the Raines, and to auoide blistring in the mouth.

TAke Liuerwort, Sorrell, Balme and Succorie, of each of them one ounce, and seeth them in a quart of Whay, (the same hauing bin well clarified) and let the patient drinke halfe a pinte thereof at the least euery morning. probatum est.

CHAP 90.

¶ A good Medicine for the Raines of the backe.

TAke Cassia Fustula, and drinke it in white Wine fasting, for the space of nine dayes together, and this will doe him exceeding much good that shall take it, for it hath bin proued.

Also this being drunke with white *Wine* and the iuice of *Parsly Roores*, is a singuler good preseruatiue against the stone.

CHAP. 91.

¶ A present remedy to stay the running of the Reines.

TAke a good quantitie of Otemeale, and beate it very small, and put it into a quart of new Milke, and seeth it, and put therein a good quantitie of Suger, and when it is well boyled, straine it, and giue it to the patient to eate, and it will helpe him. probatum est.

CHAP. 92

¶ Another for the same.

TAke Venice Turpentine, and wash it cleane in these waters following, (Viz) in Plantine Water, in Red Rose Water, and in waters of Liquorice, and when you haue washt it very well then take the Turpentine, and seeth it with as much white Masticke, and when it is sodden inough, it will breake to powder: (it is easily perceiued vpon a knives point) then take di. an ounce of Nutmegs beaten to powder, and put to it the like quantitie of the powder of Venice Turpentine, and di. an ounce of white Suger, and mingle them together: then let the Patient eate of the same powder with an Egge or two, (Yeares rosted that they may be supped of) and let him eate nothing for the space of an houre after: But if he eate 2. or 3. of these Eggs euery morning so dresse, it will be the better vntill it be hole, and also let him drinke di. an ounce of Red Rose water, and di. an ounce of Plantine water, after such time as he hath eaten his last Egge.

Note, that he must vse to eate 2. of these Egges aforesaid, in

his bed before he rise in the morning, and the third one houre after that he is risen vp, and after the space of one houre more, he must in like sort drinke the water aboue said, and walke a good while after it.

CHAP. 93.

¶ Another for the same.

TAke a quantitie of the stones and the rotes of Stockflowers, (*Viz*) Diasaturion, and the rotes that lie like Beades in barren grounds, and preserue them as you doe Cherries or other thinges: then make a Candle of Muscadine, and boyle the same rotes therein, with a Nutmegge grated, and a little white Mastick: then let the partie grieued eat of the rots, and also drinke of the Candle aforesaid, and this will presently helpe him.

CHAP. 94.

¶ Another for the same.

TAke two new laid Eggs, and put away the whites of them, as cleane as may be, and set them in the fire vntill they be blood warme: then take halfe a Nutmegge, and a good peece of Suger Candie, and a pretty quantitie of Currall finely beaten to powder, then take a little Cinamon and Amber, of each of them a like quantitie, and mix them altogither, and put them into the Egge, and let the Patient sup it of, or else let him tosse a peece or two of fine White bread, and poure the yolke of the Eggs thereon and then straw the aforesaid powder vpon it, and so eate it, and this will speedily helpe him. Probatum est.

CHAP. 95.

¶ An other excellent good remedy for the running of the raines.

TAke three kernels of Pistia, which are not olde, a dram of cleere Mastick, a dram of Mirre and 3 scruples of Camphire, of the cups of Acorns and yellow amber, of each of them a like quantitie, then take a prety quantitie of Venice Turpentine, and wash it cleane in plantine water, and temper it with the aforesaid thinges, and with the Yolke of an Egge that is reare rosted: and so let the Patient eate it fasting. But if the caule be hot, then take 3 drams of Bole armoniak, and put thereto.) probatum est.

CHAP. 96.

¶ An other for the same.

TAke May-weede, Plantine, Neepe, Clarie, Balme, and Daysie-roots, of each of them a good handfull, and boyle them all in a

quart

quart of pure Malmsey and boyle it vntill the one halfe be consumed, then straine it, and let the Patient drinke thereof both Morning and Euening, and this will stay the running of the Raines, although the Patient hath bin long troubled therewith. This hath bin often proued. D. L.

CHAP. 97.

¶ Another for the same.

TAke a good quantitie of Venice Turpentine, and a Nutmegs or two beaten small, and a good quantitie of Cynamon ground to powder: then take 5. or 6. Date stones, and grinde them vntill they be come to a fine powder, and then mix them altogither, and make them into bullets, (pellet like) and wrap it in white Suger, and let the patient swallow downe 3 or 4 of these Pellets euery morning fasting, for the space of 8 or 9 dayes together, and let him walke halfe an houre (after he hath taken it) before he doe eate or drinke, and this will speedily help him. Probatum est.

CHAP. 98.

¶ An other speciall good Medicine for the running of the raines.

TAke a shiue of fine Manchet-bread and toste it browne on both sides: then take two new laid Eggs, and deuide the whites from the Yolkes as cleane as you can, and then spread the yolke vpon the bread, and put therein two peny worth of white Sugar candie, beaten to fine powder, and let the patient eate this euery morning fasting: and let him fast an houre or two after he hath eaten it, and so let him vse this 6 or 7 dayes together. This hath holpen them that haue binne grieued therewith 7 yeares before. Probatum est, p. M. Iames.

CHAP. 99.

¶ Another for the same.

TAke Amber, Nutmegs, Sugar-candie and currall, of each of them an equall portions as you can, and beate them all into a very fine powder, and put thereto a little grated cynamon and mingle them all well together, and straw the same powder vpon a toste of fine Manchet, (being tosted brown on both sides thereof, as aforesaid, and let the patient eate the same fasting: and so let him vse it 5. or 6. dayes together, and doubtles (by Gods helpe) this will cure him.

Chap. 100.

CHAP. 100.

¶ An other for the same.

TAke Pellitorie of the Wall, Wilde Time, and Parsly, of ech of them a good handfull, and boyle them in a quart of strong ale, and let it boyle vntill the one halfe be consumed: then take it of, and straine it, and let the partie grieued drinke a pinte thereof warme euery morning and euening for the space of 9 dayes together, and he shall finde great ease thereby.

CHAP. 101.

¶ An excellent good water to wash the Yarde of one that hath lately had the running of the Raines, and hath bin cured thereof.

TAke the leaues of Daisies, Woodbinde and Plantine, of each of them 3 good handfulls, a good quantitie of English Hunny, and as much Roch Allom, as a Walnut, and put to them a quart of faire running Water, and halfe a pinte of Red Rose-water, and boyle all these together in some Earthen vessell (close couered) for the space of halfe an houre, and then straine it through a fine linnen cloth, and when you will vse it, take a small Searing and squirt some of the same water (luke warme) into your Yarde, and let the pipe of your squirt be put within it, an inch or somewhat more, and let it be strongly spouted vp, whereby the water may goe beyond the sore place, and so vse it euery day three times, for the space of a whole Moneth at the least, and this will make it sound for euer after, from this disease: For it hath bin truely proued.

CHAP. 102.

¶ An other easie Medicine to helpe the running of the Raines, and also to scowre the Yarde after it,

TAke a pretty quantitie of Plantine water, and Wood-bynde Water, and mingle them both together, and with a Searing squirt the same water (luke warme) into the Yarde of the partie grieued as afore said, both Morning and Euening for the space of 21. dayes, and it will helpe him without all doubt, Probatum est,

Chap. 103.

¶ Bellie.

Chap. 103.

¶ A very good medicine to ease the paine or griping in the Belly.

TAKE a handfull of Southernwoode, and lay it right against the place (on the contrary side) where the paine is, and it will vtterly expell it. Also, if it be layd to the nauill of any one that is much grieued therewith, it will speadily take the paine quite away. This hath holpen many that haue beene greatly payned therewith.

Chap. 104.

¶ A good Medicine for one that is hard-bound in the Belly.

TAke a good quantitie of the middle Rinde of an Elder tree, and stamp it well, and steepe it in stale Ale, and straine it through a fine linnen cloth, and giue it the party grieued often to drinke, and in vsing it 2 or 3 dayes together, it will helpe him.

Chap. 105.

¶ Another for the same.

TAke a good quantitie of Hemp-seede, and seeth it in faire running Water, and when it is well sodden, straine it through a fine cloath, and let the Patient drinke a good draught thereof, when he goeth to bed, and it will make him laxatiue. This hath bin proued.

Chap. 106.

¶ Another for the same.

TAKE a Chicken and a pretty quantitie of Cassula fistula, and seeth them together in faire running Water, and let the patient drinke the broth, and it will immediately procure loosenes of the bodie without paine.

CHAP. 107.

¶ An other for the same.

TAke an Onyon, and make a hole therein, and fill it with pure Honny, and rolle it, and lay it to the Nauill of the partie grieued, and it will helpe him.

CHAP. 108.

¶ An other for the same.

TAke Otes (parched vpon a Tile stone, or in an Ouen) and sprinkle them with hot water, and put them into a fine cloth, and lay them to the wombe of the partie grieued, and binde it close, and this will helpe him.

CHAP. 109.

¶ An other for the same.

TAke ij. peny worth of Skamony, and twice as much Suger, and cloues, and a little Liquorice, and grinde them small with warme liquor, and then giue it the patient to drinke, and let him eate some hot meate immediately after it.

CHAP. 110.

¶ An other for the same.

TAke the iuice of Southernwood, and annoint the belly of the patient well therewith, and it will loosen the belly very gently. Probatum est. CHAP. 111.

¶ An other good Medicine to loosen the belly.

TAke the iuice of Hoppes, and drinke thereof euery morning fasting, for the space of 3 or 4 dayes together, and it will both loosen the belly, and expell all Choleriche humours. Also it will purge the blood from all filthynes.

CHAP. 112.

¶ An other for the same.

TAke a spoonefull of the seede of Poppie, that is called Horned Poppie, (it flowreth in July and August) and beate it to powder, and drinke it both morning and euening, and it will both loosen the Belly, and purge Fleagme wonderfully. This hath bin sufficiently proued. CHAP. 113.

¶ An other for the same.

TAke the quantitie of a scruple of the white and inward pith of Coloquintida, and bruise it small, and put it into a little hot broth, and let the patient sup it of; and it will not onely loosen the

the Belly very much: but it will also purge all the grose tieagme, chollorick humours, slimie filthynes, and stinking Corruption of the guts. Likewise, if there be any bruised or corrupt bloud inwardly, it will vtterly expell it, (if a good quantitie thereof be taken) This hath bin truely proued. CHAP. 114.

An other for the same.

TAke the iuice of white Beetes, and drinke it eyther with Ale that is stale, or with whit Wine, and it will both losen the belly and clense the stomacke: but it must not be vsed too often, for then it will doe more hurt then good to the stomacke.

CHAP. 115.

¶ A singuler good Medicine to stop a Laske.

TAke a good quantitie of the Fruit of White thorne, (when it is ripe in September) and picke out all the Core or Stones (as cleane as may be) from them, and then bruise the same into powder, and let the patient eate it in a little thin droath (made of Mutton or Veale) and it will stay the Laske.

CHAP. 116.

¶ An other approued Medicine for a Laske or losenes of the belly.

TAke a prety quantitie of Aqua composita, and a new laide Egge, and boyle the Aqua composita with the Egge, vntill such time as it be drie: Then take Suger and Cynamon, of ech of them a like quantitie, and beate them to powder, and mingle them togither, and let the partie grieued eate the same with the Egge, and this will speedily helpe him. Probatum est.

Biles. Fellins, and Vncomes.

CHAP. 117.

A very good Medicine for any manner of Bile Fellin or Vncome.

TAke Smallege Rue and Red Sage, of eath of them one handfull, a peece of wheaten leauen, and a good quantitie of the Grounes of strong Ale, and mingle them altogither, and make a plaister thereof, and apply it often to the place grieued, and this will

presently helpe him. This hath holpen them that were in great leopardie to haue lost a toynt thereby.

CHAP. 118.

Another for the same.

TAke Red Sage and Rue, of ech of them a like quantitie, and chop them very small: then take Grounes of strong ale, and a good peece of browne Lewen, and a few crums of browne bread, and mingle them all togither, and seth them in some earthen vessell, vntill it be thicke, and make a plaister thereof, and lay it warme to the sore place, and you shall finde marueilous great ease thereby. CHAP. 119.

Another for the same.

TAke a good quantitie of sowre Leuen, and crum it small into a Diphin, or olle into some other Earthen vessell, and halfe a penny pish of sweet Butter, and 3. or 4. spoonefulls of Rose Vineger, (the leaues and all) and boyle them all togither, and make a plaister thereof, and lay it to the sore as hot as it may be suffred, and it will speedily cure it.

CHAP. 120.

¶ Another for the same.

TAke 20 garden Snailes, and beate them (shelles and all) in a morter, vntill you perceiue them to be come to a salue: then spread a little thereof, vppon a linnen Cloath, and lay it to the place grieued, and when one plaister is dry, then take that of, and put on another, and so vse it often, and it will kill the Fellin: and also it will both heale the sore place, and draw it. This hath bin truely proued. CHAP. 121.

¶ Another for the same.

TAke Rue, (otherwise called Herb-grace, and let it be gathered in March) and white Woorts, of ech of them a good quantitie, and beate them very well togither: then take rustie Bacon, and sweet Butter, of ech of them a like quantitie, and 2 or 3 house Snailes, and mingle all these togither, and make a plaister thereof, and lay it to the sore, and by often vsing it as aforesaid, it will speedily cure it. CHAP. 122.

¶ Another for the same.

TAke red Sage, Rue, Snailes, Bay Salt and Bacon, of euery of them, such a quantitie as you shall thinke good, and temper

and

and beate them well togither, and then lay it to the Fellin, and this will presently helpe him. Probatum est.

CHAP. 123.

¶ An other for the same.

TAke Red Sage, Rue, and Housleeke of each of them an ounce, wash them altogither, and dry out the water, with a cleane cloth, and chop them very small, then take the quantitie of a tennis ball of sower Leuen, and two spoonfulls of Tarre, and a spoonefull of black Sope, and stamp them altogither in a wooden dish, with a pestle of wood, and make a plaister of it, and lay it an inch thick vpon a peece of linnen cloth, or else vpon a peece of white leather, and euery morning and euening apply it to the sore, and this will both draw it and heale it. This also is good for any manner of Bile, Fellin or Vncome.

CHAP. 124.

¶ An excellent good and approued Medicine for any Fellin, olde sore, or any other Vncome whatsoeuer.

TAke a quart of Ale, and put therein a rare of Ginger beaten to powder, and seeth the Ale, vntill it be halfe consumed away: then put therein halfe a pound of Suger, and stirre it well; and then set it to cole: and put the Ginger into it, and then make a plaister thereof, and lay it to the place grieued, and it will cure it if it be neuer so sore. Probatum est. p. M. D. L.

CHAP. 125.

¶ An other speciall good Medicine for any Bile or Fellin.

TAke a penny worth or two of Mæthridatum, and spread it some what thicke vpon a peece of white Leather, and pricke it as full of holes as euer it may be, and lay it to the sore, and it will both draw out the Core, and heale the sore: This hath bin truely proued: Likewise it will cure any manner of Plague sore whatsoeuer.

CHAP. 126.

¶ An other for the same.

TAke a good quantitie of wheate Flower, and temper it very well, with white Wine, and boyle it vntill it be thicke, and then spread it eyther vpon a linnen cloth, or else vpon a peece of white Leather, and lay it to the sore, as hot as possibly it may be suffered, and this will open the hole, draw out the venom or filth, and ease the aking: and it will also close it vp againe and heale

it: and for want of White wine, either Ale or Beere may be vsed.

Moreouer, this Medicine will cure the pricking of any thorne or needle in any ioynt or else where, and if the hole be neuer so close stopt vp againe. CHAP. 127.

¶ An other excellent good Medicine, for any manner of Biles, Whitblowes, Fellins or Vncomes.

TAke Bores-grease, Wheaten-flower, Sage and May-butter, and stampe them al togither in a morter, and then make a plaister thereof, and lay it to the place grieued, and it will both ripen and draw it: also if it be fryed in a frying pan, and applyed as aforesaid, it will worke the better, Probatum est.

CHAP 128.

¶ Another experienced Medicine, for to ripen any Biles, Whiteblowes, Fellins, or other Vncomes whatsoeuer.

TAke a pinte of swet Milke, and put therevnto a good quantitie of sheepes Suet, and cut and shred it very small, and mingle a good handfull or two of Otemeale (beaten very small) therewith, and set it on the fire, and seth it vntill it become so thicke, as it may be spread vpon a linnen cloth, and so layde to the sore, (as hot as it may possibly be suffred) and it will both ripen it, and breake it in a short space, without any paine: and when it is broken, lay a little Turpentine, vpon a peece of white leather, and with a small bodkin, prick it full of holes, and then lay this plaister to the sore, and it will both draw it, and heale it. This hath bin often proued.

¶ Bladder.

CHAP. 129.

¶ An excellent good Medicine to purge the Bladder of one that cannot pisse perfectly.

TAke Parsly, Red Fennell, Mayden-hayre, the rootes of Elisaunders, and the rootes and leaues of Harts-tongue, of each of them a like quantitie, and seth them all togither, in White Wine, and then straine the same through a fine cloth, and keepe it close

close kept in some Glasse or Earthen vessell, and when occasion serueth for the vse of it, let the partie grieued drinke a good draught thereof first and last, and it will purge the Bladder in short time. Probatum est. CHAP. 130.

¶ Another for the same.

TAke Rue, (otherwise called Hearb-grace) Grommell and Parsly, of each of them as euen portions as you can, and stampe all these togither, and steepe them in White Wine, and then straine them, and giue the same to the patient to drinke 4. or 5. times a day luke warme, and it will helpe him.

CHAP. 131.

¶ Another for the same.

TAke Berries of Iuie, and beate them to powder, and let the patient drinke it with White Wine, or else with stale Ale, as hot as he is able to suffer it. CHAP 132.

¶ A very good Medicine to cause one to make water that cannot.

TAke a new laide Egge, and make a hole in the greatest ende of it, and take forth both the Yolk and white, and lay the hole of the Egge downwards, vpon a hot Brick-stone, and let it remaine so, vntill it be so well purged, that you may make powder thereof: then beat it to powder, and drink it in white Wine, twice a day, (first and last) and it will helpe you. This was much vsed by one *M. Rose*, who eased many therewith: also, this is maruelous good against the stone. CHAP. 133.

¶ Another for the same.

TAke a quart of strong Ale, and set it on the fire: and then take a good handfull of Time, and binde it vp fast into a bunch, and so seeth it in the Ale, vntill such time as you doe perceiue the strength thereof to be cleane gone into the Ale, and then let the patient drinke a good draught thereof euery day both morning and Euening for the space of 6. or 7 dayes togither, and it will helpe him. Probatum est.

CHAP. 134.

¶ Another for the same.

TAke a good quantitie of the seedes of Red Nettles, and put them either into your Ale, or else into your Pottage, and so drinke or eate often thereof, and this will helpe you presently. R. Gor. This is also good against the Strangurie.

Chap. 135.

CHAP. 135.

¶ An other for the same.

TAke a Flint-stone, and lay it in the fire, and there let it remaine vntill it be red hot, and then put it into the Ale that the partie grieued doth drinke, and then let him drinke a good draught thereof whilest it is warme, and he shall finde marueilous great ease thereby. CHAP. 136.

¶ Another for the same.

TAke a quarter of a handfull of Parsly, and as much red Fennel, and wash and shred them very small, and put them into a cup of stale Ale, and make a posset therewith, and drinke the Ale and it helpeth. CHAP. 137.

¶ A good Medicine for one that pisseth Blood.

TAke Bursa Pastoris, Parsly-seedes, and Ambrose, of eth of them a handfull, and stampe them well togither, and then steepe them very well with Goates Milke, and then straine it through a fine cloath, and giue it the patient to drinke, and this will helpe him without all doubt. Probatum est.

CHAP. 138.

¶ An other good Medicine to cause one to pisse that cannot.

TAke a good quantitie of the best English Saffron that may be gotten, and dry it and beate it to fine powder, and then take the like quantitie of pure blacke Sope, and mingle the same with the powder, and then spread it ouer the fleshie side of a peece of Sheepes Leather, and then lay it to the Paunill of the party grieued, and it will procure Vrin within an houre or little more. Probatum est. CHAP. 139.

¶ An experienced Medicine to prouoke Vrin.

TAke a good handfull of red Nettle rootes, and seeth them in a quart of good Ale, and let them seeth vntill the one halfe thereof be consumed: then put into it, a quarter of a pound of sweete Butter, and scum it cleane before such time as the Butter be put in it, and when you haue so done, take a good handfull of seedes of Elisaunders, Parsly-seedes, and Grommel-seedes, (being all well beaten to powder first) and seeth them therein, and when it is well sodden, straine it through a fine linnen cloth, (but let all the thinges before rehearsed, be of equall portions, and then let the patient vse to drinke often thereof, (especially first and

and last) and this will helpe him without all doubt.

CHAP. 140.

¶ An other for the same.

TAke 3. quarts of Ale and seeth it, and let it be 3. or 4. times scummed, then put into it Rosemarie, Time, and Petty-royall, of each of them a handfull, and let them boyle together, till a quarter thereof, or somewhat more be wasted away: then straine the same and let the Patient drinke a good draught thereof (luke-warme) every morning fasting, and last in the evening, and this will ease him very much. probatum est.

This is also a marvellous good Medicine against the *Stone*, and hath bin sufficiently proved.

CHAP. 141.

¶ An other good Medicine to cause one to pisse that cannot.

TAke Horse-dong out of the stable, new Butter and Aqua vitæ, of each of them equall portions, and fry them all together, and then make a plaister thereof, and apply it to the patient (from the Nauill to the Fundament) as hot as possibly he may suffer it: but let him not be afraide, though it cause the blood to arise forth, for such is the nature of the Medicine. Also it will cause the Stone to avoide forthwith. probatum est.

CHAP. 142.

¶ An other good Medicine to provoke Vrin speedily.

TAke Betony which groweth in woods (both rootes and leaues) and wash them cleane, and dry them in an Oven (in a Mine, or in some other such like thing) where brown bread hath bin newly drawne forth of it, then take the same leaues and beat them to powder, and let the Patient vse halfe a spoonfull thereof at a time, either in White Wine, Posset-ale, Porrage, or else into his ordinarie drinke which he vseth.

CHAP. 143.

¶ A good Medicine to heale a Canker vpon the Yarde.

TAke an ounce of Roch Allom, and halfe an ounce of Verdie-grease, and mingle them with Smiths Water, and put them all together into some Glasse or other close vessell, and when they are well soked, boyle them for the space of two houres together, and then straine the same, and put it againe into the Glasse or vessell aforesaid, and stop it close, and when occasion serveth for

vse thereof, then let the Yarde be often washed therewith, and it will destroy the Canker in short space. probatum est.

CHAP. 144.

¶ A very good Medicine for the swelling of the Yarde or Coddes.

TAke Egrimonie Water distilled, and put thereto a good quantitie of Roch Allom, and set them ouer the fire to soke, and so let them remaine vntill they be ready to boyle, then take it of, and with a fine linnen cloth, annoint well the Yarde vnder the skin, with the same Water, and let it be warme when you doe vse it, and it will asswage the extreame paine of the Yarde, and also of the Coddes, if they be washed with the same.

Also to incarnat the skin of the Yarde within, take Fumitorie Water, and put a good quantitie of Liquorice pared, and scrape it therein, for the space of one night, and then put some of the same water into the Yarde with a spunge, or else with a Weint, made of linnen cloath.

CHAP. 145.

¶ An excellent good remedie for the burning, and intolerable heate of the Vrin.

TAke seedes of Purslane, seedes of Lettice, seedes, of Endiffe, and of seedes of white Poppie, of ech of them two ounces: then take the waight of halfe a dram of Henbane-seedes, two ounces of Saffron, fiue drams of Liquorice, 5. drams of Pine, Apple kernels, two ounces of Sebastian, and the quantitie of 6. li. of faire running Water, mingle all these well togither, and boyle them vntill the third part thereof be consumed, then straine it, and let the Patient take euery morning an ounce thereof, and mingle it with an ounce of the iuice of Violets, and so let him vse this for the spare of 3 or 4. dayes togither, and the 5. day you shal se marueilous strange varietie in the Vrin. probatum est.

CHAP. 146.

¶ A marueilous good Water to breake the Stone in the Bladder.

TAke two pintes of the iuice of Saxifrage, the iuice of Gromell, and of the iuice of Parsly, of each of them a pinte, and put thereto, the quantitie of 8. or 9. ounces of the best Vinegar that is made of pleasant wine, and distill all them togither, and then put the distilled water into some glasse, or other bessell that hath a narrow mouth, and let the partie grieued take an ounce thereof

at

at a time, thrice euery day (Viz.) in the morning fasting, at noone, and at night a little before he goeth to bed, and by (Gods grace) it will in a short space helpe him. Probatum est.

CHAP. 147.

¶ A maruellous good drinke to clense the Bladder, which must be taken after the stone, is dispersed, and to cause it to auoide away by shiuers and small pieces.

TAke Rosemarie and wilde Time, of eth of them a handfull and scath them in a quart of Raine-water, vntill the one halfe thereof be consumed, and then put as much Suger therein as will make it sweet and let the partie grieued vse to drinke of this euery day often, vntill he doe perceiue his water to grow clere: and vnlesse his water be thicke, let him not drinke thereof.

CHAP. 148.

¶ A good Medicine to cure the swelling in the Yarde.

TAke Wax, Oyle, and the iuice of Purslane, of eth of them a peece of quantitie, and mingle them all togither, and then lay the same to the Yarde that is swolne, and it will speedily helpe him. Probatum est.

MAny thinges more, might haue beene here spoken of, as concerning all such diseases as come of the *Bladder*, as the *Stone* and such like, &c, but as concerning the *Stone* it selfe, looke in title of the Collicke and Stone, and therein you shal find things answerable to expectation. Therefore I will now omit to speake any more at this time of the *Bladder*, hoping that there is none that doe take vpon them the practise either of Phisicke or Chirurgery, but are of themselues sufficient inough to iudge thereof, and to minister apt Medicines for it: and for these that are vnskilfull in the Sciences aforesaid, I would wish them to haue a great care and respect to the medicines that they doe minister for diuers Diseases comming of the *Bladder*, and they not knowing the causes wherein if they be not skilfull, they do much hurt. Therefore, I would wish them first to learne of those that are skilfull before they doe attempt any such thing themselues, and further to know perfectly, the principall cause of the disease, whereby they may more easily of themselues afterwards, minister medicines accordingly,

and as occaſion ſhall ſerue: and not any way preiudice or hurt the *Patient* any thing at all, but alſo (for euer after) purchaſe to themſelues euerlaſting fame.

¶ Bleeding and Bloud-ſtanching.

Chap. 149.

¶ An excellent good Medicine to ſtaunch bloud.

TAke White Wine Vineger, (the beſt that may be had, and Plantine Water, of each of them 2 pound and mingle them together: then take diuers linnen clothes and wet them therein, and lay ſome of them to the ſoles of the feete of the partie greeued, and ſome againſt the Liuer, and ſome to the palme of his hands, and this will ſtaunch the bloud forthwith. Probatum eſt.

Chap. 150.

¶ An other Medicine to ſtaunch the bleeding at the noſe.

TAke Inckle and binde the party that bleedeth about the Temples of the head, very hard, and let the knot be in his necke: and this will ſtaunch the bleeding immediatly.

Chap. 151.

¶ Another good Medicine to ſtaunch the bleeding of the Noſe although it bleed neuer ſo freſhly.

TAke an Egge and breake it on the top, in ſuch ſort that all the white and yolke may iſſue cleane forth of it: then fill the Egg-ſhell with ſome of the bloud of the party which bleedeth, and put it in the fire, and there let it remaine vntill it be hard, and then burne it to Aſhes, and it will ſtaunch the bleeding immediatly, without all doubt. Chap. 152.

¶ an other for the ſame.

TAke a linnen cloth and wet it well in Vineger, and wrap it about the priuy members of him that bleedeth, and he ſhal immediatly ceaſe bleeding. Probatum eſt. p. L.

Chap.

CHAP. 153.

¶ An other for the same.

TAke Centonie, greene Rue, and red Fennell, of ech of them a like quantitie, and stamp them all together, and straine them with Ale, and let the patient drinke the same luke warme, and it will stop the bleeding of any manner of wound, cut, bruise, or other hurt whatsoeuer.

CHAP. 154.

¶ An other for the same.

TAke Burla pastoris, (otherwise called in English Shepheards purse,) Hysop, and plantine, of ech of them a like quantitie, and bruise them in a Morter, and make them hot before the fire, and then lay them to the nose of him that bleedeth: and likewise binde some of the same hearbes to the temples of his head as hot as he can suffer them, and this will stanch the bleeding forthwith without all doubt. Probatum est.

CHAP. 155.

¶ An other for the same.

TAke an olde linnen cloth and wet it well in good sharpe Vinegar, and then burne it to powder: then take some of the same powder and (if it be a wound) cast it therein, and it will stop the bleeding immediatly: but if the nose bleed, then (with a quill or some other instrument) blow vp some of the same powder into the nose of the Patient, and it will cease bleeding.

CHAP. 156.

¶ An other for the same.

TAke Betony and stamp it with a little Salt, & put a pretty quantitie thereof, into the nose of him that bleedeth, and it will stanch the bleeding presently.

Chap. 157.

An other approued medicine to stanch the bleeding of a wound.

TAke linnen Cloth and burne it, and the take the powder thereof, and spread it thicke vpon an other Cloath, and lay it to the wound, and this will stanch the bleeding of it. Also take pimpernell, and holde it betweene your Teeth, and you shal not bleed any more whilst you holde it there.

CHAP. 158.

¶ A very good Medicine to staunch bloud when nothing else will do it, by reason the Veine is cut, or that the wound is great.

TAke a peece of salt Beefe, (that which is leane onely) as much as will lie in the wound, and lay the same in the embers of

the fire, and so heate it through hot, and then thrust it into the wound and binde it fast, and it will forthwith stanch the bloud, and let it lie for a good space after, in the wound, for the stopping of the bloud. This is a present remedy and hath bin often proued.

CHAP. 159.

¶ Another for the same.

TAke a Toade and dry him very wel in the Sunne, and then put him into a linnen Bagge, and hang him about the neeke of him that bleedeth with a string, and let it hang so low that it may touch his breast on the left side neere unto his dugge, and commonly this will stay all manner of bleeding at the mouth, Nose, Wound or other wise whatsoeuer. Probatum est.

CHAP. 160.

¶ Another experienced Medicine to staunch the bleeding at the Nose.

IF your nose doe bleed vnnaturably, then tye your little finger very hard about the lower ioynt, and for the most part commonly it sayleth not to stay the same.

CHAP. 161.

¶ Another for the same.

TAke the white of an Egge, and a little red Ocker, (other wise called Bole armoniak) and a little Dragons bloud, and bray them all together very small: then take a little Flax and wet therein, and then make it like a fillet, and lay it vpon the forehead of the patient from one eare to an other, (but be sure that it lie right vpon the Temples of his head) and this will presently staunch the bloud, probatum est.

CHAP. 162.

¶ A present remedy to staunch the bleeding of any cut or wound.

TAke a good quantitie of Vine-leaues, and dry them well, and beate them to powder, and put the same powder into the wound, and it will cease bleeding presently, probatum est.

CHAP. 163.

¶ A present remedy for one that bleedeth inwardly.

TAke a good quantitie of the iuice of Neepe, and let the patient drinke it, and it will cause him to cast vp his bloud presently. This hath bin truely proued.

Chap. 164.

Bloud-spitting.

CHAP. 164.

¶ An excellent good remedy for one that spitteth bloud.

TAke the Doung of Mice, and beate it into fine powder, (the quantitie must be as much as will lie vpon a groat of siluer) and put it into a pinte of the iuice of Plantine, and put thereto a little fine Suger, (but let it be finely beaten to powder, before you put it into the iuice) and then let the partie grieued drinke a good draught thereof at a time, both morning and euening euer more, vntil such time as he do perceiue the infirmitie to be cleane gone, and this will helpe him.

CHAP. 165.

An other for the same.

TAke iuice of Betony, and temper it well with Goates-milke, and giue it the patient to drinke, and let him vse it for the space of three dayes together, and doubtles this will helpe him. Probatum est.

CHAP. 166.

¶ An other for the same.

TAke Betony, Mintes, Smallege and Rue, of each of them a like quantitie, and lath them all together in new Milke, and let the partie grieued sup it off, as hot as possibly he may suffer it, and it will speedily helpe him. Probatum est.

CHAP. 167.

¶ Biting of venemous beastes.

Chap 167.

¶ An excellent good remedy for the biting or stinging of any manner of Serpent, as Adder, Snake, &c.

TAke a good quantitie of the Leaues of an Ash tree, and stamp them very wel, and then lay them to the place that is stung, or else wring out the iuice very cleane forth of them, and let the Patient drinke a good quantitie thereof at a time, and it will worke marueilous great effects in him. This hath bin truely proued.

Chap. 168.

¶ A very good Medicine to cause Serpents to forbeare stinging or biting.

TAke the iuice of Raddish Rootes, and anoint your hands therwith, and the fewme or smell will cause them that they shall neither sting nor bite: but they will be ready to dye with smelling the sauour of the rote, and they will do no harme if you take them vp in your hand. Probatum est. Chap. 169.

¶ A good Medicine to cause one not to be stung, eyther with Waspes or Bees.

TAke a good quantitie of Mallowes and stampe them, and mingle them with Oyle Oliue, and then the place that is annointed with the same bruised, neyther Waspes nor Bees will touch there. probatum est. Chap. 170.

A present remedy against the biting of a mad Dog, and against the rage or paine that followeth the party that is bitten.

TAke a good quantitie of the Blossomes or Flowers of wilde thistles dryed in the shadow, and beaten to powder, and giue it the patient to drinke it in Whit Wine, (the quantitie of a Walnut a shellfull at a time) 3 or 4. times together, and this will speedily helpe him. Probatum est.

Chap. 171.

Chap. 171.

A singular good Medicine for the biting of any venemous beast.

Take Selandine and Plantine, of eyth of them a like quantitie, and stamp them very well togither, and then temper them with stale Pisse, and apply it to the place grieued, and it will asswage the paine and swelling, and it will also drawe out the venom thereof, and if it be neuer so vehement. probatum est.

Chap. 172.

¶ Another for the same.

Take a good quantitie of Plantine, and beat it well in a morter and straige it, and drinke the iuice thereof, and it will spedily ease you. probatum est. Chap. 173.

¶ An excellent good Medicine for the biting or stinging of an Adder, Serpent, or other venemous beast.

Take a good quantitie of Centorie, and chop it well and straine it and compound it with Urin, and let the partie grieued drinke it 3 or 4 times: and afterwards, take a Cocke Chicken, and take the guts warme, and lay them vpon the place grieued, and so let them remaine there for the space of ij. houres (the partie grieued hauing all this time, his Leg, Arme, or other place stinged, bound vp about his body) and then take them away, and lay a quarter of the same Cocke Chicken to the same place, and let it remaine there, as long as the guts did before, and then take the same away, and apply an other of the quarters to the same place, and in like sort, an other, and so vse this continually vntill the partie grieued be well, but take good heede that you doe not touch the place that is poysoned with your hand or finger, and when you take away eyther the guts or quarters from the place that is grieued, bury them in the ground least that they should infect eyther man or beast afterwards. probatum est.

Chap. 174.

¶ An excellent good remedy for the biting of a mad Dog.

Take Night-shade, Betony and wilde Sage, of eyth of them a handfull, and a pinte of faire running Water, and stampe the Hearbes and straine them with the said Water, and then put thereto a peny-worth of Triakle, and so giue it the Patient to drinke 3. or 4. mornings togither fasting, and this will spedily helpe him. Probatum est.

CHAP. 175.

A Rule to know what things are good and holsome for the braines, and what are not.

To smel to Camamil or Musk.
To eate Sage, but not ouer much at a time.
To drinke wine measurably.
To sleepe measurably.
To heare but little noise of Musique or Singers.
To eat Mustarde Pepper.

To keepe the head warme.
To wash the hands often.
To walke measurably.
To smell to red Roses.
To wash y Temples of the head often with Rosewater.

Thinges ill for the braine,

To sleepe much after meate,
All manner of Braines.
Gluttony.
Drunkennes.
or labouring.
Ouer much watching.
Ouer much colde.
Ouer much bathing.

Late Suppers.
Anger.
Heauines of minde.
To stand much bare headed,
Milke.
Cheese.
Garliche,
and Onyon.

Corrupt ayres.
To eate ouermuch, or hastily.
Ouermuch heate in travailing.
Ouermuch knocking or noise.
To smell to a white Rose.

Stinking breath.

Chap. 176.

A good Medicine to be vſed, for one that hath a ſtinking breath.

TAke ſeedes of Coriander, and boyle them very well eyther in white Rumnie, or in Sacke, and let the party grieued drinke 3. or 4 ſpoonefulls thereof in the morning, and as much in the euening: but note this, that that which he taketh in the morning muſt be colde, and that which he taketh in the Euening muſt be hot: but he muſt beware of taking exceſſe of meate, or drinke, and let him not vſe to ſit vp late at night, but riſe as early in the Morning as he can, and this (by Gods grace) will in a ſhort ſpace helpe this infirmitie. probatum eſt.

Chap. 177.

¶ An other for the ſame.

TAke a good quantitie of Roſemary leaues and Flowers, (if they may be had) and boyle them well in White Wine, and then put a little Mirh, Beniamin, and Cinamon beaten to fine powder therein, and let the Patient vſe to waſh his mouth often therewith, and this will preſently helpe him. probatum eſt.

Chap. 178.

¶ An other for the ſame.

TAke a pound of Cummin-ſeede, [illegible] to it to poynder, and then ſeeth it in a pottle of White Wine, and let it ſeeth vntill the one halfe thereof be conſumed away: and then ſtraine it, and let the Patient drinke thereof twice every day at the leaſt, for the ſpace of 14. or 15. dayes together: and let him alſo vſe to drinke the quantitie of a quarter of a pint thereof at a time, and this will helpe him without all doubt.

Diseases in the breast, as the Tisick, &c.

Chap. 179.

¶ A good Medicine for the Tisick, and stopping in the breast, and for the opening of the pipes and Weasand.

TAke Parsly-roots, Fennell-roots, and Succorie-roots, of eche of them a like quantitie, and picke all the pithe cleane out of them, and then wash the Roots well that there doe no gravell or sand remaine in them, and then seeth them in White Wine, untill they be soft, and if you can get any Ginger-bread boyle them ther-in with the rest, and when it is well sodden straine it, and put thereto a little Pellitorie of Spaine, and let the patient drinke it, both morning and evening for the space of 8, or 9. dayes together, and doubtles this will helpe him. This hath holpen many that could not fetch their breath at all.

Chap. 180.

¶ Another good Medicine for the stopping in the breast.

TAke Rue, and seeth it in Eysell, and let the Patient drinke it: and let him also drinke Nettle-seedes drayed, and it will cause him to avoide great store of gravell from the stone in the Raines of the backe.

Chap. 181.

¶ An excellent Medicine for all manner of diseases in the Breast, and against all Impostumes, Coughes and Phrisies.

TAke a good handfull of Scabious, and let it be well dryed: then take Annis-seede, and Fennel-seede, of eche of them an ounce, and an ounce of Liquorice cleane pared and cut small, and 12. Figges, and halfe an ounce of Erins, and put all theise together ytther in a quart of faire running Water, or else in a quart of good white

white Wine to soke, for the space of a night, and then boyle the same vntill the one halfe of more be consumed, and then straine it through a fine linnen cloath, and when it is strayned, put into it a little fine Sugar to make it sweet, and let the partie grieued drinke this both first and last for the space of 8. or 9. dayes together, and by Gods grace this will helpe him in a short space. This hath bin sufficiently proued.

Womens breasts.

CHAP. 182.

¶ An approued Medicine to cure a Canker in a womans Pappes like Goose-dong and Selondine, and bray them very well together, and then spread them plaisterwise, vpon a fine linnen cloath, and lay it to the sore Pap, and it will speedily clense the Canker, slea the worme, and heale the sore. This hath bin oftentimes proued and found good.

CHAP. 183.

¶ An other good Medicine to cure the Canker in a womans breast.

TAke the iuice of Selondine, and Goose-dong, of eyth of them a like quantitie: then take Pellitorie of the wall, Garlicke and Ryemeale, and stamp them and fry them all together in Wine Vinegar that is both pure and good, and let it boyle vntill such time as it be thicke, and then make a plaister thereof, and lay it to the sore place, and so let it continue vntil you perceiue that it be white: and then take a good quantitie of Pimpernell, and grinde it very small, and put thereto a good quantitie of English Honny, and make a plaister thereof, and apply it to the sore, and it will heale it in a short space. Probatum est.

CHAP. 184.

An other approued medicine to breake the sore of a womans breast.

TAke a good handfull of Figs, and stamp them in a morter vntill all the kernels be broken: then take them and temper them well with a little swines Grease that is fresh, and make a

plaister thereof, and lay it to the womans breſt that is ſore, as hot as euer poſſibly ſhe may abide it, and it will take away both the ſwelling and paine, and if it be ready to breake, it will helpe it forwards to breake forthwith, or elſe not. Probatum eſt.

CHAP. 185.

¶ An excellent good Medicine for a woman that hath a ſore or ſwelling breaſt, comming by colde, or otherwiſe, &c.

TAke a Colewort-leafe, and cut away the veyne of it, and then annoint the leafe it ſelfe with May-butter, firſt boyled with Roſewater, and then lay it to the womans breſt that is ſore, and it will aſſwage both the ſwelling and paine in a ſhort time. This hath bin truely proued. CHAP. 186.

¶ A Medicine for the ſwelling of a womans breaſt after the wayning or death of a Childe.

TAke Red Sage, and Camamiley of ech of them a good handfull, and ſtampe them very well togither, and then boyle them in a pinte of the beſt white Wine Vineger that may be gotten, and let it boyle vntill the one halfe thereof be conſumed: then take a fine linnen cloath double, and ſpread the ſame thicke vpon it, and lay the ſame to the womans breaſt that is ſore, as hot as ſhe may abide it, and in twice or thrice vſage of it in this ſort, it will take the paine quite away, and it will dry vp her milke without any danger or hurt of her breaſt at all. This hath bin truely proued. CHAP. 187.

¶ A good Medicine for to increaſe milke in a womans breaſts.

TAke Fennell-rootes, and Parſneepe-rootes, and let them be boyled in broth made of Chickens, and then let the woman eate of the ſame rootes, mixed with freſh Butter, which muſt be as new made, as poſſibly it may be gotten, and this will cauſe great ſtore of milke to increaſe in any womans breaſtes. Probatum eſt.

CHAP. 188.

¶ Another for the ſame.

TAke halfe a pound of Rice, and ſeeth it in Cow milke, and crum it with ſome wheaten bread, (but it muſt be ſuch as is cleane without Rie or pulſe) and then put ſome Fennel-ſeedes beaten to fine powder and a little Suger, to make it ſweet, and this will doe her exceeding much good for the increaſe of her Milke. Probatum eſt.

Chap. 189.

CHAP. 189.

¶ Another for the same.

TAke a good quantitie of greene Wheat, which groweth on the ground betwixt Midsummas and Easter, (you must take both the blades and roots) and stamp it well, and straine it through a fine linnen cloth into some Poslet-ale, and put therein a little fine Suger, to sweeten it withall; and this will increase great store of Milke in a womans breasts, within the space of 3. or 4. dayes by using it Probatum est. CHAP. 190.

¶ An other for the same.

TAke Christall, and beat it into fine powder, and mingle it with as much Fennell-seede (the wise beaten into fine powder) and a little fine Suger, and let the woman vse to drinke often thereof warme, and with a little White Wine, and this will restore her Milke againe, although it be cleane gon away from her. This hath bin sufficiently proued.

Bruses and Sores.

CHAP. 191.

¶ An approued Medicine for an olde sore or bruse.

TAke Sclandine, Red Sage, and Sorrell, of ech of them a good handfull, 2. handfulls of Woodbinde leaues, halfe a handfull of Rue, and a good handfull of the tops of Rosemarie, and boyle them all togither in a pinte of White Wine, and a pinte and an halfe of faire running Water, and let them boyle vntill you perceiue that they loke yellow, (but before such time that it be sodden to perfection, put into it as much Hunny as will sweeten it) and then put into it, halfe a quarter of a pound of Roch Allom, and when the Allom is molten take the skume from ouer the fire, and straine it, through a course linnen cloth, and then put it into some glasse or Gallypot, and stop it very close, and let the partie grieued (as occasion serueth) apply this to the sore, and it will ease him very much. Probatum est, p. M. D. C.

CHAP. 192.

CHAP. 192.

¶ Another excellent good Medicine for a bruse.

TAke Brooke Lime, Smallege and Browse-wort, and fry them al togither in Sheeps-suet: then take it and straine it through a fine linnen cloth, and it will become an Oyle immediatly, and then put thereto, a prety quantitie of Spermaceti, and mix it wel with the same Oyle or stuffe, and then annoint the place grieued often therewith, and it will helpe it probatum est, p. M. Cox.

CHAP. 193

¶ A good Medicine for any manner of bruise, in the armes, legges, or else where.

TAke a good quantitie of the Suet of an Hart, Buck or Sheep, that is new killed (if it may be had) and put thereto some Lees of Wine, and wheaten Bran: then take water Cressets, and wash them cleane, and then boyle them in faire running water, and let them boyle vntill such time as they be soft, and then put them into a morter, and beat them, and then put them into a a cleane pan, and mixe them all togither, and fry them, and so make a plaister thereof, and lay it warme to the sore place: vse 5 or 6. of the plaisters in this sort, (or more as neede shall require) and this will cure him, pb, est. CHAP. 194

¶ A good Medicine for any bruse or sore which is vhriped.

TAke Otemeale Groates and seth them in Cow-milke that is new, and let them seth vntill they be thicke, and then put the same into a pan againe, and mix it with a good quantitie of Sheepes Tallow, and so let it boyle well, (but be stirring of it continually) and then make a plaister thereof, and lay it to the sore as hot as possibly it may be suffred. Probatum est.

CHAP. 195.

TAke Chickweed, Wheat bran, and the Grownes of strong Ale or Beere, and mingle them well togither, and apply the same to the place which is grieued 3 or 4. times a day, (it being spred vpon a red cloth, but not ouer thin) and this will helpe it, pb, est.

CHAP. 196.

Another Medicine for a bruse which commeth by a blow, &c.

TAke a quart of Claret wine Vinegar, and boyle it wel with leamed Bread, and then put into it a good quantitie of Dates Suet, and a good quantitie of Otemeale, and seth it vntill it be thicke

thicke, and then lay it to the sore, (but change the plasters twice or thrice a day at the least) and within 3. or 4, dayes vsing of it in this sort, it will helpe you.

CHAP. 197.

¶ A most singular good Oyle made of Camamill that is good for all manner of Bruses, Spleenes and swellings in the legges, armes, &c.

TAke a pinte of pure Sallet Oyle, or some what more, and bruise a good quantitie of Camamill, and put therein, and then put it into a Glasse, and set it to stand in some place in the Sunne, where it may be safe for the space of 10. or 12. dayes: (but when it hath stood so fine dayes then straine it through a fine linnen cloth, and set it to stand in the Sun againe) and at the end of the time before prescribed, straine it againe, and set it in the Sunne the third time, and set it stand untill it be cleane purified from any drugges: and then put it into a cleane glasse, and stop it close until you haue occasion to vse it, and when occasion serueth for vse thereof: anoint the place grieued twice or thrice a day (chafing before the fire) and it will helpe you. This Oyle if it be close stopped, it will continue good for the space of 12. yeeres and more, Nam Probatum est.

CHAP. 198.

¶ An excellent good Medicine for to be drunke by one that is burst eyther in the Belly or cods,

TAke a handfull of Cainstey, a handfull of Polipodium (otherwise called Oke-fearne) a handfull of Knot-wort, a pottle of white wine, a knuckle of Veale, halfe a pound of Reisons of the Sunne, halfe a pound of Mace, and halfe as many Dates and put all these togither into an Earthen pot: then take a kettle of 5. or 6. gallons and fill it with water, and set it once the fire, and then take the said Earthen pot, and stop it very close with a little paste, and put it into the kettle of water aforesaid, and let the water seeth continualy for the space of 5, or 6 houres at the least, with the Earthen pot therein (and keepe an other kettle still seething with water, to apply the want of that which boyleth away) then take the Earthen pot forth of it, and take out all such thinges as are therein, and beate them in a morter, and then straine them and so giue the patient of the same liquor to drinke

both first and last, and it will cure him.

CHAP. 199.

¶ An other for the same.

TAKE the Gall of an Oxe and Onyons and fry them with Sheepes-suet, and with a fine linnen cloth put it to the soze place, and it will helpe it presently.

CHAP. 200.

¶ A very good plaister for a Bruse.

TAke Wormewood and Cummin, of each of them a like quantitie, and put thereunto a little Rose Vinegar, and lay it to the bruise like a plaister, before that the skin be any thing at all broken, and it speedily helpeth.

CHAP. 201.

¶ A good Medicine for a bruse or cut.

TAke Roots of Louage, Alchole, Parsly, and Annis-seedes, and beate them very fine in a morter: then take Burrowes-grease, and boyle them together, and when it is boyled, straine it, and put as much bee-wrought Wax thereto as a Walnut, and halfe as much Rosin, and then boyle them all together againe, and hauing so done, straine it through a fine linnen cloth into a little pan of faire water, and so let it stand vntill it be colde: then take it in your hands and labour it vntill it be somewhat short, and then wrap it in a peece of leather, and so vse it as you haue occasion.

CHAP. 202.

¶ An excellent good drinke to heale all manner of bruses.

TAke Egrimony, Betony, Plantine, Sage, Roses, Ivy-leaues, and parsly, of eche of them a like quantitie, and stamp them altogether, and mingle them with white Wine, and let the patient drinke oftentimes thereof, and (by Gods grace) it will helpe him in a short space.

CHAP. 203.

¶ A very good Medicine to ioyne any plde for a bruse.

TAke Bramble-buds, Selfe-heale and Sinke-foyle, of eche of them a good handfull, and a little master Betony, and boyle them wel with Burrowes-grease, and then let it be applyed to the soze place, as hot as possible it may be suffered, and it will gather thin vpon the soze forthwith. probatum est.

¶ Burning and ſcaulding.

Chap. 204.

¶ An approued Medicine for any burning with fire, or ſcaulding with water or other liquor. &c.

TAke Houſlecke and Hemlockes, of eeh of them a good handfull, & beat them both togither: then take a quarter of a pound of Bores-greaſe, and ſeeth both the hearbes and it togither, vntil ſuch time as they come to an oyntment, and then ſtraine the ſame into a box, and let the Patient annoint the place grieued therewith, two or three times euery day, vntill he be hole, which (by Gods grace) will be in a ſhort time.

Chap. 205.

¶ An other for the ſame.

TAke Ivy leaues, (but they muſt be of thoſe that grow nere vnto the ground) and the leaues of Marigoldes, Woodbinde leaues, and Plantine, of eeh of them a like quantitie, and chop them very ſmal and boyle them in Bores greaſe: and then ſtraine them into ſome Earthen veſſell, or gallipot, and let the place where the griefe is, be often annointed therewith, and it cureth it. Probatum eſt.

Chap. 206.

¶ An other for the ſame.

TAke a Brake Roote, and ſtamp it well in a wooden diſh, or in a mortar, and then ſtraine out the iuice therof cleane, and and let the place that is burned or ſcaulded, be annointed therewith, and it helpeth. This hath bin truely proued.

Chap. 207.

¶ A very good Ointment for any manner of burning of Gunpowder, or Scaulding of Water.

TAke two or three handfulls of Houseleeke, a good handfull of Barrowes-grease, and two handfuls of Ground-sell, and stampe them all together, and put thereto, two handfuls of sheepe-doung that is new fallen, and as much Goose Doung, and then stampe them againe with the things before recited, and then boile them well together: then straine them through a fine linnen cloth into an Earthen pot, and with the liquor that commeth thereof, annoint the place grieued and it will helpe it forthwith.

Chap. 208.

¶ An other ointment for any manner of burning with fire, or otherwise howsoeuer.

TAke Daysie-rootes, Plantine, Waybroad-leaues, Greene goose-Doung, and the Barke of an Elder-tree, of each of them a like quantitie and a pretty quantitie of Oyle Olisse, and stampe them well together, and then let the party grieued be anointed therewith as often as neede shall require, and let it be with a feather, and this will cure him without doubt. Probatum est.

Chap. 209.

¶ A very good Medicine for any manner of burning with fire, or scaulding with water.

TAke a Brake-roote, and stampe it in a dish, and straine out all the iuice of it, and put into it a good quantitie of Creame, and let the place that is burned or scalded, be annointed therewith, and this will both fetch out the heate and allwage the paine. This hath bin truely proued.

Chap. 210.

¶ A very good remedy for any burning or scaulding, eyther with a Hand-gunne or otherwise.

TAke a good quantitie of the Doung of Geese, (which is of one nights making) and a good quantitie of Butter vnsalted, or else sheepes Suet clarified, and fry them in a frying pan, vntill the Butter or Suet be almost consumed: then put the same stuffe into a course linnen cloth that is cleane, and straine it into a Galipot, or else some other small Earthen vessell: then take a feather and dip it in the same liquor, and annoint the place therewith that

that is burned or scaulded, and when you haue so done, take a fine linnen cloth and wet it well in the same liquor, and lay it vpon the place grieued to couer it with all, do this twice or thrice euery day, vntill it be hole, which (by Gods helpe) will be in a short space. probatum est. CHAP. 211.

¶ Another for the same.

TAke a good quantitie of Mayderwoort, and stampe it, and seeth it in fresh Butter, and straine it, and let the place grieued be annointed therewith, and it will cure it.

CHAP. 212.

¶ A medicine to take away a heate or burning with Gunpowder.

TAke a good quantitie of Housleeke, and stampe it and wring out the iuice cleane: then take the whites of 5. or 6. new laide Eges, and beate them in a dish vntill they be thin, and then take the scumme of of it, and put the iuice and them together, and then wash the sore place with a linnen cloth, and then lay the same cloth aleft vpon the sore wet. CHAP. 213.

¶ Another Medicine for burning or scaulding.

TAke eyther black or gray Sope, and lay it immediatly to the place which is burned or scauded, and it will speadily help it. Probatum est. CHAP. 214.

¶ Another for the same.

TAke a good handfull of Auans, and as much Barpes Doung, and fry them in May-butter, and straine it, and let the Patient aneipt the place grieued, with a little of the same liquor, (the same being colde) twice or thrice a day, (but let the annointed first eyther with gray or black Sope) and let the Dyntment be spread vpon a fine flaxen cloth if it may be gotten, and this will cure the sore very speadily. Probatum est.

CHAP. 215.

¶ A Medicine for burning or scaulding in any place whersoeuer.

TAke the whit of an Egge, and put it into a Pewter dish, and then labour it with an Allom stone vntil you perceiue it to be like vnto a Poslet curde: then take a pace of fine linnen cloath, and wet it in Oyle Oliffe, or in some other Oyle: then lay the said cloth vpon the sore, and aboue it lay the curde before recited, mixt of the white of the Egge, and that will both driue out the fire and heale the sore.

CHAP. 216.

¶ Another for the same.

TAke 4. Egs and roſt them, and then take the yolks out of them and fry them in a pan ſoftly vpon the embers til they be black and thereof will come an Oyle (which you muſt put into a Gallipot to be kept ſafe) and when you will vſe it, take a Feather, and anoint the ſore therewith. CHAP. 217.

¶ A good Medicine for a burning, for want of other things.

TAke Berries of an Elder tree, and ſtamp them, and lay them to the place grieued, and this will eaſe it greatly.

CHAP. 218.

¶ Another for the ſame.

TAke Oyle Oliffe, and beate it with faire water vntill it be very white: and then anoint the place grieued therewith, and it will very ſpeedily cure it. CHAP. 219

¶ Another approued Medicine for any burning or ſcaulding.

TAke 12. Eggs and let them be as new laid as may be, and then lay them in the fire and roſte them hard: then take the yolks: and chop them ſmall, and put them into an Earthen pot, and ſet it ouer the fire, and ſtir it with a ſtick, and let it boyle vntill you ſee it conſumed almoſt to nothing: Then take it and ſet it to ſtand in the ayre for a quarter of an houre, or more, and there will come an Oyle thereof. then take a feather and annoint the ſore with the ſame Oyle, and then take leaues of Harts-tongue, and lay them on the ſore, and binde a linnen cloth thereon, and this will gather skinne againe.

CHAP. 220.

¶ Another for the ſame.

TAke a Hen Egge, and roſte it vntill it be hard, and then take the yolke forth of it, and bruiſe it with a little freſh Butter that is cleane without ſalt, and anoint the place grieued therewith, and it helpeth.

CHAP. 221.

¶ another for the ſame.

TAke Wax and Roſin, of eyth of them a pound, and halfe a pound of May-butter, and boyle them well togither, (but it muſt be continually ſtirred all the time that it doth boyle) and then coole it againe, and then make a plaiſter thereof, and apply it to the ſore, and it will ſpeedily helpe it. Probatum eſt.

Chap. 222.

CHAP. 223.

¶ A very good Medicine for any burning with fire.

TAke black Varniſh, and with a Feather anoint the place wel that is burned, and it will aſſwage the heate therof, and will heale it as faire as euer any other medicine can, but let the part be grieued bee it continually vntill he be perfect hole. This hath bin truely proued.

CHAP. 224.

¶ An approued Medicine for any manner of burning or ſcaulding, beat with fire, Oyle, or with Gunpowder.

TAke Salt diſſolued with Water, or elſe Brine, and the ſtrength of the ſame will take away both the paine and the heate, of any burning, and eſpecially if it be bathed with linnen clothes wet, or dipped in the ſame, and afterwards applyed to the place which is burned or ſcaulded, and this will helpe it preſently.

Cankers.

CHAP. 224.

An excellent Medicine to kill a Canker in any part of mans body.

TAke a good quantitie of Roch Allom, (as it is in the barrell) and as much wheaten Flower, and of Hunny and Vinegar of euery of them a like quantitie, and mingle them together, and make a plaiſter therof, and lay it to the place grieued and ſuffer it remaine for the ſpace of 12. houres, and then take it away, and put on a new one in the place, and ſo vſe this for the ſpace of 3 or 4 dayes together, and it heale it will without all doubt.

CHAP. 225.

Another excellent good Medicine for a Canker.

TAke ground Iuie, Plantine, penyroyall, Woodbine, Daiſies, Roſemarie, Feuerfew, Sage, Lauender ſpike, and Hearbgrace, of euery of them a like quantitie, and two ſpoonefulls of white wine Vinegar, ſtampe and ſtraine all theſe together, and then take Hunny and wheaten Flower, of euery of them one ſpoonful, and mingle them with the iuice of the ſame hearbes, and let it be well

well stirred about, and then make a plaister thereof, and lay it colde to the place grieued, and it helpeth. Probatum est.

CHAP. 226.

¶ An approued Medicine to kill the Canker.

TAke a good quantitie of the Barke of a Slo-tree, and chop it very small, and boyle them in a little fatre running Water, and let it boyle vntill it be black, and then temper it with a little Rie-meale, and a little Hunny, and so make a plaister thereof, and lay it to the sore, and it will spedily cure it, in whatsoeuer part of the body it bein. CHAP. 227.

¶ An other for the same.

TAke a good quantitie of fine Wheaten Flower, and of new Milke, Tarre and Coleworts, as much as you shall thinke conuenient, and then boyle them all togither, and make a plaister thereof, and lay it to the place grieued, and it will presently help you. probatum est. CHAP. 228.

¶ A maruellous good Water to kill the Canker and scurfe in the mouth.

TAke a quart of Whit wine, and Selondine, Red Sage, Rosemarie stripped, Hisop and Woodbine-leaues, ech of them a handfull, and boyle them in the whits Wine, vntill the one halfe of it be consumed: then straine it, and wring forth the iuice cleane, and then take halfe an ounce of Allum, a quarter of an ounce of whit Coporas, and two or three spoonefulls of Hunny, and mingle it with the iuice aforesaid, and set it on the fire againe, and so let it seeth a little while, and then take it off, and straine it againe, and then put it into a Viall, and when the partie grieued will vse it let him wash the Canker with this water (being made luke-warme) two or three times euery day, eyther with a fine linnen cloth vpon ones finger end, or else vpon a sticks end, if it may not otherwise conueniently be come at. This hath holpen many.

Note, that after the patient hath well washed his mouth therewith, he must take a little Sandphere being beaten to fine powder, and (the patients mouth being opened with a Quill, or a Reed, blow a little of the same powder vpon the sore.

Also this water will in a short space heale any olde sore, the same being washed often therewith, and a fine linnen Cloth

bin-

dipped therein and laid vpon the sore.

CHAP. 229.

¶ An excellent good remedy for the Canker in the mouth.

TAke Peny-royall, Red Fennell, Red Sage, Rosemarie rope, and Mayden-hayre, of eth of them a good handfull, and a little Hisop, boyle these together in a quart of white Wine, and put thereto as much as two Walnuts of Roch Allum, and as much Hunny as will make it sweet: then take it and straine it through a fine cloth, and let the Patient wash his mouth often therewith, and it will helpe him. probatum est.

CHAP. 230.

¶ Another for the same.

TAke a good spoonefull of English Hunny, and a good quantitie of Roch Allum burnt in a fire-shouell as white as Chanike, (made to fine powder) and mingle it with the Hunny, and stir it well with a sticke: then take a fine linnen cloth and wrap it about the end of the sticke, or some other instrument made for that purpose, and so dresse the Patients mouth well therewith, and this will cure it. Probatum est.

CHAP. 231.

¶ An excellent good Medicine, for any manner of Canker, Vlcer, or for the disease called *Noli me tangere*.

TAke 3 ounces of Vnguentum album, and of the iuice of Plantine and Nightshade, of eyther of them the quantitie of halfe an ounce, and the weight of halfe an English crowne of Tuttie, mingle all these together, and make an Oyntment thereof, and let the place grieued be annointed therewith, and this will heale it.

Note also, that this disease (called Noli me tangere) happeneth oftentimes in the Nose, or about the face, and it beginneth oftentimes in similitude of a small round kernell or knob, and it causeth great paine, and if it be declining towards a pale and leady couloar, the ready poo iudge that the disease is very dangerous: notwithstanding it is good to vse the Oyntment before expressed.

Chap. 232.

¶ A good Medicine for a Canker in the mouth, (both white and red,) the white Canker will breake out, and the red will not.

Take two handfulls of Woodbine-leaues, and a handfull of Sage, chop them very fine, and stamp them small in a morter: Then take two spoonefulls of Hunny, and as much Rochallum as halfe an Egge, and a quart of faire running Water, and boyle them al togither vntill they be thicke, and then straine them through a fine linnen cloth, and put the liquor into a faire Earthen pot, and couer it very close: and when occasion serueth for vse thereof, let the Patient anoint his gummes therewith, (within his mouth on the fore side) or else if neede require, let him anoint all his mouth therewith: and if it be a whit Canker, then anoint the vtter side of his mouth, and then wet a cloth in the liquor, and lay it thereunto, on the out side of the fore, and to let him vse this 3. or 4. times a day, (but when he is dressed let him alwayes lay his face to a warme Chafingdish of coales, and then he shall perceiue the water come forth of his mouth abundantly) But if the Canker be in the hole, or in any place where it can not be touched, the spent out some of the same liquor with a quill or searing, and it will heale him in a short space.

This liquor will be kept well 21. dayes in his vertue, and no more. This hath bin often proued.

This Medicine is also good for sore lippes, sore legges, or for any other sores.

Chap. 233.

¶ An excellent remedy for a Canker in the mouth or throate: and also to wash the teeth that be hollow and stinke.

Take a good quantitie of Red Sage, and 12. crops of Rosemarie, and a like quantitie of Hunny-suckles, wilde Dayses and Sinkfoyle, and boyle them al togither in a pinte of fayre running Water, vntill it be halfe consumed: Then take a little Moch Allom, and burne it to powder, and halfe a spoonefull of Hunny and put thereto, and then straine it through a fine linnen cloth, and when it is colde, put it into some glasse or else an earthen vessell that may be stopped close, and let the Patient wash his mouth often therewith, and it will helpe him in a short time.

Chap. 234.

CHAP. 234.

A good Medicine for a Canker in the Mouth.

TAke white wine Vinegar, and Hunny, of each of them a like quantitie, and boyle them al together with a little Roch Allom, and let the Patient wash his mouth therewith as often as he shall thinke requisite, and this will cure him.

Also the iuice of Plantine, Vinegar and Rose water mixed together is exceeding good for a Canker or stinking breath.

CHAP. 235.

¶ A good Medicine to dry vp a Canker and to stay it.

TAke the iuice of Woodbine, and iuice of Marigolds, of each of them a like quantitie, and a iuste quantitie of Hunny, and of powder of Camomill, and powder of Coporace, and powder of white Sage, of each of them as much (burnt and mingled altogether) and lay them on the place where the Canker is, and it will dry it vp. But to flea the Canker: take a red Onion, and lay it thereon, and it will both flea and cure it.

CHAP. 236.

¶ A very good Medicine for a Canker, or other disease in the Gummes or Throte.

TAke Plantine and Hunny-suckles, of each of them a handfull, an ounce of Daisie-leaues, halfe a handfull of Sage, and quart of faire running Water, and boyle all these together, until the one halfe be consumed: then put therein 5. or 6. spoonefuls of sharpe Vinegar, 5. or 6. spoonefuls of Store Hunny, and of Roch Allum as a Walnut, and then straine it through a fine linnen Cloth, and then let the Patient wash his Mouth, Gummes or Throate, well therewith, and it will cure him.

CHAP. 237.

¶ A medicine to cure any Canker in the Mouth.

TAke a Flower-de-luce Roote, and wash it and slice it, and a few leaues of Peny-royall, and lay them to steepe in faire Running Water, for the space of a whole day: then take some of the same Water and wash the Patients mouth therewith, and in often vsing of it, it will helpe him. CHAP. 238.

¶ Another for the same.

TAke Vinegar, Rose water, and iuice of Plantine, and mingle them together, and let the Patient vse to wash his Mouth of

sentimes with the same, and it will helpe him.

CHAP. 239.

¶ Another for the same.

TAke Juice of Woodbine, and Plantine, and a little Roch allum, Rosewater, and white wine Vinegar, and mingle them together, and let the Patient wash his mouth well therewith and it will helpe him in a short space. Probatum est.

CHAP. 240.

¶ A very good Medicine for a Canker or a sore mouth.

TAke Sage and Hunny-suckle leaues, of ech of them a handfull, and a pretty quantitie of Rosemarie, and as much Roch-Allum, as halfe a Mallum, and a spoonefull of Hunny, and boile them altogither in a quart of faire cunning Water, and let them boyle for a good space, and then straine it into a glasse, and then let the patient wash his mouth therewith, both Morning and euening, as long as he shall finde himselfe grieued, and this will doe him much good. This hath bin vsed by Tho. Sefolde,

CHAP. 241.

¶ A good Water for to clense the Mouth, and to fasten the teeth.

TAke Woodbine leaues and Sage, of ech of them a handfull, and a spoonefull of pure English Hunny, and a peece of Allum as big as a good Mallnut: boyle all these togither in a quart of faire cunning Water, and let it boyle vntill the one halfe be consumed, and then straine the same through a fine linnen cloth, and let the Patient wash his mouth 3 or 4 times a day therewith, (lukewarme) and this will clense his mouth of any corruption that will abide therein, after any Canker or other disease.

CHAP. 242.

Chylde-byrth.

Chap. 242.

A speedy remedy for a Woman in labour being in danger of life.

TAke Amber, Iet, and of the Barke of Cassia Fistula, the waight of two pence of ech of them, and beate them into fine powder, and giue it to the woman to drinke in an Ale-berry, but let her loke that her Midwife be very carefull and diligent in attendance.

Chap. 243.

¶ An other for the same.

TAke a Date-stone and grate it to powder, and giue the woman that trauaileth to drinke with wine, and (God willing) she shall be deliuered aliue without any danger. This hath bin proued.

Chap. 244.

¶ An excellent good Medicine for a woman labouring with Child

TAke Mugwoort and seth it very well in faire Running Water, and plaister it as hot as possibly it may be suffred, both to the Mamill and Thighes of the woman labouring with Childe, and this will prouoke speedy deliuerie of Childe-byrth and after burden without any perill. But it must not be suffred to continue ouer long to any part of her body, for if it doe, it will cause the Matrix to follow. This hath bin proued.

Chap. 245.

¶ An other for the same.

TAke Hyssop, Vervaine and Betony, of ech of them a handfull, and stamp them very small with faire Ale, and straine it and

wring forth the iuice thereof, and let the woman that trauayleth drinke a good draught of it, and it will helpe her greatly without any daunger at all. This hath bin proued.

CHAP. 246.

¶ An other for the same.

TAke Betony and drinke it eyther with wine or water, and it will cause a woman spedily to be deliuered, and very easily: yea and though the Child be dead or turned contrary to the right course, also it bringeth forth the after-byrth. Also some do affirme that Peny-royall will worke the like effect.

CHAP. 247.

¶ An other present remedy for a woman that trauayleth with Childe, to helpe her to a speedy and good deliuerance.

TAke Polipodium, (otherwise called Okefearne) and stampe it very well, and make a plaister thereof, and apply it to the fete of the woman that trauaileth with Childe, and this causeth a spedy byrth of the Childe, eyther aliue or dead. This is a marueious good secret, and hath bin truely proued.

CHAP. 248.

¶ An other excellent good Medicine to be giuen to a Woman labouring in Childebyrth, for to cause her to haue a speedy and easie deliuerance.

TAke as much Mirh as the quantitie of a Wallnut, and temper it well with Wine, and giue it the woman to drinke warme, and this will cause her to haue speedy deliuerie eyther quicke or dead. probatum est.

Chincough.

CHAP. 249.

¶ A very good Medicine for the Chincough.

TAke Bores-grease, and warme the fete of the Patient to the fire, and chafe and rub them with the same Grease: and when you thinke that you haue rubbed and chafed them inough, let him goe to bed, and there let him be kept very warme, and let there

beclothes inough laid to his face. This may be vſed to little children, and it will helpe them. CHAP 250.

¶ Another for the ſame.

TAke a Mouſe and flea it, and dry it in an Oven, and beate it to powder, and let the partie grieued drinke it in Ale, and it will helpe him. This is alſo good for them that cannot hold their water. probatum eſt. p. M. Ieruois.

Cough.

CHAP. 251.

¶ An approued Medicine for a Cough.

TAke 3. or 4. Figges and roſte them well, and put them in a cup of Beere, and put therein a little Licquorice and Annis-ſeede beaten to powder, and ſet it to ſtand by the fire vntill it be warme: then take out the Figges and eate them, and when you goe to bed drinke vp the drink alſo, and couer your ſelfe warme: vſe this for the ſpace of 4 or 5. dayes togither, and it will breake the Cough. This hath bin proued.

CHAP. 252.

¶ A very good Medicine for a Cough or Stitch.

TAke a quart of Malmſie, Annis-ſeedes and vnſet Hiſop of eche of them a handfull, a Licquorice ſticke or two drawen, and halfe a two penny diſh of ſweet Butter ſeeth all theſe togither till they be thick, and then take and ſpread the ſame vpon a Toſt of fine wheaten Bread, and put it within a fine linnen Cloth, and lay it to your ſtomache as hot as you may ſuffer it: but if you will vſe it for a ſtitch, the Butter muſt be left out of it.

CHAP. 253.

¶ A very good Medicine for a Cough, and to cauſe one to auoide Fleagme from the ſtomacke.

TAke a quart of ſtale Ale, and a handfull of Gooſe meate, (as ſhe muſe called Hayreſe) and a good quantitie of Licquorice pared, and a pretty quantitie of ſmall Reiſons, and boyle them

all

altogither, vntill the one halfe be consumed, and then let the patient drinke thereof, both first and last.

CHAP. 254.

¶ An excellent good drinke to breake the Cough.

TAke two pennyworth of Liequorice, and let it to soke in faire running Water, and so let it stand for the space of 24. houres, and then let the Patient drinke a good draught of it when he goeth to bed, as hot as he can drinke it, and then let there be a hot Boorde, or a logget of Wood, laide (as hot as may be suffred) to the soles of his feete when he goeth to bed, to prouoke him to sweate if he can, and so in the morning doe the like againe, and doubtles within three dayes he shall be well. Probatum est.

CHAP. 255

¶ A Medicine for the Cough and straightnes of the Pipes.

TAke dry Figges and Hisop, and stamp them well together, and boyle them with Hunny, and let the Patient vse to drinke it fasting, and it will helpe him. Probatum est.

CHAP. 256.

¶ An excellent good approued Medicine for an extreame Cough

TAke Fennell-roottes cleane washen, and Annis-seedes, of eche of them a like quantitie, and a little Liequorice, and seeth them altogither in whit Wine, and then straine it, and put it into an Earthen pot, and stop it close, and when you goe to bed, drinke a good draught thereof, and the next morning take a Fig and a Date and rosse them, and then eate them as hot as you can: and when you haue so done, forbeare eating and drinking for the space of two or three houres after, and in 3. or 4. dayes you shall be well.

CHAP. 257.

¶ An other for the same.

TAke Hore-hound, and Hisop, of eche of them a like quantitie, and a little Water and Suger, and boyle them togither, vntill they be become a Syrop, and so vse to eate this morning and euening, and at all other times when you shall thinke conuenient, and this will breake the Cough. probatum est.

CHAP. 258.

¶ an other for the same.

TAke a losse of Bread, and make it very hot and browne, and put as much Sallet Oyle on both sides thereof, as the bread will

will receiue, and eate it: vse this both morning and euening, and it will doe him much good.

CHAP. 259.

¶ An other for the same.

TAke a little of the Roote of Elecompanæ, Reysons of the Sun, and Figs, & cut them in smal pieces, & Annis-seeds, Hisop, Licquorice, and Hore-hound, of ech of them a like quantitie: Boyle all thiese togither in faire running Water, and then straine it and drinke it euery morning fasting, for the space of 3. or 4. dayes togither, and it will helpe you. CHAP. 260.

¶ An other for the same.

TAke Barrowes Grease, or Bores grease, and 4. or 5. Cloues of Garlicke, and stamp them altogither, and when the Patient is going to bed, let him warme his feete to the fire, and anneint them with the same Oyntment, and when he is in bed, let him haue a hot Trencher laide to the soles of his feete, as hot as possibly he may abide it, and let him haue warme clothes put thereto, to keepe in the heate and this will helpe him.

CHAP. 261.

A very good Medicine for the Cough and to breake the Fleagme

TAke a pottle of pure Muskadine, and a quart of Hisop water distilled, and 5. or 6. good Races of Case Ginger, pare of the rind from them very cleane, and then slice them: then take as much Licquorice as you haue Ginger, and pare it likewise: then take two good handfulls of Suger-candie grosly bruised, and mix all thiese togither, and put them into a Glasse, and shake it often, and stop it close, and then let it stand for the space of 24 houres, and then let the patient drinke thereof as often as he shall think good, or as necessitie of the cause shal require.

CHAP. 262.

¶ An other Medicine for the Cough, and to dry vp the Rhewme and Fleagme.

TAke two or three penyworth of Cloues and Mace, a handfull of Bay Salt dryed at the fire, a handfull of Cummin and a handfull of Sage, take all thiese and beate them well togither, and then put them into a linnen bagge (made for that purpose, of the length and breadth of a mans hand, and let it be quilted) and put it to the moulde of the head of the Patient, and let him take it of

euery morning vntill euening, and warme it well, and lay it to the same place againe, and he shall finde great ease thereby. probatum est.

CHAP. 263.

¶ A good Medicine for the Cough, and wheesing of the pipes and Nose.

TAke an ounce of Cale Ginger, beaten to fine powder, and an ounce of Elicompane rootes dryed and beaten to powder: then take a pound of Suger-candie beaten somewhat fine, halfe a pound of Liequorice, and halfe a pound of Annis-seedes, (and let them be both well searsed) and then mingle all the things before specified together, and then put the same powder into a boxe or Bladder, and when you goe to bed, eate a spoonefull thereof, and as much in the morning fasting, and it will help you in a short space.

CHAP. 264.

¶ An excellent good Medicine for the Cough, and for the stopping of the breste and also to open the pipes, and to auoide Corruption.

TAke Rootes of Elicompane, and Radish rootes, and dryed them small, and of Peare-wardens, twice as much as of both the others: then put them all together in an Earthen Pot, and put as much clarified Hunny thereto as will make it ready to ouer-flow the said ingredience, and then couer it hot, and stop it close that no breath may issue forth of it, and let it in an Ouen, and bake it with a batch of bread, and when creation ceaseth, let the Patient take a spoonefull thereof euery morning and euening, first and last, and it will helpe him.

CHAP. 265.

¶ A good powder for a Cough.

TAke 9. peny waight of fine Cale Ginger beaten small, and 18. peny waight of powder made of the rootes of Elicompane, and mixt with an ounce of Liequorice beaten to powder, and two ounces of Annis-seedes likewise beaten to powder, and 3. ounces of Suger-candie, mingle all these together, and make a powder thereof, and then put it in a Box, and let the Patient take it at his pleasure.

CHAP. 266.

¶ A perfect good Syrop for a Cough.

TAke halfe a pound of white Suger-candie, halfe a pinte of Rose-water, a spoonefull of Annis-seedes, a pinte or more of Hisop water,

water, and a good quantitie of Licquorice cleane pared and brused: Boyle all thiese together, untill you see it come to a Syrop, then straine it through a fine linnen Cloth, and put it into a Glasse, and so vse it when you shall thinke conuenient.

¶ Cough of the Lungs.

CHAP. 267.

¶ A soueraigne Medicine for the Cough of the Lungs.

TAke a handfull of Reysons of the Sunne, and let them be cleane washed and the stones picked out, and a peny worth of Mayden-hayre, halfe a spoonfull or more of Annis-seedes brused small, 10. or 12 Figgs, halfe a pound or somewhat more of Portugall Suger, and three pintes of faire running Water: Boyle all thiese togither vntil the one halfe be consumed away: thē straine it through a fine Cloth, and euery morning drinke two spoonfulls thereof luke warme, and you shall finde present remedy thereby. Probatum est. p. M. Baker.

CHAP. 268.

¶ An other for the same.

TAke halfe a pound of the finest Suger that may be gotten, and a good quantitie of Annis-seedes, and Licquorice, and two handfulls of great Reysons, and let the stones be cleane picked out, two peny worth of Mayden-hayre, a gallon of faire running Water, and a pound of Figgs: Boyle all thiese togither vntill the one halfe be consumed, and then straine it into a cleane earthen pot, and when you will vse it take a little thereof at a time and put into a Cup or Truce to warme, and so drinke it both Morning and euening, or at any other times as you shall thinke good.

CHAP. 269.

TAke a pound of Elicompanæ rootes that are young, of Semetrach, Mayden-hayre, Ana. 1. 5. (the same being new gathered) and scrape the Elicomponæ Rootes cleane, and cut them into small pieces: and then boyle them in fine pintes of faire run-

ning Water, and let it boyle untill it come to a pint and an halfe and then straine them, and then put to it the quantitie of 3. quarters of a pound of fine Suger, and boyle it againe, untill it come to the quantitie of three quarters of a pinte: then take two or three Yolkes of new laid Eggs, and beate them very well and put them therein, and let them boyle togither for the space of halfe a quarter of an houre: then take it of the fire, and when the Patient will vse it, let him take a spoonefull at a time thrice a day, (Viz) one in the morning, and an other in the euening, and let the Patient lye vpon his Backe for the space of an houre after he hath receiued it, and let him vse this for the space of 5. or 6. dayes (keeping himselfe very warme) and it will helpe the greatest Cough that is. Probatum est.

Colde.

Chap. 270

¶ A very good Medicine for the Colde.

Take a pottle of Ale, and scum it very cleane, and then take Hisop, and Peny-royall, of ech of them halfe a handfull, Annis-seede and Licquorice, of ech of them 1 ounce, 3 peny worth of Case Ginger, and 6. or 7 Figs slyced, (if the Figs doe not make it swéet inough, then put a little fine Suger, and the Licquorice and Ginger must be slyced, and the Annis-seedes bruised) and then boyle it on the fire, untill the one halfe be consumed: then take it of, and straine it through a fine linnen cloth into some Glasse or earthen pot, where it may be kept close: then let the Patient drinke thereof both Morning and Euening, for the space of 5. or 6. dayes togither, and he shall finde great ease thereby. Probatum est.

Chap. 271.

¶ Another for the same.

Take Hisop, Rosemarie, and Raddish Roots, of ech of them a like quantitie, and seeth them in a pottle of whit Wine, untill the one halfe be consumed: then take it from the fire, and seperate the hearbes from the liquor, and then put the hearbs into a mor-

morter, and stampe them very well and straine them, and then put the liquor into the pot againe, and put thereto a pint of English Hunny, and boyle it and scum it cleane: then take a little May-butter, (if it may be gotten) and clarifie it, and put it into the licquor, and then let it seeth a litle space after, and thē straine it againe through a fine linnen cloth, and put the liquor into a glasse, or some other cleane Vessell, and let the Patient drinke 7. or 8. spoonefulls thereof at a time with stale Ale, both Morning and Euening, and let him vse it in this sort vntil he be wel. probatum est.

CHAP. 272.

A Medicine for the stopping of the Nose and head, which commeth by taking of colde, eyther in the feete, or otherwise.

TAke a good quantitie of the iuice of Primrose, and blow it with a Quill into the Patients Nose, and let him keeps himselfe warme after it, and it will cleare both his head and nose.

CHAP. 273.

¶ A very good drinke for the colde, and to open the pipes.

TAke Endiue Succory, Parsly, Fennell, Buttage, Hisop, Time, Peny-royall, Germounder and Neepe: of eed of them a good quantitie, and boyle them all togither in a pottle of faire running Water, and let it boyle vntill the one halfe be consumed, and then straine it, and put into it two spoonfulls of good wine Vinegar, and 3. or 4. ounces of fine Suger to sweeten it, and so let the Patient drinke euery morning and euening for the space of 3. dayes togither, a good draught thereof, and it will helpe him. ꝓb, est.

Choller.

CHAP. 274.

¶ A good Medicine to cause one to avoide Choller.

TAke fiue or fixe Dock-rootes, and wash them very cleane, and take forth the pyth of them, then take a few sops of Red Mints, and a little Wormwood, and steepe them in a quart of Ale or white Wine, for the space of one Night, and let the Patient

drinke halfe a pint thereof at a draught, and let him vse this for the space of 6. or 7. dayes together, and it will both cause him to vomit vp Choller, and clense the body in all parts: but it must be taken betwixt the first day of March, and the last of June, and perhaps it will cause him to haue 3. or 4. stoles. This hath bin truely proued.

CHAP. 275.

¶ A maruelous good Medicine to cause one to auoide aboundance of Choller.

TAke halfe an ounce of Cassia which is newly drawne, and a dram of good Rubarbe, and let them be infused for the space of a night, with water of Endiue, and a little Spikenarde, and an ounce of Sirop, of Violets: then take them and mingle them altogither, with the quantitie of 3. or 4. ounces of Whay and let the Patient drinke it warme, and this will cause him to auoyde much Choller. Probatum est.

CHAP. 276.

¶ An other good Medicine for the purging of Choller.

TAke of Coloquintida the inward part of 3. ounces, of Polipodie of the Oke (otherwise called Oke-fearne) 3. ounces, and let it be cleane washed: then take Ox-gall ℥. 1. and as much Hunny as you shall thinke good: mingle all thiese togither, and boyle them, and let the Patient vse it often, and it will doe him much good.

Cramp.

CHAP. 277.

¶ A present remedy for the Crampe.

TAke Oyle of Violets, Holy-hocke, and Swines Grease, of ech of them a like quantitie, and make an Oyntment thereof, and let the partie grieued annoint the place very well therewith where the griefe is, and doubtles this will in a short space help him. This hath bin oftentimes truely proued and found true.

CHAP. 278.

¶ An other for the same.

TAke Pionie-rootes and beate them to powder, and then make a little bag of silke or linnen cloth, and put the powder therein, and hang it about the patients neck, and let him vse to smell often thereto, and it will helpe him.

CHAP. 279.

¶ A very good Medicine for the Cramp, and for the sounding and shaking of the Heart, which commeth thereby.

TAke a quarter of a pint of whit wine Vinegar, and a handfull of bay Salt (if it may be gotten) or else whit Salt, and temper them well together: then take a peece of new woollen Cloath and steepe it therein, and lay it to the pulses of the patient, and it will helpe him, or at least wise, he shall finde great ease thereby.

CHAP. 280.

¶ An other for the same.

TAke the little bone that is in the knee pan of the hinder legge of an Hare, and touch the place grieued therewith, and it will speedily helpe the Cramp.

CHAP. 281.

¶ Another for the same.

TAke Camphire, Rose-water, and a little Saffron, and mingle them altogether, and let the partie grieued with his hands and pulses often therewith, and so smell to them often, and this will doe him much good.

CHAP. 282.

¶ An other for the same.

TAke Nutmegs, Cloues, Cynamon and Saffron, of each of them halfe an vnce, and mingle them with a little Rose-Vinegar, and make a plaister thereof, and lay it to the pulses of the Patient, and it will helpe him, probatum est.

Cornes.

CHAP. 283.

¶ An excellent good remedy to take away Cornes in the feete or toes.

TAKE Oysters and open them, and cut out the white pyth that groweth vnto the shelles, and dry it, and make a powder thereof, and when you go to bed, cut your Corne with a sharpe knife, and picke out as much of the Rote as you can: then put some of the same powder into the hole (and if you will, you may adde a little sublimed Mercury, which is to be had at the Apothecaries) and then wrap a linnen cloth about your toe, and it will eate the Corne cleane away. This hath bin proued.

CHAP. 284.

¶ An other for the same.

TAke blacke Sope and Snailes, of eche of them a like quantitie, and stampe them together, and make a plaister thereof, and spread it vpon a peece of fine linnen Cloth, or else vpon a peece of of white Leather, and lay it vpon the Corne, and it will take it cleane away within 7. dayes space.

CHAP. 285.

¶ An other for the same.

TAKE a knife and pare the Corne as neere the quicke as it may be suffred, and then take the inner part of a Figge, and a pretty quantitie of Verdigrease, and mix them both together, and lay the same to the Corne, and binde it fast therevnto with a linnen Cloth, and this will in a short space eate out the rote of the Corne. This hath bin proued by *I. B.*

Chap. 286.

Chap. 286.

An other for the same.

Take Marigoldes stamped, and lay them vpon the sore, both Morning and Euening, and if the Corne be not deepely rooted it will helpe it. Or else pare away the Corne cleane, and lay thereto the quantitie of a peale of Turpentine and red Wax, boiled togither, and this will take away the Corne.

Chap. 287.

¶ An other for the same.

First pare away the Corne, and then take a blacke Snayle and bruse it, and put a drop or two of the iuice thereof into the place grieued, and put thereto a little powder of Sandphere, and it will take away the Corne very spadily.

Chap. 288.

¶ An other for the same.

Pare the Corne cleane away first, as neere as possible it may be suffred, and then take a peece of browne Paper that is cleane and spread thereon a little Yeest (in manner of a plaister) and apply it often to the Corne, and it will take it quite away. This hath bin sufficiently proued.

Chap. 289.

¶ An other for the same.

Take vn-slecht Lime (the Corne being first paren cleane away as aforesaid) and put the quantitie of a peale thereof, into the hole, and couer it with a plaister made of Wax and Rosin mixed togither, and let it continue on the place for the space of 24. houres, and it will presently helpe it.

Chap. 290.

An other for the same.

Take red Wax, Vinegar, and Aquavitæ, and boyle them all togither with two or three Cloues of Garlicke, and when you goe to bed, cut out the Corne with a sharpe knife, and picke out as much of the rote as you can: then take one of the Cloues of Garlicke, and some of the Wax and binde it to your Toe, vse this three or foure times, and it will take away the Corne in such sorte that you shall neuer be troubled therewith againe.

CHAP. 291.

¶ Another for the same.

LEt the party that is grieued with the Cornes take some of the snot or filth that commeth from his owne nose, and spread it vpon a peece of Leather, or else vpon a linnen Cloth, and lay it vpon the Corne, and it will take it quite away.

Collicke and Stone.

CHAP. 292.

¶ A soueraigne Medicine for the Collicke and Stone.

TAke houshould Bread that is made of Wheat that is cleane without Rie or Pulse, and make a Toast therof, and toast it at the fire, and euer as you toast it, cast Malmesie on it: then take Lauender Flowers, and cast them vpon the Toast, and then lay it to the Nauill of the Patient as hot as possibly it may be suffred, and binde it on fast with a linnen Cloth, whereby it may not remoue, and it will helpe it. This hath holpen many: Proued by M. Cox,

CHAP. 293.

Another for the same.

TAke Time, Parsly-rootes and Tops, and Elisaunder-rootes of ech of them halfe a pound, and seth them altogither in a potte of good strong Ale, and let it seth vntill the one halfe thereof be consumed: then straine it, and let the Patient drinke a good draught of it euery morning fasting, and it will ease him very much. probatum est.

CHAP. 294.

An approued Medicine for the Collicke strauguarie and the stone.

TAke Grommel-seede, Parsly-seede, Nettle-seede, Violet leaues, Smallege, Cherry-stones, Philopendula, Elisaunders, Saxifrage, Cummin, Fennel-seede, Annis-seede, Coriander, Sowthistle and Dil-seede, of ech of them a like quantitie: take all thiese and grind them very well in a brasen Morter, and searse them very fine, and put away the greatest thereof: then take the Gum of

Iuy,

Iuy, or else the Berries of Iuy dryed and beaten in powder, and mingle it with the powder of the seeden aforesaid, until the patient drinke the powder, either with whit Wine, or else with Male Ale, or else let it be put into his pottage, and let him vse it first and last for the space of 9. or 10. dayes together, and it will helpe him. Probatum est.

CHAP. 295.

An especiall good Medicine for the Collicke, and for diuers other diseases mentioned in the end of this Chapter following.

TAke Fennell-seede, Spikenarde, Annis-seede, Maces, Nettle-seede, Geat, Saffron, Ginger and Liequorice, of eche of them two peny waight, and three peny waight of Cynamon, and halfe an ounce of Soni, mingle all these together, and make a powder thereof, and when you will vse it, put the quantitie of halfe a a spoonefull of the same at a time, into your Pottel-ale, or into your pottage, and so continue it for the space of 4. or 5. dayes together, and it helpeth. This hath bin truely proued.

This is also good to cure the Stone, Dropsie, Stranguarie, or Iaundise, with diuers other diseases.

CHAP. 296.

¶ A soueraigne Medicine for the Collicke and Stone, and to breake them both.

TAke Parsly-seede, Broome-seede, Grommell-seede, Fennel-seede, Plantine-seede, and Smallage-seede, of eche of them a quarter of an ounce, halfe an ounce of Nutmegs and of the finest Suger that may be gotten 4 ounces: beate all these together in a Morter vntill they are become very fine and small: then searse the powder through a fine Searser, and put as much into your drinke thereof at a time, as the shell of an halle Nut will holde or somewhat more, and so vse to drinke this powder first and last for the space of 3. dayes together either with whit Wine, or else with other drinke lake warme: but if that the paine be extreame then take Oyle of Scorpions mixt with Oyle of Roses, and anoint well the same side where the paine is, against the fire, and the party grieued shall finde great ease thereby. probatum est.

CHAP. 297.

¶ A good drinke to be vsed for the Stone.

TAke Benedict Laxat ℞ 6. and put thereto a quarter of a pinte of whit Wine warme, and let the Patient drinke thereof, and so

so goe to bed and sweate, and let him be couered very warme, and he shall finde great ease thereby.

CHAP. 298.

A good powder to be vsed for the Stone.

TAke the Water of Saxifrage, the Water of Pellitorie, the water of Parsly, the Water of philopendula, and the Water of Smallage, of ech of them ʒ. iij. and mingle them altogither, and put therein Parsly-roots and seedes ana ʒ. and the Roots of Cardus benedictus. ana. ʒ. and put them all in an Ouen, and let them be very well dryed and so make it into powder.

CHAP. 299.

¶ A good glyster to be taken for the Stone.

TAke the Decoction of Mallowes, Pellitorie of the Wall, Cardus benedictus, Coleworts Setrach, Okefearne, and Alkabergi seedes, of ech of them a like quantitie: then take Oyle of Dill, Oyle of Camamill, and Oyle of Lillies, ana. ʒ. j. ʒ. of Hiera simplex ʒ. j. and a little Salt. CHAP. 300.

¶ A Syrop for the Stone.

TAke Endiue Sorrell and Water Lillies, ana ʒ. the waters of Sinke-foyle and Endiue, ana ʒ. mingle al these togither, and giue thereof to the Patient to drinke both Morning and Euening for the space of 8. or 9. dayes, and it will doe him much good.

CHAP. 301.

¶ A very good Medicine for the Collicke and Stone.

TAke Pellitorie that groweth vpon the Wall, ground Iuy, Saxifrage, Mallowes, Auans, parsly, pepper, cheruell, Moule-eare, and red Nettles, and boyle all these togither in a little whay, and clarifie the whay with the whit of an Egge, and let the partie grieued drinke a good draught thereof euery Morning fasting, and it will ease him greatly. CHAP. 302.

¶ An other Medicine for the Collicke and Stone.

TAke Otes, and parch them in a pan as ye do pease, and let the Patient put them in a linnen cloth, and let them to his Nauill, as hot as he may possibly abide it, and by vsing of it often he shall finde great ease CHAP 303.

¶ An other for the same.

TAke a cleane Stone, and make it red hot in the fire, and then take it forth againe, and let it cole vntill the redues be gon: then

then take a penyworth of Saffron, and lay it vpon the stone, and turne it to and fro, vntill it be turned almost to a powder: then take it and temper it well with two spoonefulls of pure Malmsie, and so let the patient drinke the same first and last, and doubtles this will helpe him. CHAP. 304.

¶ Another for the same.

TAke the cuttings of a Vine, and dry them throughly, and when you are disposed to vse them: burne them vpon a tile-stone, or else vpon a cleane earth: then take the Ashes that commeth of the Vine, and mingle them with a pinte of Rennish or white Wine, and let it stand for the space of a night to settle, and the next morning let the partie grieued drinke a good draught thereof fasting, but there must be great heede taken that the Wine and the Ashes be of equall portions. Probatum est.

CHAP. 305.

¶ A good Medicine to be vsed for the collicke and Stone, in manner of a plaister.

TAke Parsly and Smalledge, of each of them an ounce, and two spoonefulls of Capons-grease, and put them into an Earthen vessell, and let one of the spoonfulls of the same grease be put on the top of the Hearbs, and the other in the bottome, and let them boyle on the embers from morning till night, and then stampe and straine them, and having so done, take the same Ointment and spread it vpon a linnen Cloth, and lay it as hot as possibly it may be suffred to the Nauill and bottome of the belly of the party grieued, and it helpeth. probatum est.

CHAP. 206.

¶ Another good Medicine for the Collicke.

TAke a quart of white Wine, and Milke that is new from the Cow, or Goates Milke (if it may be gotten) and make a posset thereof, and scum away the curde cleane, then put into the posset drinke a handfull of Mother of Time, and as much young Parsly, and seeth them therein: then take a penyworth of long Pepper, and bruse it and put it therein, and let the Patient drinke a good draught thereof, first and last, and he shall finde great ease thereby. probatum est.

CHAP. 307.

A good Medicine for a woman that is troubled with the Collicke.

TAke the Buds of Palme when they be flowred in March, and distill them, and let the Patient drinke a good draught of the same water every morning fasting for the space of 3. or 4 dayes together, and it will helpe her. Also Linarge drawne into water is very good for this disease.

CHAP. 308.

¶ A good Medicine for the Stone.

TAke Time and Parsly of ech of them a good handfull, and boile them in whit Wine a good while, and then straine it, and then put therein a good spoonfull of whit Sope, into a good draught of the same wine, and give it the patient to drinke, and it will speedily helpe him. CHAP. 309

¶ An other excellent good Medicine for the Collicke.

TAke a good quantitie of the Leaues of a Lorrell-tree, and dry them and beate them to powder, and put thereto a good quantitie of powder of Nutmegs, and mingle them with fresh Butter, and with a linnen cloth binde it to the Nauill of the party grieued, and the same will doe him much good.

CHAP. 310.

¶ an other for the same.

TAke a handfull of Groundsell and stamp it well in a Morter, and put thereto an ounce of Cummin, and fry them with Sheeps Suet, and stale Ale, and make a plaister thereof, and lay it to the Nauill of the partie grieued as hot as it may be suffred. This hath bin proued. CHAP. 311.

An other approued Medicine for the Collicke and Stone.

TAke philopendula, Scabious, Mouse-eare, and Water-cressets, of ech of them a like quantitie, & the middle rinde of the Barke of an Elder-tree: put all these together into an Ouen that is hot, and dry them well and make a powder of them, and giue the patient a spoonefull thereof at a time, either in posset Ale, or in Ale it selfe warme. CHAP. 312.

¶ An other for the same.

TAke the waight of viij. groates of Cummin, the waight of viij. groates of Galingal, the waight of vi. groates of Bayes, fiue groates waight of long Pepper, the waight of iij. groates of Fennell

nell-seede, the waight of iij. groats of Elisaunder-seede, ij. groats waight of Parsly-seede, and the waight of one groat of English Saffron: beate all thiose to powder in a brasen Morter, and let it be well searsed, and then put thereto a good quantitie of fine Suger, and mingle them well togither, and let the party grieued vse the same powder in his pottage, (the quantitie of halfe a spoonefull at a time) and let him vse this powder in his drink, (as in old Ale or else in whit Wine, but it is best in pottage) and it will helpe him. Probatum est. Chap. 313.

¶ An other for the same.

Take a pottle of whit Wine, that is pure and good, and put it into a pot, and then take two great blew Flint-stones, and let them be as big as they will hardly goe into the pot where the wine is: then cast the stones into the fire where they may be red hot, and take them forth and quench them in the wine which is in the pot, and then take them forth of the pot againe, and put them in the fire againe as aforesaid, and so in like manner the 3. 4. or 5. time, or as often as neede shall require, and vntill the one halfe of the wine be consumed away, and when you see that it is halfe consumed: then set it to stand where it may be wel setled, and then let the partle grieued drinke of it, and let him vse it as he shall thinke good, or that he shall feele any paine, and this wil cure him of the Collick and Stone: For by experience, I know that it did help one M. Tailer of Bristol, that was prisoner in the K. Bench, with diners others.

Chap. 314.

¶ An excellent good and perfect Medicine to cure the Collicke, Stone, and Stranguarie.

Take 5. or 6. Leaues of Lawrell, and stamp them and straine them in Ale, or if they be dry, beate them to powder and put it in Ale, and let the Patient drinke thereof fasting, and let him be kept warme all the same day after in his chamber: for after the receipt thereof, he shall haue 5. or 6. stooles or more. This hearbe groweth in Gardens, and is like Mistletoe, and it hath leaues like vnto the hearbe which is called Missell, which groweth in olde Apple trees and beareth a berry of the bignes of a Wart, and it is commonly giuen Cattell for medicines.

The next day after that the Patient hath taken this Medicine

as aforesaid, make a powder of these things following. (Viz.) Pliolopendula and Saxifrage, of ech of them an ounce, Coriander-seed, Grommell-seede, and Alexander-seede of ech of them halfe an ounce, Ivy berries, Broome-seede, blossomes of Elder-flowers, and berries of Holme, of ech of them an ounce, and the like quantitie of Annis-seede, Fennell-seede, and Oxgall, and halfe an ounce of the Roe of a red Hearing, the Roundes of a Thorneback-fish (which is a round nut which you shall finde within the prickes which stand upon the fishes backe) and Okefearne dryed to powder, of ech of them an ounce: beate all these to powder, and mix them together, and for the space of 6. or 7. dayes following, after the former receipt, let the Patient take a spoonefull of the same powder and temper it with stale Ale, and drinke it every Morning fasting: but he must abstaine from meate and drinke for the space of 4. or 5. houres after the receipt hereof. This hath cured many. CHAP. 315.

¶ A good Medicine for to cure the Collicke and Stone.

TAke Black-berries, Hawes and Acornes, and dry them upon Tiles, then take the powder of them severally, of ech a spoonfull, and searse it fine, and give it the patient in Malmsie, every Morning fasting to drinke, for the space of 5. or 6. dayes together, and it will helpe him. CHAP. 316.

¶ An other for the same.

TAke Time, Parsly-rootes and blades, and Elisaunder-rootes, of ech of them halfe a pound, and seeth them altogether in a potle of Ale untill the one halfe be consumed: then straine it and drink a good draught thereof every morning fasting, and it will ease the party grieued very much. CHAP. 317.

¶ A speedy remedy for the Collicke in the side.

TAke a wooden Dish, and put therein cold Ashes, and set it on the hot embers, without any great coales in them, and thereupon straw a good quantitie of Cummin-seede, and sprinkle it ouer with Malmsie, and so doe still untill the dish be full. then couer the dish with a linnen cloth double, and lay it as hot as you may suffer it to your bare skin, on the same side where the griefe lyeth, and so vse this 4. or 5. times and it will helpe you without all doubt: This hath bin sufficiently proued.

But if you want Cummin-seede, then take Red Sage, Time, Hisop,

Hisop, Camamill and Penyroyall, of ech of them a like quantitie, and vse these as you did the Cummin lately before.

CHAP. 318.

¶ A good Medicine for the Collicke and stitch.

TAke halfe a pound of Sheepes Suet, Ribwort, Red Sage, and Alisaunders, of ech of them a like quantitie, and Grownes of Malmsie, and put thereto, and seeth them altogither, and make a plaister thereof, and apply it to the place grieued, and annoint your selfe with Oyle Oliffe, and Oyle of Balme, both mixt togither, and so vse this 4. or 5. times and it will helpe you.

CHAP. 319.

¶ A speciall Medicine for the Collicke, and for diuers other diseases, mentioned in the end of this Chapter.

TAke Fennell-seede, Spikenarde, Annis-seede, Maces, Nettle-seede, Iet, Saffron, Ginger and Licquorice, of ech of them three peny waight, two peny waight of Cinamon, and halfe an ounce of Seny, mingle all these togither, and make a powder thereof, and when you will vse it, put a spoonefull thereof into some Posset-ale and drinke it, or else put it into your Pottage, and this will doe you exceeding much good.

This is also good to cure the Stone, the Dropsie, the Collicke stranguarie, the Iaundise, and diuers other diseases.

CHAP. 320.

¶ An approued Medicine for the Collicke and Stone.

TAke a Carret-roote and slice it thin, and lay it to steepe in a pint of white Wine, and there let it remaine for the space of two dayes and two nights, and then straine it, and let the Patient drinke thereof both Morning and Euening, and this will helpe him. Probatum est.

CHAP. 321.

¶ An other for the same.

TAke an ounce of Cloues and Mace a handfull of Time, a handfull of Rosemarie, and as much Hisop, and seeth all these in a pottle of white Wine, and let it seeth from a pottle to a quart, then put therein a little Suger, and then drinke the same luke warme, at such time as you be in paine, and when it is well sodden as aforesaid, you must burne it as you doe ordinarily vse to burne other wines.

CHAP. 322.

¶ An other for the same.

TAke as much Camamill, as will lie in the palme of your hand, and of Pellitorie of the Wall, and Auans, ech of them a handfull, and a spoonefull of Parsly-seede a little brused: then make a pottet of Rennish Wine, and let the curbe be cleane scummed of, and then boyle all the things before rehearsed in the same pottet drink till all the substance of them be cleane boyled out, and then vse to drinke this both first and last, and it will helpe you.

CHAP. 323.

¶ An other for the same.

TAke Grommell-seede, parsly-seede and Annis-seede, of ech of them two spoonefulls, græne Fennell, one handfull, 1 parsly-roote, 1 Raddish-roote, (let eyther of them be as long as a finger) vn-set Time, Cherry-stones, and philopendula, of ech of them one handfull: wash all these cleane, and bruse and stampe them togither very small, and then boyle them in a pottle of whit Wine, in an Earthen pot close stopt, and let it boyle vntill a pint thereof be consumed, and then let it runne through a fine linnen cloth without straynig, and let the patient drink a good draught thereof both morning and euening, and this will do him much good.

CHAP. 324.

¶ An other for the same.

TAke a new laid Egge, and put forth all the yolke and white cleane: then take the shell and dry it well vpon a Tyle-stone, and then make a powder thereof, and when occasion serueth, let the patient take a prety quantitie thereof, eyther in Beere or whit Wine, and let him drinke it first and last, or at any other time of the day that he shall thinke meete, and this will eyther breake or consume the stone. probatum est.

CHAP. 325.

¶ An other for the same.

TAke vn-set Leekes, Mallowes, and Pellitory of the wall, of ech of them a like quantitie, and stampe them very well, and put thereunto a peny worth or two of Neates-foote Oyle, and fry them well togither in manner of a plaister, and then put them into a bagge made of linnen cloth, and (the same being hot) lay

it to the belly of the patient, and it will help him in a short space.

Also for the Stone, lay the same to the Reynes of the Backe behinde, and it will speedily ease it. This hath bin sufficiently proued.

¶ Collicke Pasſio.

Chap. 326.

¶ A good powder for to helpe one that hath the Collicke passio.

TAke Carraway-seede, Annis-seede and Fennell-seede, of ech of them halfe an ounce, Galingal Ginger and Cinamon, of ech of them ij drams, Cloues, Mace, and Cardus Benedictus, of ech of them halfe a dram) Setwall 4. or 5. drams, fine Suger eyght ounces: mix all togither, and make a powder thereof, and when you haue occasion to vse it, take the quantitie of an ounce, and put it into your drinke and drink it at all times when you shal think conuenient, and it will doe you exceeding much good.

Winde Collicke.

Chap. 327.

¶ An approued Medicine for the winde Collicke, and for a stitch in the side which commeth by reason of the winde.

TAke Capillis Veneris, Parsly-rootes, and Fennel-rootes, of ech of them a quarter of an ounce, bruise them togither, and let the partie grieued drinke the iuice thereof with whit Wine, and let him drinke it both morning and Euening every day for the space of 4. or 5. dayes togither, and doubtles this will doe him much good.

CHAP. 328.

¶ An other for the same.

TAke a good big Reddish Roote or two, and slice them, and then steepe them in a pint of white Wine, for the space of a night, and when you haue so done, take the rootes forth, and let the Patient drinke the quantitie of halfe a pint thereof at a time, and this will helpe him.

CHAP. 329.

¶ An other for the same.

TAke Sacke and Aquavitæ, of each of them a quarter of an ounce, and put thereto a peece of fine Suger, and let the patient drinke it euery morning fasting, for the space of 5. or 6. dayes together, and it will helpe him, probatum est.

CHAP. 330.

¶ An other for the same.

TAke a pottle of pure Malmsie, that is not mixt with any other Wines, and 4. or 5. spoonefulls of the Pith of Parsly-Rootes, and two handfulls of Violet-leaues, and a dozen of Bay-leaues, seeth all these together vntill the one halfe be consumed: then take it and straine it well through a fine linnen Cloth, and let the Patient Drinke a good draught thereof warme euery Morning and Euening.

CHAP. 331.

¶ An other for the same.

TAke a quart of Ale clarified, and two spoonefuls of the Flower of Liequorice, and a spoonefull of the Flower of Annis-seede, and halfe a spoonefull of Fennell-seede bruised, a little Time, and seeth them altogether vntill it be wasted from a quart to a pint: then straine it through a fine linnen Cloth, and so vse it both Morning and Euening, for the space of 4. or 5. dayes together warme.

CHAP. 332.

Consumption.

Chap. 332.

¶ For one that is in a Consumption.

TAke Aquavitæ and Rosa solis of eyth of them a pottle, a pound of fine Suger, beaten small, halfe a pound of Dates, halfe a pound of Licquorice, tried and beaten small, (put the Aquavitæ and the Rosa solis togither, and let them stand so for the space of three dayes togither, then straine it through a cleane cloth, and then put thereto all the aforesaid spices, and when you will use it take a spoonefull thereof, with a draught of Ale, every Morning and Euening, for the space of 20. dayes, and this will help him.

Chap. 333.

¶ A good Medicine to be vsed for one that is in a Consumption.

TAke a pottle of Rose-water, and as much Goates or Mares Milke if it may be gotten, or else of the Milke of a Cow that is all of one colour, and put therein the number of 50. or 60. Yolkes of Hen Egges that are new laid: temper the Yolkes and the Milke and Rosewater well togither, (but let none of the whites remaine amongst them) and distill a Water thereof, and giue it the Patient to drinke first and last warme, with a Cake or two of Manus Christi, which is made of Golde and Pearles; vse this and he shall finde great comfort by it. This hath holpen many.

Chap. 334.

¶ An other for the same.

TAke a new laid Egge, and let it be reare rosted, and put therein a Cake of Manus Christi, and let it lie therein vntill it be disolued: then let the Patient eate it, and so let him vse this both Morning and Euening for the space of 9. dayes, and it will doe him much good. Probatum est.

CHAP. 335.

¶ A remedy for one that hath a Consumption in the Reynes.

Take a handfull or two of Clary leaues, and pricke them, and 4. or 5. Yolkes of Hen Eggs newly laid: then take Saffron, and dry it vpon a Tile-stone or some such thing, and grinde it very small, and put all these together, and fry them in fresh Butter, and let the Patient eate it first in the Morning, and this will doe him exceeding much good.

CHAP. 336.

An other for the same.

Take a Roote called Hyringus, (it is to be had at the Apothecaries) and vse it euery morning fasting, and it will doe exceeding much good.

CHAP. 337.

¶ An excellent good Ielly to be made and had, for one that is in a Consumption.

Take a Cock or Capon that is new killed, and scauld him and wash him cleane, then take a leg of Veale, and cut away all the fat from it, and let the Gocke and Veale lie in water for the space of 4. or 5. houres, and seeth them together in a gallon of faire Running Water, and as it doth seeth, still scom of the fat, vntill you haue left no fat at all vpon it, and let it seeth continually ouer a soft fire vntill halfe the broth be consumed: then put into it Racke Rennish Wine, or else white Wine, to the quantitie of a pottle, and then let it boyle altogither vntill it be come to a quart, and then put therein the Whites of 4. or 5. new laid Egs, and then clarifie it, and let it run through a Jelly bag, and afterwards set it on the fire againe, and put into it an ounce of Cinamon grose beaten, and a pound of fine Suger, and let it runne through a Jelly bag againe as before 3. or 4. times at the least, and let the patient vse to drinke some of the same warme, and he shall receiue great comfort thereby. This is also good for many other diseases.

CHAP. 338.

¶ A good way to distill a Cocke, which is maruelous good for one that is in a Consumption, or hath any other disease.

Take a red Cocke which is of the age of 4. or 5. yeares, and kil him and dresse him very faire, and deuide him into 4. quarters, and bruise them: then picke out all the fat very cleane: then take halfe a handfull of Red Mints, a handfull of Harts-tongue,

and

and put them into a pot, and couer it close: then put thereto halfe a pint of faire running Water, and as much pure Malmsie, fire crops of Hysop, ʒ. roote of Parsly, ʒ roote of Fennell ʒ roote of Endiue, Reysons of the Sunne and Pruines, of ech of them 15. and 4. or 5. Maces, and let it distill for the space of 12, or 13. houres, and let the pot be close couered with paste, with a platter vnder it, and let the Patient drinke the same fasting.

Drinke, and dyet Drinke.

Chap. 339.

¶ An excellent good dyet Drinke to be vsed for any manner of disease whatsoeuer.

FIRST buy a dyet Pot, and fill it full of faire Running Water, (but let it want the quantitie of a quart of being full) and put therto a quart of whit Wine, and then set the pot ouer a soft fire of coales, and put into the pot, a pound of good Licquorice cleane scraped and cut into smal pieces, and halfe a pound of Annis-seede brused, halfe a pound of Lignum vitæ, (it is to be had at the Turners) and an ounce of the Barke of the same Tree, which is to be had at the Apothecaries: then let all these boyle togither for the space of two houres, or vntill you see a good part of the licquor consumed: then straine it into some earthen vessell that is cleane, and keepe it close, and drinke a good draught thereof warme both first and last.

Chap. 340.

¶ An other excellent good and pretious drinke, seruing for diuers and sundry diseases, as appeareth in the end of this Chapter.

TAke a good quantitie of Rosemarie (when it hath the full sap in it) and bruse it a little in a Morter, and put it in an Ipocras bagge, or else into some linnen cloth, or into a boulter: then put it into some whit Muske Wine, or else into some Rennish

nish Wine, and tye to the bagge of Rosemarie a stone, whereby it may sinke into the bottome of the vessell, and let it remaine there for the space of 3. or 4 dayes: then take it forth, and put it into a Dyet Pot, with a gallon of the same white or Rennish wine, and set it upon the fire to seeth, and the scum it very cleane, and when it is halfe consumed away with boyling, put it into an Ale-pot, or else into a glasse that is made for that purpose, with a hole in it, within an inch of the bottome, that you may put a Quill or Cock therein to draw forth the Wine by from the lies: then put this Wine into a cleane vessell againe, and stop it very close, (but drinke none of it vntill it be a Moneth olde, then drinke it out of the Quill or Cocke) and take heede that you doe not stirre it for troubling of it, but that it may be cleere Wine when you drinke it, and when you will vse it, take a good glasse full euery morning fasting, and as much in the Euening.

This before rehearsed is called *Vinum Rosemarium*, and it is good for all the defects of Women, whereof conception is hindred: also it cureth the trembling of the Heart: it helpeth the Cough: it restoreth Appetite: it comforteth the Heart: it causeth easie fetching of breath: the face being washed therewith, it maketh faire: it doth purifie the bloud: and it is also good to wash any Wound or sore, besides many other vertues that it hath.

Chap. 341.

¶ A most excellent good and holesome wine made of Sage, for to be drunke at all times, if you wash your mouth therewith, it will helpe the Tooth-ach and paines of the Gummes: it is also good for the palsie, it cureth the Cramp, it helpeth those that be Lunaticke, it restoreth Sinewes that be shrunke, it expelleth ill humours out of the body, and it is good against the Plague, or Pestilence.

TAke a good quantitie of Sage both white and red, and boile it very well in new white Muskadine, and then straine it through a fine linnen cloth, and with a Funnell put it into a glasse and stop it very close, and when the Patient will vse it, let him drinke a good quantitie thereof, both Morning and Euening for a certaine space and according to the griefe wherewith he is troubled, and this will perfectly and speedily heale all the

the diſeaſes aboue rehearſed. This hath bin proued.

CHAP. 342.

¶ A maruellous good drinke to be drunke for the Dropſie, and to heale all manner of ſwellings, Leproſie, and ſpots, and it will alſo increaſe great ſtore of milke in womens breaſts.

TAke of whit Muſke Wine, what quantitie you ſhall thinke good your ſelfe, and put therin a good quantitie of Fennel with ſome of the Seede thereof, and ſome of the Rootes cleane picked and waſhed, and the pyth of them cleane taken forth: ſeth all theſe togither in the aforeſaid Wine, vntill the one halfe of it be conſumed away, then ſtraine it through a Filter (otherwiſe called an Ypocras bagge) into a Glaſſe, and then ſtop it cloſe, and let the Patient vſe to drinke a good draught thereof euery Morning faſting.

CHAP. 343.

¶ An excellent good remedie for the Dropſie.

TAke Elder-rootes, and ſeth them, and then ſtraine forth the iuice thereof, and let the partie grieued drinke a good draught thereof at a time, for the ſpace of 30 dayes togither and let it be taken three times euery day: (Viz) in the Morning at noone, and at night, and it will cure the Dropſie forthwith.

Dropſie.

CHAP. 344.

¶ A maruellous good Drinke to be vſed of one that is infected with the Dropſie.

TAke two pound of red Sage, & waſh it very cleane, and put it into a peece of whit Dough, and make it ſo cloſe that no breath may iſſue forth of the Dough, and put it into an Ouen and bake it: then take out the Sage and beate it into powder with the ſame Dough, and then put it into a linnen cloath that is cleane, and then put to it the waight of a pound and halfe of Lead, and hang it in a gallon pot, and fill the pot eyther with good whit Wine or elſe with ſtrong Ale, that the Cloath and the Hearbes may be

couered, and then stop it very close, and then let it stand so for the space of 24: houres, (and so as occasion serueth, you may vse it) and let the Patient drinke of no other drinke but onely this, vntill he haue recouered his health againe, and when this drink is gon, let him haue more new made as aforesaid, and this will doe him exceeding much good.

This drinke is also good for those that are troubled with the Palsie.

CHAP. 345.

¶ An other for the same.

TAke a good quantitie of Bryonie, and seeth it in faire Water, and let the Patient vse to drinke the same often, and it will cure him immediatly. This hath bin truely proued.

CHAP. 346.

¶ An excellent good Medicine for the Dropsie.

TAke the Rootes of Kneeholme, (it is of the same that the Butchers make their brushes or broome of) Parsly Rootes and Fennell-rootes, of ech of them (finely scraped and sliced) a good handfull of Iuniper Berries, halfe a handfull, of Annis seede, and Alexander seede, of ech of them a spoonfull: seeth all these together in 3. pintes of cleare Posset-ale, and let it boyle vntill it come to a quart, then take a handfull of dead Bees, and stamp them in a wooden dish, and straine them into this Posset-ale and so let the patient drinke euery 5. houres a good draught thereof, and this will help him in a short space. pb. elt. I. G. Gen.

CHAP. 347.

¶ An other for the same.

TAke Rootes of Wormewood, Petty-morrell, Fetherfew and Catapurea, of euery of them halfe a pound, of Fennel, parsly, Sage, Hisop, Smalledge, Avence, Mints, water-cressets, Hore-hound, Endiue Liuerwort, and the middlemost barke of an Elder-tree, of euery of them a quarter of a pound: then take all the Hearbes and Rootes and stampe them altogither in a stone Morter, and then put them into a new Earthen pot which was neuer vsed before, and put vnto them two gallons of whit Wine, or else two gallons of good Wort, and let them boyle in the pot vntill the one halfe of the liquor be consumed away: then straine it and put it into the pot againe, (the same being made cleane) and let it be couered very close, and let the patient drinke.

drinke the quantitie of halfe a pinte thereof at a time. and let him vſe to take it firſt and laſt, but note this, that that which is taken in the Morning muſt be colde, and that which is taken in the Euening muſt be hot, and let him eate no manner of meate for the ſpace of three dayes together. (but onely pottage and bread) and let the pottage be made with whit Wine, Otemeale, and Mutton, or elſe with ſome Veale. This hath holpen many.

Deafenes and Hearing.

Chap. 348.

¶ An excellent good Medicine for Deafnes in the Head.

TAke a quart of Malmſie, and a quarter of a pint of clære Running Water, a penyworth of Cummin, and 8. or 9 iſſues of Betony, and boyle them altogither vntill halfe the liquor be conſumed, then take the pot wherein the Medicine is boyled, and cover it cloſe with a Tunnell, and bind it cloſe about the verges of him, whereby the heate may not iſſue forth, then put a quil into the other end of the Tunnell, and let the patient holde his eare cloſe, that the heate may aſſend vp into his head, and when he is weary of holding the one eare, let him turne the other to the ſame place, and whilſt that the heate is aſſending vp into one of his eares, let the other be well ſtopped with black Wool, and let him alſo apply hot clothes to kepe in the heate on the other ſide of his head whilſt the Medicine worketh, and let both eares be vſed a like, and let the Patient vſe this 3. times a day, (Viz) in the Morning, Noone and at Night, and ſo continue it for the ſpace of eight or nine dayes together, and during all that ſpace he muſt abſtaine from any open ayre, and doubtleſs this will helpe him. For by experience I know, that it hath cured both men and women that were above fifie yeres of

CHAP. 349.

¶ Another for the same.

TAke Earth Wormes and frye them with Goose-grease, and drop a little thereof warme into the Deafe or pained eares, and this will helpe the same, but it must be used 9. or 10 times at the least. Probatum est. CHAP. 350.

¶ An excellent good Medicine, for the paine in the Eares, which hindreth the hearing.

TAke two handfulls of Sage, two handfulls of Hisop, and halfe a pound of the youngest Rosemary that groweth upon the great braunches, and put them into a little bag or pillow made for that purpose, and let it be boyled in Rose-vinegar, Aqua vitæ and Rose-water, and let the Patient apply this to his eare as hot as he is able to abide it, and this in twice or thrice doing will helpe him. probatum est. CHAP. 351.

¶ An excellent good Medicine for one that is Deafe and can not heare.

TAke Bay-berries, Bay-leaues, Betony, and Sticadoes, of eeh of them a handfull, seth them in whit Wine, vntill it be consumed to the halfe (but if it be for an olde man it must be in Malmsie) then put it into a vessell with a narrow mouth, and hold your eare ouer it, the vessell being vnstopped (neyther to hot nor to colde) as hot as you may suffer it, then take Oyle of bitter Almonds, and let two or three drops thereof fall into your eares, and be sure to haue alwayes a locke of woll that groweth betwixt the sheepes legges, and then stop your eares close therewith, and if you put a little muske in the woll it will be the better. probatum est. CHAP. 352.

¶ A very good Medicine for one that is Deafe.

TAke the iuice of ground Iuy, and whit Coporas (being burnt) and scope it in the iuice till it be fully dissolued: then let the Patient drop 3. or 4. drops thereof at a time into his eare both morning and euening, and it will doe him much good.

CHAP. 353.

¶ An excellent good Medicine for one that is Deafe, and that his hearing is almost cleane gone.

TAke Sallet Oyle that is pure and sweet, and put thereto Annis seede Perrywinckle, Sorrell and Wormwood, of eeh of them

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an ounce, and dry them and beate them to powder: then take powder of olde Roses, and an ounce of Coloquintida, and boyle them in the Oyle aforesaid a good while: then straine it through a fine Cloth, into a Sawcer or Porrenger, and with a feather, drop 3. or 4. drops into the Patients eare warme, and so let him vse this euery day both Morning and Euening for a certaine space, and it will helpe him probatum est.

CHAP. 354.

¶ A maruellous good water to be vsed for the Hearing.

Take a good quantitie of Betony, and an Onyon that is round and whit, and a pretty quantitie of Rosemarie halfe a pound of bitter Almonds, and a good big Eale that is both fat and whit: cut and shred these very small togither, and distill them in a Lymbecke, and then take the water that commeth from them and put into a glasse, and when you will vse it, drop 3. or 4. drops of it into your eares, and it will restore you to you hearing againe. This hath bin sufficiently proued CHAP. 355.

¶ An excellent good Medicine for the Hearing.

Take a good quantitie of womans Milke, and warme it in a Sawcer on the fire: then dip a linnen cloth therein, and bathe the Eare well therewith that is most deafe: then take a pinte of pure Malmsie, and put a few Cloues into it, and beate it in a pot on the fire boyling hot: then take a little Tunnell and set it into the mouth of the pot, and let the fume passe through it into your Eare: then take a little Oyle of bitter Almonds, and warme it in the sawcer as you did the Milke aforesaid, and bath your Eare againe well therewith, then take a little black Wooll and dip it in the same Oyle, and then stop your eare very close and keepe it warme: vse all thiese thinges afore rehearsed in such sort as they are hære expressed, as hot as any of them may be suffred, and in so doing, for the space of 9. or 10. dayes togither both Morning and Euening it it will cure this infirmitie.

CHAP. 356.

¶ A present remedy for one that cannot heare.

Take an Hedgehogge and flea him and rost him, and let the patient put some of the Grease or Fat, that cõmeth from him into his Eare, and he shall recouer his hearing in a short space. This hath holpen some that could not heare almost any thing

at all, and had bin troubled with this impediment for the space of 20. yeares and more, and yet were holpen with this Medicine.

CHAP. 357.

¶ Another for the same.

TAke an Ox gall, and the Pisse of a Male Goat, and mingle them together, and put some of the same into the Patients deafe eare, and incontinently he shall be holpen. Probatum est.

CHAP. 358.

¶ An other for the same.

TAke two spoonefuls of the iuice of Rue, and as much womans Milke, that giueth sucke to a Maiden Childe, and boile them together eyther in a Pomgranet shell or else in a Porrenger, vntill it be curdled, then straine it and take black Wool and dip it in the same iuice and drop two drops thereof into your Eare, and so vse it both morning and euening, for the space of 9. or 10. dayes together, and keepe it very warme, and this will help you. Probatum est. CHAP. 359.

¶ A soueraigne Medicine for the paine and buzzing in the head which hindreth the Hearing.

TAke a Cloue of Garlicke and pill it cleane, and then make 3 or 4. holes in the middest of it, and dip it in a little English Hunny, and put it into your Eare, and put a little blacke Wooll in after it, and for that night, let the Patient lye vpon the contrary side, and let the Eare that is stopt be vpright, and the next night following let him vse the other Eare in like sort, and lie on the other side as before, and so let him alter his course euery other night, and vse it for the spare of 8. or 9. dayes together, and this will expulse all il humours out at his Nose, ease the paine, and restore the hearing. probatum est CHAP. 360.

¶ An experienced Medicine for Deafnes in the Head.

TAke Bay-leaues, Bay-berries, Betony and Sticardes, of each of them one handfull, and seeth them in whit Wine vntil the one halfe be consumed, (but if it be for an aged person, vse Malmsie in stead of whit Wine) and then put it into a vessell that hath a narrow mouth, and let the Patient holde his Eare vpon it (it being vn-stopped) so that he may suffer it (the same not being too hot nor too colde) then take Oyle of bitter Almonds and put 3. or 4. drops thereof into his Eare, and then stop it close with

a locke of Sheepes Wooll that groweth betweene the Sheepes legges, and if he put a little Muske Cimet therewith it will be the better. This was proued by Thom. Stevens of Bushton.

CHAP. 361.

¶ Another experienced Medicine for one that is deafe, and that his hearing is almost cleane gone.

TAke a Red Oynion and pick out the Coze cleane that is in the middest thereof, and put into the same place some Oyle of roasted Almondes, (but let the Oynion be somewhat warme before you put the Oyle therein) and so let it stand for the space of a Night, and then bruise it and straine it into a porrenger or other cleane Dish, and let the patient haue three droppes thereof at a time put into the Eare, both Morning and Euening, and let his Eare be close stopped with a little blacke Wooll which groweth vnder the Eare of the blacke Sheepe, and when he is in bed, let him lye on the same side: thus vsing first the one Eare and after the other in like manner as before, and by Gods helpe it will cure him.

CHAP. 362.

Another approued Medicine for one that cannot scarce heare.

TAke a good big fluer Eale (if possibly she may be gotten) or else some other bright Eale, and roast her vpon a spit, and let the dripping of her be kept very cleane: in some Earthen Vessell, and when you doe goe to bed, put the quantitie of a quarter of a spoonefull thereof at a time into your Eare, and then stop it close with a little of the Wooll that groweth betwixt the two Eares of a blacke Sheepe, and the next night following vse the contrary Eare as afore is said, and so continue this for the space of 9. or 10 dayes, and it will helpe you. Probatum est.

¶ Eyes, and Eye-sight.

FIRST It is to be considered what things are good for the Eyes, and what are not: for the Eyes are the most necessary Members of all other appertaining to Mans body, and without the sight of them, we can of our owne selues doe nothing: therefore these small

Mem-

Members are chiefely to be regarded, and according to my ſimple skill and knowledge, I haue here ſet downe diuers and ſundry Medicines for the Eyes, who are the onely windowes of the mind, both for ioy and dread, and the moſt of our affections are openly knowne and ſeene through them, and they are ordeined and made of purpoſe to lighten all the body: where Nature hath giuen both Browes and Eye-lids for to defend and keepe them in ſafety, and the better to reſiſt all ſuch things as in any wiſe are preiudicial and and hurtfull vnto them, as appeareth heere in the next Chapter.

Chap. 363.

Thinges very hurtfull for the ſight.

To eate Garlicke, Onyons and Lékes. To eate ouer many Lettice. To trauaile or to goe to ſuddaine after Meate. Vote Wines. Colde ayre. Drunkennes. Gluttony. Milke. Cheeſe. Ouermuch beholding of white and coulours. Much ſléepe after meate. To often vſe in letting of Bloud. Colde words. Duſt. Fire. Much weeping. And ouermuch watching.

Chap. 364.

Thinges good for the ſight:

Moderable ſléepe. Red Roſes. Vermaine Rowes. Fennell. Celandine. Pimpernell. Oculus Chriſti. To waſh your eyes often with faire Running Water. To looke vpon any greene or pleaſant coulours. To looke often in a faire pleaſant, and perfect Glaſſe. And to waſh your handes and féete very often.

VVa-

¶ Waters for the Eyes.

Chap. 365.

¶ An excellent good Water to preserue the Eye-sight.

TAke a new laid Egge, and roast it hard: then cut the shell in the middest, and take forth the Yolke cleane, and then take a piece of Coporas and put it into the same place where the Yolke lay, and then binde the Egge togither againe, and set it to lye in the fire againe, and let it remaine there vntill the Coporas be dissolued to water: then take all the whit out of the shell, and cut it into small pieces, and put it into a Glasse of faire Running Water, and so let it stand a little while: and thē straine it through a fine linnen Cloth, and keepe it in a Viall or Glasse close stopped, and every Morning and Euening let the Patient wash his Eyes therewith, and it will doe him exceeding much good. This hath bin often proued.

Chap. 366.

¶ An other good and comfortable water for the Eyes.

TAke Sage, Fennel, Veruaine, Betony, Euphrasia or Eyebright, Pimpernell, Sinke-foyle, and Hearbe-grace, and lay them all to steepe in whit Wine, for the space of one night, and then distill them in a Stillatory of Glasse or Pewter, and when you will vse it: take a fine linnen Cloth and dip in the same Water, and so vse to wash your eyes often therewith, and you shal perceiue your sight to grow very cleare and bright in a short space. probatum est.

Chap. 367.

¶ An other for the same.

TAke of the iuice of Euphrasia or else the Water that is made of it, inasmuch that it is the best hearbe that possibly may be had for the Eyes; what way so euer you will take it, vse it.

CHAP. 368.

¶ An other for the same.

TAke a good handfull of Red Fennell, and of Vervaine, Rose-leaues, Rue, and Selandine, of ech of them a like quantitie, and distill them all togither, and you shall haue a perfect pure and comfortable water hereof for the Eyes.

CHAP. 369.

¶ An other experienced good water for the Eyes.

TAke Selandine, Fennell, Sage, Rosemarie, Vervaine and Rue, of ech of them a good handfull, and wash them cleane, and then dry them again with a linnen cloth: then put them into a Limbecke, and distill them, and let the Patient drop some of this Water into his Eyes oftentimes and this will recouer his sight againe, although it be supposed to be almost past all hope of recouerie. For it hath bin truely proued.

CHAP. 370.

¶ An other excellent good Water to cleare the sight.

TAke a good quantitie of greene Wallnuts, Huskes and all, euen as they come of the Tree, and a few of the leaues thereof, and distill them: then take some of the same water and with your fingers end or a Feather, drop it into your Eyes both Morning and Euening, for the space of 6, or 7. dayes togither, and this will cause your sight to be perfect and cleere. Probatum est.

CHAP. 371.

¶ An other for the same.

TAke the iuice of all these hearbs following, (Viz) Fennell, Selandine, Rue, and Eyebright, of ech of them two ounces, of English Hunny, 1 ounce and a halfe, of Alloes, Tutie, and sarcocoll, of ech of them halfe an ounce, of the Gall of a Cocke, Capon or Chicken, 2, or 3. drams, of Nutmegs Cloues and Saffron, of ech of them a dram, and 6. drams of Suger-candie: take all these and put them into a Limbecke of Glasse, and distill them, and let the Patient put some of this water into his Eyes once or twice a day, and this will doe him very much good. Also if that the Liuer of a Male Goat may be gotten, and mixed with these things afore rehearsed in the distillation, then will the same water be of much greater force, and almost, without any comparison of all to be made of such Water for the benefit of the eyes.

Chap. 372.

CHAP. 372.

¶ an other for the same.

TAke a Pie and dry her and beat her to powder, and then mingle the same powder with Fennell water, and put it into your Eyes.

Also the Water of young Eyes distilled is very good to wash the eyes withall.

Likewise the Water of Rotten Apples is excellent good, the same being dropped into your Eyes the quantitie of 3. or 4. drops at a time thereof, and this will cleare the sight of the Eyes very much. probatum est. CHAP. 373.

¶ An other special Water to cleare eyes that are bloud-shot.

TAke a good quantitie of Daysies, both Rootes and Leaues, and wash them very cleane, and then stamp and straine them, and with the iuice which cometh forth of them let the Patient wash his eyes often, and this will helpe him. Probatum est.

CHAP. 374.

¶ A maruellous good Water to recouer the Eye-sight, the same being hindred by any cause whatsoeuer.

TAke 3. drams of Tuttia made into small powder, and a like quantitie of Alloes Epaticum, and 3 drams of fine Suger, 6. ounces of Rose-water, and as much whit Wine: mingle all these togither, and put them into a glasse and stop it close and set it to stand in the Sunne for the space of a Moneth (stirring it togither once every day) then take the quantitie of 6. drops at a time of the same Water, and drop it into your Eyes both Morning and Euening, and so continue it for a short space, and it will cause your sight to come againe, and be as cleare and as perfect as euer it was before. This Medicine hath bin well experienced by one that recouered his sight againe, hauing lost it a Moneth before. It was ministred vnto himselfe.

CHAP. 375.

¶ Another good Medicine for clearing of the Eyes.

TAke a good quantitie of Daysie Rootes, and wash them cleane, and stamp them in a morter and straine the iuice cleane forth therof, and then put into the same iuice the whit of a new laide Egg and put it into a Saucer, and with a feather scum the froth of cleane, and then let the Patient dip a Feather into the same

same, and drop it into his Eyes, and it will doe him exceeding much good.

Chap. 375.

An other for the same.

Take whit Roch-allom that is kindely, a small quantitie of Rose-water, and the juice of Red Fennell, and the whit of an Egge well beaten, and the scum cleane taken off: mixe the white of an Egge and the other things together, and then straine them through a fine linnen Cloth and put the water into a Viall, and when you will use it, take a Feather, or else with your fingers end, put a drop thereof at a time into your Eyes and it helpeth.

Chap. 376.

¶ An other for the same.

Take Coporas and lay it to steepe in faire running Water, for the space of 6. or 7. houres, then take it forth and straine it into a Viall, and when you goe to bed, stricke the brims of your Eyes therewith, and let it drop into them, and this will helpe your eyes although they be never so sore.

Chap. 377.

An other good Medicine to cleare the Eye-sight.

Make a powder of Fennell, Anniſe, and Elicompanæ, and temper them with Aqua-vitæ, and then dry them againe, then let the Patient every Morning and Euening, eate a pretty quantitie thereof, and it will not onely cleare the sight of the Eyes, but it will also purge the Wlinde, and make one seeme young long. This hath bin truely proued.

Chap. 378.

¶ An other for the same.

Take pure new white Wine and infuse therein, the hearbe that is called Eyebright for the space of 3. dayes together: then seeth it with a little Rosemarie in it, and let the partie grieued drinke a good draught thereof both Morning and Euening, and it will helpe him and cause him to haue his sight both perfect and good. Let him also vse to eate every Morning a new laid Egge reare roasted, and put therein some powder of Eye-bright, and that will likewise doe him much good. This hath bin proued and found true by some that haue wanted their perfect sight, and did vse Spectacles, and yet thereby they recouered their perfect sight againe.

Chap. 379.

CHAP. 379.

¶ An excellent good Medicine for sore Eyes.

TAke Tuttie of Alexander, and beat it into fine powder, and temper it well with a quart of whit Wine, and put thereto an ounce of Red Rose-leaues, and boyle them altogither ouer a soft fire vntil the one halfe be consumed: then straine it through a fine cloth and put it into a glasse, and when you will vse it, eyther with a Feather or with the top of your finger, drop 3. or 4. drops thereof at a time into your Eyes both Morning and Euening, and this will helpe you. Probatum est.

CHAP. 380.

¶ Another for the same.

TAke rotten Apples and distill them, and with the water thereof wash your eyes often, and it will both clense and cleare your sight. probatum est.

CHAP. 381.

¶ An very good Medicine to kill the pin and the Web in the Eye.

TAke Red Sage, Red Fennell, three leaued Grasse, and Daisies, of ech of them a like quantitie: then take the Whit of a new laid Egge, and beate it till all the froth may easily be taken away, and then put thereto halfe a spoonfull of Hunny: then stamp the hearbes small togither and straine them, and put the iuice thereof to the whit of the Egge and the Hunny, and let them be well tempred togither: and let the Patient drop a little of this into his eye where the paine is, and then take a plaister of Flaxen Tow, and dip it in the same iuice, and lay it vpon the Patients Eye and binde it fast, and let it continue there for the space of two houres after euery time that it is dressed, and it will cure it in short space. Probatum est.

CHAP. 382.

¶ An other for the same.

TAke Leaues of Seiandine, and stamp them well and straine them, and with a Feather put one drop of the iuice thereof into the Eye of the Patient, and it will presently help him. probatum est.

CHAP. 383.

¶ A very good Medicine to kill a Pearle or Web in the Eye.

TAke a good quantitie of three leaued Grasse that beareth the Hunny-suckle, and bruise it well in a Morter or else into a wooden dish, and then straine it, and let the partie grieued put

some of the same iuice into his Eye, and by vsing of this twice or thrice a day for the space of 6. or 7. dayes togither it will helpe him. probatum est. CHAP. 384.

¶ An other for the same.

Take 3. Leaues of Daysies, and a good quantitie of Bursa pastoris, (otherwise called in English Shepheards-purse, or Pouch-woort, and Chestlops (otherwise called Woodlice) stampe and straine them into a little strong Ale, and drinke a good draught thereof at a time three seuerall mornings togither (two houres before you rise) and you shall finde great ease thereby. Notwithstanding your eyes will before: then wash them in faire Running Water, and then take some of the drink aforesaid, 2. or 3. mornings againe, and by Goos helpe you shall finde great ease in them for a long time after.

CHAP. 385.

¶ An other soueraigne Medicine for a Web in the Eye.

Take a good quantitie of Snailes with their shells vpon them, and wash them very well, and then distill them in a common stillatorie: then take of the Galles of Hares, Red Currall, and Suger-candie, and mingle them togither with the said water, and then distill them againe: then take the same water and put it into a Glasse or Viall, and when you will vse it, take a drop thereof and put it into your Eyes both Morning and Euening and it will helpe you. CHAP. 386.

¶ An other for the same.

Take the whites of Eggs that are hard sodden Rose-water, Suger-candie and whit Coporas, and mingle them well togither, and then straine them very hard through a fine Cloth and put it into an Earthen vessell, or else into a glasse, and so wash your Eyes with the same, three times a day, (Viz) in the Morning, at Noone and at Night, and this helpeth.

CHAP. 387.

An other soueraigne Medicine for the Web in the Eye if it be olde

Take Red Pimpernell, and Euphrasia, and stamp them very wel in a morter, and then fry them with Capons Grease, in a cleane Pan, and when it is fryed, wring it through a linnen Cloth, into a brasen Vessell, and let it stand there 3. dayes after, before you take it forth: then put it in a box of Horne or Tin,

and

and take but a little thereof at a time and put into the Webbe of the Eye, and it will cure it in a short space.

CHAP. 388.

¶ A good Medicine for bleared Eyes.

TAke a Stone that is called Lapis Caluminatis, which is to be had at the Appothecaries, and beate it to fine powder, and put it into a spoonfull or two of Rose-water, and one spoonful of faire Running Water, and temper them well togither: then take a Feather and every Morning and Evening let a drop or ij. fall from the Feather into your Eye, use this often and it will doe you exceeding much good.

CHAP. 389.

¶ A good Medicine for eyes that are bloudshot and Red.

TAke Housleeke and stamp it well, then take a new laid Eg and make a hole in the one end of it, and draw out all the meate of it, and put the juice of the Housleeke into it, and set it in the embres, and so distill it, and scum it cleane with a Feather, and at night when you goe to Bed, let a drop thereof fall into your Eye with the Feather (lying upon your backe) and this will presently helpe you. probatum est. p. G. L.

CHAP. 390.

¶ Another for the same.

TAke the blood of a Stock-doue, or else the blood of an other Doue or Pidgion, and drop a little thereof into the Eyes of the Patient when he goeth to bed: Also take a fine linnen Cloth and wet it in the same Blood, and lay it upon the eyes immediatly after the dropping in of the first, and this will helpe him howsoever it doe come, eyther by stroke or otherwise. This hath bin truely proued.

Also if the paine doe come (as often thinke it doth) of Choller, and that the patient feeleth great heat, sharp pricking and much paine, and that commonly there appeareth no gum in the eyes, and if it doe: then a Purgation of necessitie must be given him to purge Choller.

CHAP. 391.

¶ Excellent good Pilles for the eye-sight.

THE Pils Sine quibus, asswagith with Trosciskes of Agaricke, and Pullule lucis, are excellent good for to purge the Braine, and comfort the Eye-sight.

Chap. 392.

CHAP. 393.

¶ An excellent good Medicine for the swelling of the Eyes.

TAke a Quince and seeth it in water untill it be soft, then pare it and bruise it well, and mix it with the Yolke of an Egge, and with crums of White or Wheaten Bread, well steped in the said water, and put thereto a little womans Milke, and two penyweight of Saffron, bray them altogither, and then lay it over the Foze-head and Eyes, and it helpeth.

CHAP. 394.

A Medicine to take all the gummy matter or filth out of the Eyes.

TAke Housleeke (otherwise called Senigreene) and stamp it very well, and straine it through a fine linnen Cloth, and with the juice thereof, wash your Eyes often, and it will both cleare the sight, and purge the Eyes from all manner of filth and matter. This hath bin proued CHAP. 395.

¶ A Medicine for burning, or running Eyes.

TAke the paring of an Apple which is somwhat thick pared, and apply the same to the burning Eyes when you go to bed, and it will heale them. Probatum est. p. D. B.

CHAP. 396.

¶ A most singuler good Medicine to keepe the Eyes cleare, coole, and from Rednes, and to kill the itching of them.

TAke a good handfull of Housleeke, and two handfulls of Plantine, and stampe them well togither and straine them, then let the juice stand and settle for a little space, and when it is well setled, powre out the clearest of it from the residue, and put thereto halfe as much Red Rose-water as there is of the juice, and halfe a quarter of a spoonefull of whit Suger-candie beaten to fine powder, and then take a piece as big as halfe a Wallnut or somewhat more of Lapis Caluminaris, and let it be slaked 10. or 12 times in the same Water, and then let the Patient take 4. or 5. drops (as he lyeth vpright in his bed) thereof, and put it into his Eyes, and it will helpe him. This hath bin truely proued.

CHAP. 397.

¶ An excellent good Medicine for Eyes that doe either smart or itch.

TAke Lapis Caluminaris and make it hot in the fire, and quench it in a pint of whit Wine, 4. or 5. times, then take the stone and

and ſtamp it to fine powder, and ſtraine the wine and the powder togither, and put it into a glaſſe, and when you will vſe it, ſhake the glaſſe vntill it be thicke, and with a feather droppe 3. or 4. drops into your eyes, (lying vpon your backe) and this will helpe you. probatum eſt. CHAP. 398.

A marvellous good Drinke to be taken for the eye-ſight.

TAke a good quantitie of Iuy that groweth vpon an Ash-Tree, and a good quantitie of Rootes and Leaues of Dayſies which doe growe in the fields, and a like quantitie of the fine leau'd Graſſe, and a good quantitie of Red Fennell: waſh all theſe very cleane, and ſtamp them and ſtraine them with a pint of ſtale Ale, and let the Patient drinke a good draught thereof at a time, both in the Morning and Euening, and at Midnight, and let him vſe this as long as he ſhall thinke conuenient, and this will preſerue his ſight exceeding well. This hath bin ſufficiently proued.

Face.

CHAP. 399.

¶ A very good Medicine to take the Pimples out of ones Face.

TAke Whit Wine Vinegar and Hunny, of ech of them as reaſonable a quantitie as to your owne iudgement ſhall be thought meete, and temper the very well with Wheaten Flower which is pure and cleane without any Rie, Beanes, Peaſe, Tares or other Pulſe, and when you goe to Bed, laye ſome of this vpon your Face, and in 4. or 5 times vſing it will take the Pimples cleane away, and cleare thy face againe. probatum eſt

CHAP. 400.

¶ An other, for the ſame.

TAke a prety quantitie of Virgin Wax, and melt it, and mingle it with 3 ſpoonefulls of Oyle of Roſes, a ſpoonefull of white Wine Vinegar, the Whit of a new laid Egge, and a good quantitie of Plantine water, and temper them all well togither, vntil you perceiue that they are come into an Oyle, and then let the Patie-

ents face be annointed therewith every night when he goeth to Bed and it will helpe him in a short space.

CHAP. 341.

¶ An other for the same.

TAke iuice of Lilly-rootes, and Wine Vinegar, of ech of them a like quantitie, and mingle them togither, and anoint the place well therwith where the pimples are, & in 10. or 11. dayes space by vsing of it he shall be hole. CHAP. 402.

A good Medicine to take away the Pimples and high colour out of ones Face, be it neuer so far spent and gone.

TAke grene and whit Coporas, of ech of them a like quantitie, and put them in a Sawcer full of faire Running Water, and set it to warme on the coales, and (as hot as euer possibly you can suffer it) anoint the pimples that are in your Face therewith, or any other place of your Face which is high coloured or red, and in vsing of this often it will helpe you.

CHAP. 403.

¶ An other good Medicine for a red, or high coloured Face.

TAke Vine leaues, and Strawbery leaues, of ech of them equall portions, and as much Creame as you shall thinke conuenient for the things aforesaid: then put therein two penyworth of Camphire, and put al your things togither into a Stillatorie and distill them, and then take some of this water and wash your Face therewith every Morning and Euening for the space of 10. or 12. dayes, and this will take the high colour cleane away. This was much practised by M. Cox, who did helpe many of this infirmitie. CHAP. 404.

¶ A present remedy for the taking away any manner of spots or Pimples in the Face.

TAke a good quantitie of Nigella and bray it, and mix it with Hunny and wheaten Flower, and make an Oyntment thereof, and let the patient annoint the spots and pimples therewith, at his going to bed, and in the morning following when he riseth, let him wash them with Parsly-water, and this will take away the spots and pimples cleane. CHAP. 405.

¶ An other present remedy for any Heat, or Pimples in the Face.

TAke a pound of good Almonds and stamp them, and put them into a pint of faire Running Water warme: then straine them

and

And put thereto halfe an ounce of whit Camphire, and a pinte of Whit Wine, and then temper and beat them very well togither, and then straine it with a pint of Margerum Water, and put it into a glasse, and let the Patient vse to wash his face therewith often, and it will helpe him. CHAP. 406.

¶ Another good Medicine for a heat in the Face.

TAke a good handfull of Deeres Suet, and as much Brimstone as an Eg-shell will hold, and bruse it very fine: then take halfe a pint of whit Wine Vinegar, and lath them altogither vntill they be almost dry: then take it and make it into a ball, and when the Patient will vse it, let him take a little thereof, and put it into a Sawcer and melt it with a few coales, and when it is molten, let him take a fine linnen cloth and dip it therein, and rub the place softly where any Corruption is, vntill that be cleane taken away, and this will speedily helpe him.

If this happen not to help him within the space of a moneth, then let him drinke every morning fasting a cup of Beere or Ale with a little English Madder therein, and let it be finely picked, bruised and searsed, and so let him drinke it, and this will doe him exceeding much good. CHAP. 407.

¶ Another for the same.

TAke the iuice of Houfleeke and the iuice of Tansie, and boyle them in a pinte of Whit Wine, and let it boyle vntil the one halfe be consumed, and when it is colde, let the Patient dip a fine linnen cloth therein, and when he goeth to bed let his face be bathed therewith very well, and let the wet cloth lie all the night long vpon his face, and when it is dry, wet it againe, and so let him vse it as long as he shall thinke conuenient. This hath holpen those whose faces were growne like vnto a scurfe. CHAP. 408.

¶ An other for the same.

TAke 4. penyworth of Capons grease, and melt it, and straine it through a fine linnen cloth, and let it stand to cole a quarter of an houre: then put into it a penyworth of Brimstone finely bruised, and a penyworth of Ginger beaten to powder, and mingle them with the Capons grease, and make an Oyntment thereof, and with the same let the Patient anoint his face therewith when he goeth to bed, or in the same place where the Pimples or

Rednes are, and in the morning let him wash his face with Rose-water luke-warme: in any wise let him take heede that he picke not his Sore with his fingers, for if he doe, it will greatly hurt him. probatum est. CHAP. 408.

¶ A very good Medicine for a Leperous Face.

TAke a good quantitie of Strawberries, and put them into a glasse, and so let them putrifie in Horse Doung, and then distill a water from them, with the which let the patient wash his face often, and it will speedily helpe him. Probatum est.

CHAP. 409.

¶ An excellent good remedy for an high coloured Face.

TAke Cowcumbers and pare them very cleane, and cut them in slices, and distill them with a little Rose-water, and with the same water that commeth from them, wash your face every day 4. or 5. seuerall times: but if you can haue none of the same Water, then take the Cowcumbers it selfe, and rubbe your face therewith, (but first pare of the Rinde as afore said) and by often doing of it, you shall assuredly finde both helpe and ease. Probatum est. CHAP. 410.

¶ A very good Medicine to destroy any heat in the Face, or in any other place, although it be S. Anthonies fire

TAke a pottle of Smiths Water, a handfull of Sage, two handfulls of Elder-leaues, or else of the greene Barke thereof, and two penyworth of Allum: take all these and seeth them together from a pottle to a pint: then take it and put it into an Earthen pot, or Gallipot, and let the patient anoint his face therewith when he goeth to bed, and by the next morning he shall finde great ease thereby: but let him vse it for the space of 5. or 6. dayes, and this will helpe him by Gods grace.

CHAP. 411.

¶ A very good Medicine for to take away the extreame heat in a Childes face.

TAke a pint of white Wine, and the quantitie of halfe an ounce of Cloues beaten to powder, and mix them well together, and let the same be (boyled in an Earthen or pewter pot) vntill it be halfe consumed: then straine it into a Gallipot, or into some such like thing and so anoint the Childes face therewith, and it will expell the heat in a short space. Probatum est.

CHAP. 412.

¶ An excellent good Medicine to take away any spots, or Sun-burning from the face, or other places.

TAke the iuice of a Lemmon, and a little Bay Salt and let the patient wash his hands or face therewith, and let them dry of themselues, and then take Conduit or Running Water, and wash your hands or face therewith, and you shall see all the spots gon cleane away. This is also good against the scurfe or such like.

CHAP. 413.

A good Medicine for Sun-burning.

TAke two spoonfulls of Rose-water, an ounce of womans Milke, an ounce of Frankencense, an ounce of Verdigrease, and the whit of an Egge, and beat them very well togither: then anoint your Face or other places that are Sunne-burned therewith, and this will helpe you forthwith. CHAP. 414.

¶ A Medicine to make ones face faire, cleare, and to shine.

TAke a good quantitie of the Marrow of Swines feete, Cow Milke and Rose-water, and mingle them togither, and annoint your face therewith luke-warme and it will make you very faire. CHAP. 415.

An other good Medicine to make ones face both faire and cleare.

TAke a good quantitie of Rosemarie Flowers, and sethe them in whit Wine, and wash your face often therewith, and also use for to drinke of it, and it will make you looke both young and faire. Probatum est. CHAP. 416.

¶ An other for the same.

TAke Beane-flowers, Red Roses, wilde Tansie, and Hunny-suckles, of each of them a like quantitie, then take the Whit of an Egge and put unto them, and drap them altogither in a mortar: and then distill them, and when you have so done, put the water distilled into a glasse or Viall and stop it close, and when it shall be neede full, wash your Handes, Necke and Face therewith, and it will make you maruelous faire. This hath bin often proued. CHAP. 417.

¶ A Medicine to make ones face as white as Milke.

TAke Blossoms of whit Thorne, Blossoms of Violets, Blossoms of Beanes, and Blossoms of an Elder, &c. of euery of them a like quantitie, and distill them, and then put the water in a

Glasse and stop it close, and when you will vse it, take two spoonfulls thereof and wash your face with it twice or thrice a day for the space of 4. or 5. dayes together, and you shall proue this true. This hath bin tryed of many.

CHAP. 418.

A Medicine to take away any freckles out of ones Face.

TAke the Gall of a Tacke and Cocklemell of each of them alike quantitie, and mingle them together, and then binde the same to the place where the Freckles are, and it will take them cleane away. Probatum est.

Falling Euill.

CHAP. 419.

¶ An excellent good remedy for the Falling Euill.

TAke a good handfull of Piony Rootes, and a handfull of Mistletoe, that groweth vpon a black-thorne Tree, and a handfull of Polidodium (otherwise called in English Okefearne) and two good handfulls of Selandine, (if it possibly may be had) and stampe them very wel, and then set them to steepe eyther in Ale or beere for the space of two houres or more, and then straine it through a fine linnen Cloth, and then put it into your Earthen pot, where it may be kept close kept from any ayre, and let the partie grieued drinke a good draught thereof euery Morning fasting, and the in the Euening, and let him vse it for the space of 14. or 15. dayes, and by Gods helpe it will cure him in a short space. This hath bin truely proued. CHAP. 420.

¶ A good remedy for the Falling Euill.

TAke the Braines of a Weasill, and dry it to powder, and put it into some pure Vinegar, and temper them well together with a knife, or spoone, and giue it to the diseased person to drinke, and it will doe him exceeding much good. probatum est.

Also

Also *Galen* sayth, that he knew men in his life time to be cured of this infirmitie, by drinking of the powder of dead-mens bones burnt.

CHAP. 421.

¶ Another for the same.

TAke the iuice of Coriander and giue it the diseased person to drinke, and it will not suffer the ill humours to ascend vp into the head, and let him ble it often and he shall receiue much comfort thereby.

CHAP. 422.

¶ Another for the same.

TAke Germaunder that is gathered in the Moneth of May when it hath the blossomes vpon it, and dry it in the shadow where no Sunne commeth, and then make a powder thereof, and when occasion serueth for vse thereof: then take the Yolke of two or three hen Egges, and beate the powder and them well together in a Wooden dish or Porrenger, and let it and giue it the partie grieued to eate both Morning and Euening for the space of nine dayes: But all this time hee must abstaine from all kinde of Wines, and Carnall company of women, and also from all manner of Pulse, as Beanes, Peale, Fitches and Tarts, and from all other things which are of a hard Concoction or digestion. probatum est.

CHAP 423.

¶ Another for the same.

TAKE the Matrix of a Sow that hath young Pigges, and dry it vppon a Tile-stone, or a fire-shouell, and make a powder thereof and giue it the Patient to eate, or else to put in his Drinke, and immediately after he hath taken it, you shall perceiue the Disease to remoue into his fingers endes, (but grieuing of him sore all this time) and then make some kinde of Rupture to set to his fingers endes, and in a little while after you shall see the yellow Matter or Corrupti- on issue forth of them. Probatum est.

CHAP. 424.

¶ Another for the same.

TAke Piony Rootes, and dry them very well, and then grate them very small (as you doe Ginger) and giue it the Patient to

to eate in his pottage at Meales, and let him also drinke it continually in his drinke, especially in the Morning fasting, and likewise last in the Euening, and this will doe him exceeding much good.

CHAP. 425.

Another for the same.

TAke Wheat Flower (that is without pulse) and temper it with the Dew of the Earth that is gathered either of Corne or Grasse, vpon a Midsommer day in the Morning, and knead it well and make a Cake thereof, and bake it vpon a Tilestone, or else vpon some other such like thing, and let the Patient eate it, and he shall finde great vertue herein.

Diuers and sundry thinges are here expressed that are ill for this disease, and therefore it is very requisite they should be eschued in all respects as much as may be. (Viz) Ouermuch sleepe or drowsines. Ouer much drinking of Wine or other strong drinkes. Ouer much eating. Ouer much fasting, all manner of pulse, as Beanes, Beafe, Fiches and Tares, and all other thinges that are not easie of digestion.

Also, let the partie grieued vse an indifferent meane in diet, and let him not vse to sup late, nor slape suddainely after meate, and let him take heede of ouermuch watching.

¶ Flux.

CHAP. 426.

¶ An excellent good Medicine for the Flux.

TAke good new yellow Wax, and Ducks-Greafe, of each of them a reasonable quantitie, and make an Ointment thereof, and anoint the Fundament of the partie grieued well therewith, and as deepe inwardly as you can possibly, and the same will mittigate the paine and cure the disease. This hath bin truely proued by M. D. H.

Chap. 427.

Chap. 427.

¶ An other for the same.

Take Scarabeos which grow in Horse-Dung, and seth them in Linseede Oyle, and straine the same Oyle through a fine linnen Cloth, and then anoint the Fundament therewith, and it will mittigate the paine greatly.

Chap. 428.

¶ An other for the same.

Make a Suppositarie of new Wax, and cover it with a fine peece of thin Sarcenet, and anoint it with Oyle of Annisseede, and Oyle of Tapsus Barbat' (both of them being wel mingled togither) and then put the same into the Patients Fundament, and it will speadely asswage the paine and take away the sore cleane. probatum est.

Chap. 429.

¶ an other for the same.

Take Amber-beades and beat them to powder, and put them into a Chasing-dish of coales, and let the partie grieued sit ouer them as if he would eate himselfe, and it will helpe him in doing of it twice or thrice togither. Probatum est.

Chap. 430.

¶ An other for the same.

Take a good quantitie of Iourden Almonds and blaunch them, and boyle them in English Hunny, and let them boyle vntill they be blacke, and let the partie eate the same Almondes with a little of the best English Hunny that may be gotten, and this will doe him exceeding much good. probatum est.

Chap. 431.

¶ A very good Electuary against the Flux.

Take halfe an ounce of powder of Galingall, and of Red Corrall and Masticke, of eeh of them halfe a dram, Trosices of Terra Sigillat' 3. scruples, Barke of Citron, Comfets and Quinces, of eeh of them 3. scruples, and 4. ounces of fine Suger dissolued in Water of Mintes, take all these things and mingle them and make an Electuarie of them, and then vse it as occasion serueth.

Also Acorns dryed and beaten to powder, and dranke in Red Wine, is maruelous good against the Flux.

Likewise all manner of Currals beaten to powder, are binding, and are very good against the Flux.

CHAP. 432.

¶ An excellent good Medicine for the bloudy Flux.

TAke Red Wine, and boyle it on the fire, and put thereto some Cynamon and Plantine-seedes, of each of them a good quantitie. and when you perceive that the Wine hath taken away the substance of the seeds, then give it the Patient to drinke as hot as he may reasonably abide it, and let him drinke 3. or 4. spoonfulls of it at a time, and doubtles this will cure him of this infirmitie: but if your Wine be bitter, you may put a little fine Suger therein to make it sweet: but the lesse you put in, the better it will be.

CHAP. 433.

Another for the same.

TAke a piece of Biefe which groweth about the brisket of the Ore, and let the Patient eate a piece thereof rawe, and this will speedily helpe him.

CHAP. 434

¶ Another for the same.

TAke an Apple and Roast it, and make a hole in it, and put therein as much Virgin Wax as a Beane, and let the Patient ete often thereof, and it will helpe him. Probatum est.

CHAP. 335.

¶ Another for the same.

TAke a pound of Almondes and blaunch them, and stampe them in a morter very small, then take the Yolks of 12. new laid Egges reare Roasted, and mingle them with the said Almonds: then put to them a quart of good Red Wine Vinegar, and mingle it likewise with the aforesaid stuffe, and then put it into an Earthen Pot, and stirre it well together, and when it is boyled a little, take it from the fire and straine it, and let the Patient drinke the quantitie of 6. or 7. spoonefulls thereof warme at a time, 4. or 5. times a day at the least, as long as neede shall require, and it will helpe him.

CHAP. 436.

¶ Another for the same.

TAke Plantine, Knottie Grasse and Sheapheards purse of eche of them a good quantitie, and boyle them altogither in

new Milke, Broth, or Red Wine, and when they are well sodden, straine the Hearbes and the milke, and giue it the Patient to drinke often, and it will helpe him. probatum est.

Chap. 437.

¶ Another for the same.

Take a good quantitie of the crops of Sene, and stamp it, and drinke it with stale Ale, and it will ease you very much.

Chap. 438.

¶ Another for the same.

Take Red Wine, pure Malmsie or Muscadine, of each of them a pint, and a handfull of S. Iohns Woort, and boyle it in the Wine aforesaid, and let it seeth vntill the one halfe thereof be consumed: then put into it an ounce of Cinamon, a penyworth of Red Saunders, a little Eliphants Tooth strayed, a little powder of Harts-horne, and the Yolke of a new laid Egge hard roasted, and seeth it againe, and when it is well sodden: then straine it through a fine linnen Cloath, and let the Patient drinke it first and last for the space of 4. or 5. dayes together, and this will doe him much good. Probatum est.

Chap. 439.

¶ Another for the same,

Take a Stone that is whit and hath red veines in it, and boyle it in a quart of new Milke, vntill the one halfe of the Milke be consumed, and then let the Patient drinke often thereof, and he shall finde great vertue therein. probatum est.

Chap. 440.

Another for the same.

Take Black-thorne, and with a knife shaue all the outermost Rind, and then dry it in an Ouen after that Bread hath bin drawne forth of it, and when it is well dryed, beat it to powder, and then take a little of it and temper it well with Wine or Ale, and giue it the patient to drinke every Morning and Euening, and this will speedily helpe him. Probatum est.

Fleagme.

Chap 441.

¶ A very good Medicine for to breake Fleagme.

TAke Hunny and new Butter that is vnsaulted, of eyther of them a like quantitie, and a fewe bitter Almondes, blaunched and beaten very well, and mingle them with the Butter and Hunny afore-said, and let the Patient eate a little thereof euery Morning fasting, and it will doe him exceeding much good. This hath bin truely proued.

Chap. 442.

¶ Another for the same.

TAke a good quantitie of Smalledge and boile it in Vinegar, and let the patient wash his breast often therewith, then take the Smalledge and put it in a Cloath and binde it fast to the Stommacke of the patient and there let it remaine for the space of 3. or 4. houres and it will helpe him.

Chap. 443.

¶ Another for the same.

TAke Sorrel and stamp it and straine it, and then take the iuice thereof and temper it with stale Ale, and let the patient drink a good draught thereof every morning before he arise out of his Bed and let him sleepe after it, and he shall auoide great store of Fleagme.

Chap. 444.

¶ A good Gargresse for the Fleagme.

TAke Endiue water and Hunny suckle water, of ech of them a like quantitie, and a good spoonfull of Mustarde that is pure and good, and a spoonefull of Hunny, two spoonefulls of Vinegar, and a little Pepper beaten to powder, and 2 or 3 braunches of Rosemarie, and a few leaues of Red Sage, then put all thiese together,

gither, and beat them vpon a Chafing-dish of coales luke warme, and let the patient put a spoonful thereof into his mouth at a time, and let him holde his head vpwards and wash his throat well therewith, and it will cause him to auoide much Fleagme.

Chap. 445.

¶ A very good Drinke to cause one to auoide Fleagme from the Stommacke, and to make it come vp very easily.

TAke 12. spoonefulls of Rosewater, and 6. spoonefulls of Conduit Water, and 3. spoonefulls of white Wine Vinegar, and a quarter of a pound of fine Suger, boyle all thiese together in a pewter porrenger vpon a Chafing-dish of Coales, and scum it very cleane: then take a spoonefull or two of it and drinke it luke warme when you haue it, and it will helpe you.

Chap. 446.

¶ An other good Drinke for the Fleagme.

TAke Parsly Rootes, Fennell Rootes, Pellitorie, Hisop and Liquorice, of euery of them alike quantitie, and stamp and bruse them altogither and boyle them in Ale, and put therein a good quantitie of clarified Hunny that is pure, and when it is boyled a little more, then straine it and vse to drinke thereof both Morning and Euening and this will helpe you.

Chap. 447.

¶ A very good Drinke for the auoyding of Fleagme, and for the stopping of the pipes.

TAke a pottle of Barlie, and seeth it in a gallon of cleare Well Water, and let it seeth vntill the Barlie be soft. then straine it, and put thereto as much new Woort as of the aforesaid Licquor, and put therein a good quantitie of Sage, and as much Hisop, and a peny worth of Licquorice well bruised: then seeth it againe vntill it be halfe consumed away: then straine it and put it into a Glasse, or into some other close vessell, and so let it stand for the space of one whole day, and let the partie grieued drinke two or three spoonefulls of it at a time both Morning and Euening, and this will helpe him in a short space. This hath bin well proued.

Also Okefearne bruised, and the iuice thereof drunke either in white Wine, or in stale Ale purgeth Fleagme and Melancholy greatly. This hath bin likewise proued.

¶ Gowt.

Chap. 448.

¶ An experienced Medicine for the Gowt.

TAke 3. or 4. Mowles and flea them, and take out al the guts and all that is within them: then take 3. Earthen pots, and let the one of them be bigger then an other, and let them be well Leaded within: then take the Mowles and put them into the lesser of the same pots (which must be made on purpose full of small holes, both in the sides and bottome,) and then stop the mouth of the same pot very close, and then put that pot into the other pots, and let them be put into the Earth to stand for the space of a Moneth or somewhat more: then take vp your pots, and in the greatest of them you shall finde a good quantitie of pure Oyle: then take the same Oyle and put it into some glasse, or little gallipot, and when you haue occasion to vse it: then take it and annoint the place grieued therewith before a good fire, and this will take the paine cleane away. probatum est. p. M. S.

Chap. 449.

An other for the same.

TAke stale Pisse and seeth it and scum it, and put thereto a good quantitie of the iuice of Red Nettles, Mints, Wormwood and Red Fennell, and let the iuice of them be of as euen portions as you can gesse them, Mustarde and Cummin, of eche of them a little, and of the iuice of Hearb-bennet as much as of all the residue: boyle all these together and make a plaister thereof, and apply it often to the place grieued, and it will help him. pb. est.

Chap. 450.

CHAP. 450.

¶ An other for the same.

TAke the iuice of the Flowers of Broome, and the iuice of Scallicell and Hunny, as much of the one, as of the other, and seeth all thiese togither vntill they be as thicke as Hunny it selfe is, and annoint the place grieued often therewith, and it will cure the Gowt. This hath bin truely proued by *M. T. W.*

CHAP. 451.

¶ An other for the same.

TAke Arsesmart, and wet it in faire Water, and lay it to the place grieued, and when you take it away, then bury it in a moist place in the ground, and as it doth rot, the griefe will cure. probatum est.

CHAP. 452.

¶ An other for the same.

TAke the Rootes of Holi-hockes, and stampe them well, and mingle them well with the Grease of an olde Hog, and make a plaister thereof, and lay it to the place grieued, and so vse it for the space of 6. or 7. dayes togither, and it will helpe you.

CHAP. 453.

¶ An other for the same.

TAke Balme, Camamill, Chickweede, Grommell, Lettice, Holi-hockes and Mallowes, of eche of them a handfull, and boyle them in faire Water vntill they be very tender, then take a good quantitie of great Otemeale, and beat it very small. then put the Hearbes and it togither, and then put three to 3. spoonefulls of Capons grease, and boyle them altogither vntill it be so thicke that it may be spread vpon a Cloth (but all the time that it doth boyle, stirre it so that it doe not burne to the sides of the vessell wherein it is boyled) and make a plaister thereof, and lay it to the place grieued as hot as possibly it may be suffred, and in twice or thrice dressing it will cure him.

CHAP. 454.

¶ An other for the same.

TAke the iuice of Hayriffe, (otherwise called Ewse-meate) and mingle it well with Neats-foote Oyle, and stirre it vntill it be growne thicke, then let the place grieued be anointed therewith, and it will doe him much good.

Chap. 455.

Chap. 455.

¶ An other for the same.

Take Sage and dry it halfe a day or a whole day in the Sunne, and lay it to the place grieued, and in one Night it will ease the paine very much. Probatum est. pS. W.

Chap. 456.

¶ An other for the same.

Take Aqua vitæ and wash and rubbe the place grieued often therewith: then take a linnen Cloth and wet it in Aqua vitæ againe and lay it to the place grieued, and this will helpe you within three or foure times dressing. This hath bin truely proued by *R. Weston.* Chap. 457.

¶ An other for the same.

Take two handfull of Horehound, and 6. handfulls of Wallworts, and bray them togither in a Morter: then straine them and put the iuice thereof into a pint and an halfe of Swines grease and boyle them togither for the space of halfe an houre or more: then straine it through a fine Cloth into some Earthen Pot or Glasse, and let the Patient vse to anoint the place grieued before a good fire, and so by often vsing of it, he shall finde marueilous great ease.

This is also good for all colde Gowtes in the Armes, Legs, or Feete, and for all other griefes and paines in the Bones, which doe come by reason of any manner of colde howsoeuer.

Chap. 458.

¶ An other for the same.

Take Archangell, Betony and Veruoine, of eche of them a like quantitie, and boyle them very well togither in white Wine, and let the Patient vse to drinke thereof both first and last, and this will doe him much good.

Chap. 459.

¶ An other for the same.

Take Shoomakers Specks or pieces of Leather and fry out all the grease of them, and then lay some of the same vpon a browne Paper, and warme it a little at the fire, and so apply it to the place grieued, and it will take away the paine in one Night. Probatum est.

CHAP. 460.

An other good Medicine for the Gowt, or for any other Ach.

TAke Rosen and Pitch of ech of them a quarter of a pound, and as much as a Beane of Frankenscence, and as much of Turpentine, then take a prety quantitie of Deeres Suet, or Sheepes Tallow, and boyle them altogither in a pot, and when it is well boyled: take it forth and wash it (as you doe Byrd-lime) in cleane water, and then take some of it and spread it vpon a piece of leather, and lay it to the place grieued, and so let it remaine there vntill it fall of it selfe: vse this 4. or 5. times and you shall finde great ease thereby.

CHAP. 461.

¶ An excellent good Oyntment for the Gowt.

TAke a fat Goose and plucke her and dresse her as if she should be eaten: then stuffe the belly of her with 3. or 4. young Cats well chopped into small pieces with a handfull of Bay Salt, and then sow vp her belly againe, and roast her at a small fire, and saue all the dripping of her and keepe it for a pretious Oyntment, as well for the Gowt, as also for all other kinde of diseases in the ioynts. probatum est.

CHAP. 462.

¶ An other for the same.

TAke a quart of strong Ale, and put it into some Earthen pot or Pipkin, and couer it close, and boyle it vntill it be consumed from a quart to 4. or 5. spoonefulls: and let the partie grieued annoint his griefe well therewith before a good fire: the take Dregs of strong Ale, and vn-wrought Wax, and a few crummes of Rie Bread, and boyle them altogither vntill they be thick like a plaister, and then spread it vpon a piece of Red Woollen Cloth that is new, and lay it to the place grieued as hot as possibly it may be suffred, and this will cure him in a short space.

CHAP. 463

¶ A very good plaister for the Gowt, or for any other Ach in the ioynts: with which the L. *Rich* was cured, when most Phisitions and Chirurgions, thought him to be incurable.

TAke halfe a pound of vn-wrought Wax, halfe a pound of Rosin, and an ounce of Libanum, a quarter of a pound of fine Littargie of Golde, and iij. quarters of a pound of whit Leade beaten to powder, and searse it through a Searsar, then take a pint of Beates-fete Oyle and set it on the fire in some small vessell,

and mix it with the Wax and Rosin, and when it is molten, put all the other powders therein, and then stirre it as fast as euer you can with a sticke, and then put a little of it into a pewter Sawcer, and if it be hard (being so tryed in the Sawcer) then take it from the fire and anoint some faire euen boord, with some of the Oyle of Neates-feete, and as soone as you may abide to handle it for heat, worke it as it were Shoemakers Wax, and so make it into great Rowles, and then make plaisters of it with a Chafingdish of Coales, and then spread it either vpon a peece of linnen cloth, or else vpon a peece of Leather, and then lay the plaister warme to the place where the paine is, and so renew it euery morning and Euening vntill the paine be gone, or else vntill the Ach be driuen into some other ioynt, and then apply your plaisters against in like sort where the griefe is, and beware of colde or hot wines, and doubtles this will help you. Pb. est.

CHAP. 464.

An other good plaister for the Gowt.

TAke 3. or 4. spoonefuls of the iuice of Wormwoode, and as much of the iuice of Smalledge, and a prety quantitie of Wine Vinegar, Salt and Hunny, and mingle them together with a good quantitie of Rie-flower, and stirre them well together as fast as you can, and boyle them well and make a plaister thereof, and spread it on a linnen cloth, or a peece of Leather, and lay it to the place that is grieued. Likewise, let the partie grieued vse the Drinke before rehearsed in the 458. Chapter, and the plaister both at once, and by Gods helpe it will cure him. Probatum est.

Greene Sicknes.

CHAP. 465.

An excellent good and approued medicine for the greene Sicknes.

TAke a gallon of new Milke which commeth from the Cow in the morning, and let it settle fay the space of an houre, then take a breast of Veale (of the youngest and fattest that may be gotten) and wash it very cleane, and dry it with a Cloth, & cut

that

that no water may remaine in it: then bruse the same bones and all, and put it into the Milke: (creame and all as it stood) then take 14. or 15. of the best Dates that may be gotten, and cut them in the middest, and a quarter of an ounce of whole Mace, halfe a pound of Currants, two handfulls of Mints, and a good handfull of wilde Time, and put them altogither into the Milke with the Weale, and so let it seeth vntill the one halfe of it be consumed, and when it is throughly sodden, it will be like a Jelly, and (it being warme) the partie grieued may drinke it as a broath, and (it being colde) he may eate it as a Jelly: but if the parties stomache doe not serue well to eate it, then make a taste of Wheaten Bread and soke it in Malmsie, and straw vpon it some powder of Mints, and then let the partie grieued eate it, and so let him vse this for the space of 6. or 7. wekes togither, or otherwise, as long as shall be thought needfull, (but the Spring time of the yeare is the most fittest for it) and let the patient vse some bodily exercise to prouoke sweat, and this will helpe it without all doubt. Probatum est. CHAP. 466.

¶ An excellent Medicine for the Greene sickenes.

TAke a handfull of Cowslop-flowers, dry them, and stamp them to powder, then take 6. or 7. spoonfulls of Malmsie, and a spoonfull of the same powder, and drinke this together euery morning fasting for the space of 14. dayes together, and for want of Malmsey, you may take stale Ale, and this by the grace of God will helpe you. CHAP. 467.

¶ An other for the same.

TAke a pound of Red Currants and a quart of Muskadine, and let them infuse togither for the space of one whole night, then let the patient drinke thereof, and it will help him.

CHAP. 468.

¶ An other for the same.

TAke 4. spoonfulls of good Flemmish Maddet, and boyle it in a pint of whit Wine with a good pere of fine Suger therein, and let it boyle vntill the one halfe be consumed: then cole it and straine it through a fine linnen cloth, and let the Patient drinke thereof both morning and euening for the space of 14. or 15. dayes together, to the quantitie of 6. or 7. spoonfulls at a time, blood-warme, and then walke after it; or else dannce or vse

some other exercise, whereby sweat may be provoked as afore-said, and it will helpe without all doubt. Probatum est.

CHAP. 469.

¶ Another for the same.

TAKE a pottle of Red Wine that is pure and good (or for want thereof, as much Hullocke) and two ounces of Fennell-seede, and three ounces of Annis-seede, and mingle them all togither, and boyle them over a soft fire untill the one halfe be consumed: then straine it, and let the Patient drinke thereof first and last, luke-warme, and let the Patient drinke the quantitie of halfe a pinte thereof at a time, if it may be indured. This must be used for the space of eight dayes togither, alwayes beginning two dayes after the chaunges of every Moone: and if it be so farre gone that the Patient cannot recover perfect health in that space: then let this Medicine be used 8. dayes in a Moneth for the space of 3. Moneths togither, and in the beginning of every Moneth as afore-said, and it helpeth without all doubt. Probatum est. CHAP. 470.

¶ an other for the same.

TAke an herb that is called Rosus solus, (it groweth close by the ground, and it hath some what a broad leafe (some do call it the Shepes rot, and it beareth a yellow flower) and distill a water out of it, and give it the Patient to drinke both Morning and Evening, and let the patient use this drinke for the space of 6. or 7. dayes togither, and let some exercise of bodily labour be used as afore said, and hereby the Patient shall be helpen without al doubt.

Head-ach or Megrim.

CHAP. 471.

¶ A good Medicine to take away any extreame Ach, or swimming in the Head.

TAke Rosemarie, Lauender-flowers, winter Sauerie, Camamill, Bayes, and Lauender it selfe, (both new and olde) Mintes and Fennell: bath all thisle togither in faire running Water, and put thereto a good handfull of Bay Salt: then take some of the same Licquor,

licquor, (hearbes and all) and wash your feete therewith, twice euery Morning and Euening for the space of 3. dayes, and in so doing, it will take away any manner of paine in the Head, although it be neuer so extreame or grieuous. This hath bin proued.

CHAP. 472.

¶ An excellent good Medicine for any manner of Ach, or paine in the Head.

TAke a Rose-cake, and wet it very well in Vinegar, and then put thereto a good quantitie of the powder of Nutmegs, and the powder of Cloues, and then let the same be bound very hard to the Temples of the head of the partie grieued, and this will speedily helpe him. probatum est. CHAP. 473.

¶ An other for the same.

TAke a good quantitie of fine Ashes and make Lye thereof, and straine it through a cleane cloth: then take a handful or two of Betony, and as much Red Sage, and seeth the Lye and them againe altogither, and straine it againe as before, and then let the partie grieued haue his head once washed therewith, and the second time that his Head is washed, put thereto halfe a pint of Muscadine, and the third time wash his head with cleane Muscadine, and this will helpe him. probatum est.

CHAP. 474.

¶ An other for the same.

TAke the iuice of Rue (otherwise called Hearb-grace) and put it into the Nosethrills of the Patient, and it will expell the Flegme, cleanse the Braines, and mittigate the paine in the head. probatum est.

Also, this Hearbe sodden in Whit Wine doth the like.

CHAP. 475.

¶ An other for the same.

TAke a Red Rose Cake and cut it of the length and breadth of your Forehead: then take Rosewater and Vinegar, of eche of them a like quantitie, and steepe the Rose cake in them, and lay it to your Fore-head as hot as you may possibly suffer it, and it will helpe you.

CHAP. 476.

¶ An excellent good remedy for the Megrim.

TAke fine leated Gralle and Mortell, (otherwise called Saint Mary Heathe) of eche of them a like quantitie, and so mixed

as both the other of Betony: beat all these together in a Morter and straine out the juice cleane, and then put to the same juice as much May Butter as the quantitie of the juice is, and so make an Ointment thereof, and let the patient annoint his browes therewith when he goeth to bed, and doubtles this will doe him marvellous much good. CHAP. 477.

¶ An other for the same.

TAke Bole armoniak, Sanguis Dragonis, and Terra sigillata, of eth of them a like quantitie, and beat them into fine powder: then (to make a plaister) take a little Flax and lay it upon a peece of browne paper, and let the paper be as broad as you will have your plaister: then take the whit of an Egg and lay upon the Flax, and straw the powder aforesaid upon that side of the plaister which shall lie nearest unto your head, and then folde a peece of paper, or else a linnen cloath betweene your head and the Medicine, or else it will cleane to the sore to the hayre of your head, use this often & it will help you. Probatum est. CHAP. 478.

¶ An other for the same.

TAke a peece of Leather unalumed as broad as your Forehead, and in length, as it were from one of the Temples of your head to the other: then raise the same Leather, but not through: then take the Oyle of the whit of an Egge, and lay it thereon: then take Sanguis Dragonis, and beat it to powder, and scatter the same upon the Oyle as thin as you may, and then lay it to your forehead, and there let it remaine untill it be ready to fall of it selfe. This hath holpen many.

CHAP. 479.

¶ An other for the same.

TAke halfe the Gall of a Sheepe, and a pennyworth of whit Coporas, and boyle them together in stale Ale, and let the patient anoint his head often therewith, and he shall finde great ease by it. probatum est. CHAP. 480.

¶ An other for the same.

TAke Mugwoort and Sage, of eth of them a good handfull, of Camamill and Gentian, of eth of them a good quantitie, & ℔. peny worth of English Hunny, and boyle all these together untill they bothicke: then make a plaister thereof, and lay it behind and on both sides of your head, as hot as possibly it may be suffered

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red, and thus vse this for the space of 3. or 4. dayes together, and it will take the Megrim cleane away. Probatum est.

Chap. 481.

¶ An other for the same.

TAke an ounce of Pepper and 5. or 6. Nutmegs, a quarter of an ounce of Graines, and a quart of Vinegar, and two handfulls of Rosemarie: boyle all these together betweene two platters vpon a Chafingdish of coales, and then put your head ouer it, and holde close ouer it, vntill it be boyled, (but if it boyle it almost away it will be the better) and this will helpe you. Probatum est.

Chap. 482.

¶ An excellent good Medicine for the Head-ach or Megrim.

TAke 5. or 6. Nutmegs and pare and slice them very thin: then make 4. little linnen bagges of the length and breadth of your finger, and put in the Nutmegs: the take a good quantitie of pure Red Rose-water, and lay your bagges in the same water in a dish vpon a Chafing-dish of Coales, and make them hot, and then lay them to the Temples of your head, and this will helpe you.

Chap. 483.

An approued medicine for the Headach, and to purge the Rhewme.

TAke the whites of two new laid Egges and beate them very well together and put them into Flax with as much Rosewater as you shall thinke conuenient, and then beate them well againe together, and spread the same vpon two linnen Clothes, and then straw thereon, some powder of Nutmegs, (which is grosely beaten: then lay these two plaisters the one of them to the nape of the necke of the patient, and the other to the Temples of his head, and let them be fast bound that they stirre not, and then let them continue vntill the next Morning, and let him vse this for the space of 6. or 7. dayes together, and it will help him. Probatum est.

Chap. 484.

¶ A very good Medicine for the Head-ach.

TAke Margerum water and holde your nose ouer it, and then draw your winde hard into you, vntill such time as the water hath entred into your nose diuers times, and then your head will cease aking immediatly.

Chap. 485.

CHAP. 485.

¶ An other Medicine for a continuall Head-ach.

TAke a good quantitie of Betony water, and then take a fine linnen Cloth and double it 3. or 4. times double, and let it be some 3. fingers broad, and wet it very well in the said Water, and lay it to your fore-head colde, and let the Cloth (it being wet) come round about your head, and tye it very fast, and when it is dry, wet it very well againe, and by thus using of it 3. or 4. times it will help you. CHAP. 486.

¶ A very good Medicine to purge the Head.

TAke Pellitorie of Spaine, and chew the rote thereof in your mouth 4. or 5. dayes at severall times, and this will take away the paine of the head, and also fasten the Teth in the Gummes. Probatum est. CHAP. 487.

¶ A good Medicine for the winde in the Head.

TAke a handfull of Flowers of Camamill, and halfe a handfull of powder of Cinamon, and mingle them together, and then make two little bags of the breadth of your Eares, and put both the powder and the flowers therein, and binde them close to both your eares, and this will speadily help you. Probatum est.

Hickop.

CHAP. 488.

¶ A present Medicine for the Hickop.

TAke thy fingers ends, and stop both thine Eares very hard, and the Hickop will surcease immediatly. Probatum est. CHAP. 489.

¶ An other for the same.

TAke Oyle of Lillyes, and let the Patient anneint his Body therewith diuers and sundry times, and this will helpe him immediatly. probatum est.

Chap. 490.

Heart.

CHAP. 490.

¶ An excellent good Medicine to open the pipes of the Heart being stopped, and to take away Fleagme cleane, and also to comfort the Heart that is weake.

TAke a good quantitie of Barly, and put it into a gallon of faire Running Water, and seth it untill the one halfe be consumed: then straine it through a cleane cloth, and put it into a penyworth of good Licquorice (somewhat brused) and a handfull of red Sage, and then seeth the altogither againe, and then put the same licquor into a close Earthen vessell, or else a glasse, and let it stand so for the space of 24 houres: then let the partie grieued drinke 3 or 4. spoonefulls thereof, first and last, (but in the Morning let him fast an houre after it) and let him use this for the space of 14. or 15. dayes togither, and it will help him. probatum est.

CHAP. 491.

¶ A good Medicine for the passion of the Heart.

TAke Red Rose leaues, Oyle of Mace, and powder of Saffron, and mingle them all togither, and quilt them in a little thin silke, and draw it ouer with a little thin Cinet, and so apply it to the region of the heart, and it will doe you marueilous much good. Also Muske is pleasant in sauor, and it comforteth both the heart and the braine greatly.

CHAP. 492.

¶ An other good Medicine for the Passion of the Heart, called Tremor Cordis.

TAke powder of Nutmegs, powder of Burrage, wheaten flower, powder of whit Amber, powder of the Bone in a Stagges heart, and the powder of Cinamon, and mingle them altogither, and let the partie grieued drinke the same eyther in Wine, Ale, or Beese, both Morning and Euening, and he shall finde exceeding great ease thereby. probatum est.

Thiese things afore mentioned, ought to be portioned by great and good aduise.

CHAP. 493.

¶ An excellent good remedy for the beating, or tumbling of the Heart.

TAke a pottle of good Claret Wine, and put thereto a handfull of Balme, a handful of Burrage, 6 crops of Rosemarie halfe a quarter of an ounce of English Saffron whole, and a quarter of a pound of fine Suger, and mingle them altogither, and put them into some close vessell to stand for the space of a day or more, before the partie grieued doe Drinke it, and let him vse to take a good draught of it at a time both first and last, and let him vse it for the space of 6. or 7. dayes togither, or longer if necessitie require it, and it will helpe him. Probatum est.

CHAP. 494.

¶ A very good Medicine for the Heart-burning.

TAke 6. Almondes and 12. raw Pease and eat them togither, and certainely you shall not be troubled any more with the Heart-burning. For it hath bin truely proued.

CHAP. 495.

¶ A good Medicine for the swelling of the Heart, and for breaking of Fleagme.

TAke a quarter of a pint of Dammaske Rose-water, 3. spoonefulls of pure whit Wine with a few sopps of Whit Bread, and a prety quantitie of sweet Butter and Suger, boyle all thiese togither vpon a Chasing-dish of Coales, and let the partie grieued eate 3. or 4. spoonefulls thereof at a time after meate, and this will speadily helpe him. Probatum est.

CHAP. 496.

¶ *Thinges good and comfortable for the Heart.*

Saffron, Galingall, Cloues, Muske, Burrage, Nutmegs, Red Roses, Violets and Mace, with mirth and gladnes of the Heart.

CHAP. 497.

¶ *Thinges ill for the Heart.*

Beanes, Pease, Leekes, Onyons, Garlicke, Sadnes, Dread, Anger, ouermuch Trauayle, To drinke colde water after Trauaile, and to heare euill tidings, as the losse of friends, &c.

CHAP. 498.

A very good Drinke to be vsed for an extreame Heat or Drought

TAKE a pottle of faire Running Water, Succory, Endiue, Violet-leaues, and Burrage, of ech of them a handfull, Taile a handfull of Lettice, two Fennell-rootes, and two Parsly-rootes, put all these together into the Water, and let them seth vntill the one halfe be consumed: then take it of, and put a little Suger into it to make it sweet, and when you haue so done, then let it seeth some 3. or 4. wallowes more, then take it and straine it through a fine linnen Cloath, and let the Patient drinke it at his pleasure, but let him vse this for 3. or 9. dayes together, and it will be the better.

CHAP. 499.

An excellent good remedy for an extreame heate, Burning or Drought in any man or womans body.

TAke wilde Poppie, (which groweth amongst Corne) and hath a red Flower on it much like a Red Rose leafe, and it is (called of some red Corne Rose) and distill it into a water, and let the Patient drinke thereof 3. or 4. great draughts, and this will quickly abate the heate or burning. probatum est.

CHAP. 500.

¶ An approued Medicine for one that is moken within by ouer much trauaile or labour.

TAke a quart of Claret Wine, and seeth therein a good quantitie of Auence and make a pottet with the same Wine, and let the Patient drinke 3. or 4. times thereof warme (bed-ward) and it will helpe him. Probatum est.

Iaundise, Black and Yellow.

Chap. 501.

¶ A singular good Medicine for the Black Iaundise.

TAke Wheat straw and lay it abroad upon a faire floore in a close house, and put Mice into the place where the straws, and watch when they do bonng, and take it up whole, and with a knife, scrape of the whit that is about it, and keepe the same whit until you haue a good quantitie thereof, then dry it in an Ouen, and bruise it into powder and let the patient drinke it in Ale or Beere, both first and last warme, and it will cure both the Blacke and Yellow Iaundise.

Chap. 502.

An other for the same.

TAke Shel-Snailes and rosst them, or else dry them at the fire, or in an Ouen, and when they are dry, beate them to powder, and let the patient take a spoonfull thereof at a time, and let him drinke it in Ale, and let him vse it for the space of 11. or 12. dayes together both Morning and Euening, and this will cure the disease perfectly. pb. est.

Chap. 503.

An other for the same.

TAke of the Rootes and Leaues of Strawberries, and eate them euery Morning fasting, for the space of 17. or 18. dayes together, and doubtles this will helpe you. prob. est.

Chap. 504.

¶ An other for the same,

TAke the Gall of a Rauen, and dry it well, and then grate it into powder, and when you haue so done: take a pretty quantitie of it, and temper it either with Ale or Beere, and let the Patient drinke thereof euery Morning fasting, for the space of 6. or 7. dayes together, and it will presently helpe him. This was truely proued by *M. Cox.*

CHAP. 505.

¶ An other for the same.

TAke Betony, Mugwoort, and an hearb that is called Hearb Ambrose, of ech of them a good handfull halfe a handfull of Centorie, and 3. or 4. Dock-rootes cleane washed and scraped: stamp all thiese very well togither in a Porter, then take Spikenell, Turmerick, and Galligarie, of ech of them a like quantitie, and stamp them likewise in a morter, & put the hearbs by themselues in a cleane cloth, and the spices by themselues, and tye them fast in stringes and hang them in j. gallon or ij. of good Ale, which is new ready to be tunned, and let it stand for the space of 4. or 5. daies, then drinke a good draught thereof every morning fasting for the space of 7 or 8 dayes togither, and thē fast 3. or 4. houres after it, and also take it last whē you go to bed, and doubtles this will helpe you. Chap. 506.

¶ An other for the same.

TAke a gallon of good Ale, and boile it and scum it cleane, then take a pint of Hunny, two handfulls of Red Nettles, and a peniworth of English Saffron, and put them in the Ale, (being cleane scummed as aforesaid) and when you thinke that it is wel boiled, straine it and let the partie grieued drinke a good draught thereof every morning fasting for the space of 14. or 15 dayes togither, and this will helpe him. Chap. 507.

¶ A very good Medicine for the Yellow Iaundise.

TAke a handful of Red Nettle crops, & seeth them wel in a pint of Ale, and then straine it through a cleane Cloth, and let the patient drinke it first and last for the space of 4. or 5. dayes togither, and it will help him, ꝓb. est. Chap. 508.

¶ A singular good Medicine for the Yellow Iaundise.

TAke both Leaues and Rootes of Strawberries, and make Pottage or broth therewith, and let the partie grieued take a good quantitie thereof at a time fasting, for a certaine space, and by Gods help he shall haue present remedy.

This was a secret Medicine practised by an olde man, who got much money thereby. Chap. 509.

¶ An other for the same.

TAke Earth-wormes, and wash them and slice them then take a little scraped Iuorie and English Saffron beaten to powder and

mingle them togither with White Wine, and let the patient drink a good draught thereof first and last luke-warme, and it will doe him marueilous much good. Chap. 510.

¶ Another for the same.

TAke Bay Salt, Otes and Cummin and dry them all and make ij. bags thereof, and as hot as the patient may suffer it, lay the one after the other to the crowne of his head, and so let him vse it often for a good space. Chap. 511.

¶ Another for the same.

TAke hard Spanish Sope, and a little stale Ale in a Cup, and rub the Sope against the Cup bottome (on the inside) vntil the Ale be white: then shaue a little Iuorie into it, and let the patient drink thereof first and last vntill it be cured, which (by Gods help) will be in a short space. Chap. 512

¶ Another for the same.

TAke Leaues of Selandine, and put a good quantitie of them in your stockings next your bare skin (both aboue and vnderneath) and it will helpe you. Chap. 513.

¶ Another for the same.

TAke a Burr-roote, (the greater it is, it is the better) and scrape it cleane, then take a pottle of new Ale, and put your Rootes therein, and boyle the rootes well in the Ale, and then let them soke therein for the space of a day and a night, and let it be close stopt, then let the Patient drinke a good draught thereof, 3. or 4 times, and he shall be whole without all doubt. Probatum est.

CHAP. 514.

¶ Another for the same.

TAke a good handfull of Selandine-leaues, and a quart of white Wine, and boyle them togither vntill the one halfe be consumed, (but if it be in Winter: then take the Rootes of Selandine) then straine the same, and let the Patient drinke thereof first and last warme, and this will helpe him, Probatum est.

CHAP. 515.

¶ Another for the same.

TAke a great Apple and cut of the top thereof, (so as it may couer the place againe) and take out the core, and then put into the same place some sweet Butter, and a good quantitie of Turmericke, and a good quantitie of English Saffron, and then close it vp

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againe with the piece that was cut of, and roast it very tender, and let the patient eate thereof, 3. or 4. mornings togither fasting, or longer if necessitie require it.

Impostumes.

Chap: 516.

¶ A maruellous good Medicine to destroy an impostume.

Take Rootes of Holi-hockes, and wash them cleane and seeth them vntill they be tender: then take the Water wherein they are sodden, and put it into a cleane vessel, and then take as much Lin-seede and Fenicreeke (of both, as the quantitie of the Rootes are in waight) and put them into the said Water, and then boile them togither againe vntill they rope like byrd-lime: then stamp the Rootes, and put thereto a prety quantitie of Barly Meale, and temper them altogither, & fry them wel with Bores Grease, and then apply it to the sore (plaisterwise) and this will speadily help it. Probatum est.

Itches and Scabbes.

Chap. 517.

¶ A good Medicine for an Itch or breaking out.

Take Whay and clarifie it with the Leaues of Succorie, Burrage, Endiue, Fumitorie-flowers, & Hops, of ech of them an ounce, and one Fennel-roote, and one Succorie-roore, both brused, and an ounce of great Reysons, and let them be clarified in the whay as aforesaid, and let the Patient drinke a good draught thereof euery Morning warme, for the space of 7. or 8. dayes togither. Also, take a handfull of Seny sodden (in a pot closly stopt) from halfe a pint to a quarter of a pint, with a few Annis-seedes brused: then straine that likewise and drinke it fasting, and a little

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while after let the patient drinke an Alebeurie, or else some other thin drinke. Chap. 518.

¶ An other for the same.

Take 11. or 12. of the yellowest Dock-roots that may be gotten, and scrape them as cleane as you would doe Parsneps, and cut them small and stampe them well in a morter: then set them ouer a Chafing-dish of Coales, and put vi a pound of sweet Butter therein, and let them boyle vntill the Rootes be ready to straine, and when they be sufficiently boyled, straine them and put into ỹ iuice a spoonful of Brimstone finely beaten to powder, & stir it well together, & put it to stand in ỹ colde, & then it will be a pure salue, and when needs requireth let ỹ body of the patient be anointed therewith before a good fire, & let it soke into his skin, & in doing this Morn. & Euen. for ỹ space of 6. or 7 dayes together, it will take away the itch be it neuer so great. Prob. est.

Chap. 519.

¶ An other for the same.

Take Red Dock-rootes and wash them & scrape them cleane, & cut them in slices & stomp them in a morter: then put thereto a good quantitie of Swines grease, & a good quantitie of Brimstone finely beaten, & temper them well together, & let the patient be anointed therwith both Morn. & Euen. and this will speedily help him. Prob. est. Chap. 520.

¶ An other for the same.

Take Dock-rootes & beat them, & bruse them with sweet Butter, and let ỹ patient be anointed therewith, & in 5. or 6. dayes it will help him. Chap. 521.

¶ An other for the same.

Take a good quantitie of white Sope and stampe it well in Rosewater, then take a little Mercury sublimed, & let it be dissolued in a little Rosewater, then temper the Sope & the Rosewater together, & put into it a little Muske of Ciuet, & so keepe it vntill occasion serueth for vse thereof, and this will kill any manner of itch. This is also a singular good Medicine to cure any great scab or itch without any manner of daunger at all, for it hath bin sufficiently proued.

Likewise the Oyle of Mirh healeth all manner of Scabs, Itches, Tetters, Ribes, Pimples, Chops, Ringworms, &c.

Chap. 522.

¶ An other for the same.

TAke an ounce of Ginger finely beaten to powder, & temper it with a quarter of a li of fresh Butter, and anoynt your body therewith 4. or 5. dayes together, both Morning & Euening, & it will kill the itch without doubt, Prob. est. Chap. 523.

¶ An other good Medicine to kill an extreame Itch, and to destroy the Scabbes.

TAke 6. spoonefulls of Barrowes Grease, and a peny waight of Quick-siluer, & a handfull of Bay Salt, & 6. spoonefulls of fasting Spittle, and bray them all together, vntill the Quick-siluer be consumed quite, & then let the partie grieued anoint himselfe well therewith, and it will helpe him. probatum est.

CHAP. 524.

¶ An other for the same.

TAke the Decoction of Hisop and anoint the place that is infected therewith, & in 4. or 5. dayes it will cure the itch without doubt, using of it often euery day. Prob est.

CHAP. 525.

¶ An other for the same.

TAke Enula Campana Rootes & Bores Grease, and stamp them together, & so let them stand for the space of 6. or 7. dayes, & then take them and fry them well & straine them, & then put thereto an oz. of Mercury sublimatum, & let it be first beaten with a spoonefull of fasting Spittle & a little Brimstone beaten into fine powder, and with the same Oyntment let the partie grieued be anointed twice or thrice a day before a good fire, and this will cure him in a short space.

CHAP. 526.

¶ an other for the same.

TAke Red Dock rootes & wash them cleane, and boile the in faire Water & let them boile vntill they be soft, & then stampe them and straine them into a pint of Creame, and then seeth them againe together vntill the same be growne thicke, & then take it of and put it into some close Earthen bessell, and when occasion doth serue for vse thereof let the partie grieued be anointed therewith, both Morning & Euening before a good fire, for the space of 8. or 9. dayes together, and it will take away all the Scabbes, kill the Itch, & cleare the skin. This hath bin truely proued.

CHAP. 527.

¶ A marueilous good Medicine (to be vsed in manner of a plaister) for rotten festred Legges, which haue bin long sore.

TAke Plantine that groweth in March, Wilde Tanse, great Morrell & Hunny, of ech of them a like quantitie: then take the whit of an Egge & the Milk of a Cow that is all of one colour, & a good quantitie of Barly flower, and thicken them all togither, and let the Hearbes be stamped in a morter, & afterwards mingled with the rest, and make a plaister therof, and lay it to the sore, and it will heale it without all doubt. probatum est CHAP. 528.

¶ An other good Medicine for the swelling of the Legges, coming by Colde or otherwise.

TAke of whit Hearings out of the Pickle, and open them, and take forth all the bones of them, and then lay the insides of the same Hearings to the soles of your feete when you goe to bed, & so let them remaine all night, and in the Morning apply new ones againe, vse this 6. or 7. times and the same will helpe you. Probatum est.

CHAP. 529.

¶ An other good Medicine for sore Legs that doe ranckle and fester.

TAke Smaledge, Southernwood, Housleeke, Violet leaues & rootes, and Way-broad leaues, of ech of them a good quantitie, & stamp them small in a Morter, & put thereto a good quantitie of Hunny, and so temper it well with the Hearbes, & then straine it through a fine linnen cloth, & make a plaister thereof and lay it to the sore, and so renue it twice euery day, and alwaies before you lay on the plaister wash the sore well with whit Wine, or else with Oyle of Roses, and all this space, vse to put 5. or 6. leaues of Sage in your Drinke, & in a short space your Legs will be hole. This hath holpen some that haue bin thought (by skilfull Phisitions) to be past all cure.

Chap. 530.

Liuer.

CHAP. 530.

¶ An excellent good Medicine for the heate of the Liuer, and for dryues in the hands, which commeth thereof.

TAke a good quantitie of Strawberrie water distilled, and seeth therein a handfull or ij. of Liuerwort, & then straine it and giue it ỳ patient to drinke with a good quantitie of Sirop of Mints, & this will both cole ỳ extreame heate of the Liuer & also bring moisture to the hands againe. This hath bin sufficiently proued. Chap. 531.

¶ An other for the same.

TAke Fumitorie, Harts tongue, & Liuerwoort, and boile them in whay and then straine it, and giue it the patient to drinke, and it will do him much good. CHAP. 532.

¶ A very good Drinke made of Whay, for to coole the extreame heat of the Liuer and stommacke.

TAke Violet-leaues, Sinkfoyle-leaues, Succory, Endiue, Scabious, and Fumitorie, of ech of them a good handfull, & seeth them in a pottle of Whay which hath bin boiled, & so let it continue boyling vntill the third part be consumed: then straine it through a fine cloth, & let the patient drink a good draught therof euery morn. & euen. for a certaine space, & this will help him. Probatum est. Chap. 533.

¶ A good Medicine for the stopping of the Liuer.

TAke Broth made of Chickins, with these things following, (viz) Mercury, & Succory of ech of them ỳ a handfull, and a few great Reysons (the stones picked out) and boile them togither, then take a few bitter Almonds and blaunch them, and beate them, and with the same liquor make Almond Milke, and let ỳ patient vse to drinke it euery morning fasting, and it will help him. CHAP. 534.

¶ An other for the same.

TAke Madder Rootes and boyle them in ỳ a pinte of Ale or somewhat more, and let it seeth vntill it come to a draught, & let the patient ple it first & last twice or thrice a week and this will help him.

CHAP. 535.

¶ An other for the same.

TAke the quantitie of a Beane of Venice Turpentine, & put it into a spoone, & hold it ouer the fire vntill it melt, then put thereto a little fine Suger, & let the Patient eate thereof euery day fasting and this will help him probatum est. Chap. 536.

¶ An other for the same.

TAke great Capers that be greene, & lay them to soke in Veriuice, 5. or 6. dayes together, & then take them forth & wring the iuice out cleane, & put a verie quantitie of the same in a sawcer, & put thereto a little syrop of Vineger, & let the patient vse to eat thereof a little before Dinner, & likewise before supper againe, and this will do him much good. CHAP. 537.

¶ An other Medicine for the heat of the Liuer, and for drynes in the handes.

TAke a good quantitie of Strawberrie water distilled & farth therein a good quantitie of Liuerwort, & drinke it with Sirop of Mints, & this will cole the heat be it neuer so great. pb. est.

CHAP. 538.

¶ An other good Medicine for the heat of the Liuer.

TAke Saunders & strong Vineger & beat them hot, then take a little Scarlet in graine, & dip it in the same, lay it to the spone of y breast on the right side and it will help. CHAP. 539.

¶ An other for the same.

TAke a good handfull of Liuerwort, y groweth vpon stones, and of Fumitorie & Harts tonge of eche of them a handfull, & boile them well in clarified Whay and drinke a good draught thereof at a time, both vpon & euen, & it will help you. Chap. 540.

¶ An other for the same.

TAke a good quantitie of Barberies, & steepe them one night in clarified Whay & strayne it, and let the patient drinke it fasting & fast & it will ease him greatly. CHAP. 541.

A marueilous good Medicine for any manner of disease in the Liuer.

TAke the Liuer of an Hare (being well dryed) & made into fine powder, & drinke it in Ale or Wine and it will do you marueilous much good. pb. est. CHAP. 542. ¶ An other for the same.

TAke a quart of Strawberries, & a quantitie of withe Tansie, and a gallon of new milke from the Cow, & distill all these together, and let

let the patient drinke thereof both Morning & Euening fasting and let him wash his face often therewith. probatum est.

¶ Lunges.

Chap. 543.

¶ A maruellous good Medicine to preserue the Lungs.

TAke the Lungs of a Fox and dry it well, & beat it to powder, and then put a quarter of a spoonefull thereof into a little new Almond Milke, or else into some other thin Broath made of Veale or Mutton, and let ỳ patient eat it, and this will preserue the Lungs wonderfull greatly. Probatum est.

¶ Meate.

Chap. 544.

¶ A singular good Medicine to cause one to haue a good appetite to Meate being neuer so sicke.

TAke Centorie and boyle it in faire Running Water, and let the sicke person drinke euery day the quantitie of 11. or 12 spoonfulls at a time, (luke warme) for ỳ space of 4. or 5. dayes together, & this will prouoke Appetite without all doubt, & it will also purifie the best & stomacke. pb. est. Chap. 545.

¶ An other for the same.

TAke Centorie & boyle it in faire Water & put thereto a little Suger Candie, Licquorice & Annis-seedes and let the sick person drinke it luke warme euery morning iij. spoonfulls at a time, & so vse it for the space of 5. or 6 dayes together & this will help to bring his stomack againe if he be far spent. pb. est. Chap. 546.

A very comfortable powder to cause one to digest his meate well, &c.

TAke Pellitorie of Spaine, Centorie, Annis-seede, Licquorice, Greynes of Paradice, Ginger and Cinamon of ech of them a like quantitie, & beate & searse them into a fine powder, and let ỳ patient drinke vj. spoonfull at a time thereof, in Wine, Ale or Beere, Morning & Euening for a certaine space, and this will doe him exceeding much good. This hath bin truely proued.

Morphew.

Chap. 547.

¶ An excellent good remedy for the Morphew.

Take iij. spoonefulls of Elder Water, and let the patient drinke it euery Morning fasting, for ỳ space of 9 daies together, & let him sweat euery day after ỳ he hath taken it: then take iij. or v. Oke Apples and steep them in Whit Wine Vinegar, for the space of 24. houres, & then let him wash his body well with the same Vinegar, and doubtles this will cure him. Probatum est.

Chap: 548.

¶ An other for the same.

Take ij. ounces of Sulphure Vive, and beat it to powder, & mingle it with a little Blacke Sope, (ỳ is of a most stinking smell, & lay it in a linnen Cloth, & hang it in a pint of strong Wine Vinegar for the space of 9 or 10. dayes, & then let ỳ patient wash the place where the Morphew is, & it will help him, although it be neuer so far spent.

Chap. 549.

¶ An other for the same.

Take Strawberrie Water distilled, and drinke it often, and it will expell the Morphew. This hath bin truely proued.

Chap. 550.

¶ An other for the same.

Take the iuice of Selandine & mingle it with powder of Brimstone, and then lay it to ỳ place where the Morphew is, (all colde) and so vse this 4. or 5. times, and it will take the Morphew cleane away.

Chap 551.

¶ An other Medicine for the Morphew, whether it be white or blacke.

Take Betony, Harts-tongue, Sage, Plantine, Red Fennell, & Water Cressets, of euch of them a handfull & ỳ. a handfull of the Leaues of Hearbe-benner, and ỳ. an ounce of Veruoine, and distill them altogither, and let ỳ Patient drinke iij. or iiij. spoonefulls thereof euery morning fasting, and let him walke an houre after it, and this will cure him.

Chap. 552.

CHAP. 552.

¶ An other for the same.

TAke Mustard-seede & Salt, and stamp them wel togither with Vinegar, & let the place where ỳ Morphew is, be anointed wel therewith, and it will cure it in a short space. Probatum est.

CHAP. 553.

¶ An other for the same.

TAke grēne Coporas, and put it to steep in faire Running Water, and so let it remaine a day and a night, & then straine it through a fine linnen cloth & when occasion serueth, annoint the place afore where the Morphew is, and it will speadily cure it.

Mother.

CHAP. 554.

¶ An experienced Medicine for the Mother.

TAke a good quantitie of Neepe Royall, & stamp it well, and then take ỳ spoonefulls of the said iuice, & a spoonefull of Sallet Oyle, and boyle them togither in a Saincer, and let ỳ parts thereof sath away, and let no more remaine but onely ỳ quantitie of the Oyle, and let the partie grieued anoint the place where the Mother doth arise, and it will ease you wonderfull much. CHAP. 555.

Another for the same.

TAke a pint of Ale and set it on the fire and scum it: then take one spoonefull of Triacle, and a good quantitie of Mace & Greines, and a little Saffron, and boyle them altogither, and so giue it the partie grieued to drinke as hot as possibly it may be taken, & he shall finde great ease immediatly. CHAP. 556.

¶ Another for the same.

TAke Louage and Elisaunders, of eth of them an ounce, Rootes & Leaues of Smalledge ỳ ounce, and of the Rootes of Bugloss, Burrage, Parsly, Fennell & Succory, of eth of them an ounce, of Maydenhayre, Harts-tongue, wilde Time, & wilde Margerum, of eth of them ỳ ounces, of Cummin-seede, Annis-seede, Coriander seede, Gammay seede, Smalledge-seede & Dill-seede, of eth of them ỳ spoonfuls and a good quantitie of Reysons of the Sonne, & bray them altogether and

and put them to steep in whit Wine, or Ale, for ye space of 24. houres together, and then streine them, and let the patient drinke this first and last for a certaine space, and this will cure the infirmitie without all doubt. probatum est. p L.L.

¶ Palsie.

Chap. 557.

¶ A most singuler good Medicine for the Palsie.

TAke a Fox that is fat, & flea him, and then take forth his intrailes, & saue all ye fat which is about the & then fill vp his belly againe with this Mixture following, and sow it vp both fast and close, and then roast him as dry as may be, and let the dripping pan that he doth drop into, be halfe full of good Vinegar, and saue the sides from the fire as much as may be. (Viz)

Take ij handfulls of dry Cowslip-flowers, and of Sage, Lauender Spike, Rue flowers Daffadill flowers, Camamill Flowers, Rosemarie Flowers, & Garden Time, of ech of them a good handfull, Iuniper Berries, & Angelica of ech of them vi. an oz Cloues Mace & Ginger of ech of them a quarter of an oz. and 6. or 7. Nutmegs bruise all these into a grose powder, & mix the together, then take a pint of Garden worms and chop them very small & mix them well with the said powder, the take as much of the fat as you can get, ye groweth about the Leg, ye Castorum is in, (which with diligence may be easily found) or if the Fox be leane, then take the fat that is about his guts, and when you thinke he is roasted inough, prick him in the belly with a Bodkin, y all his grease may issue forth: then baste him for the space of an houre, with the Vineger, that is in the same dripping, & annoint the place grieued therewith, both Morn & Euening (before a good fire) for the space of 14. or 15. dayes together, and wrap it eyther with the skin of a Fox, or else with a Lambes skin, or some other old Fur, and doubtles this will cure him. Probatum est p L.B.

Also some of the flesh of a Fox eaten, will cure the Palsie, if the Patient Commaike will endure it.

CHAP. 558.

¶ An other for the same.

TAke Red Sage, Sothernwood, Spike & Lauender, of ech of them a handfull, and boile the togither in a gallon of faire Running Water, and let it boyle vntill the one halfe be consumed: then straine it, and put it into a Cruse or pot, & kepe it close couered, and when you will vse it, take 4. or 5. spoonfulls thereof in a Sawcer, (luke warme) and gargle it to & fro in your mouth a good space & then spit it forth, & so in like manner, take y like quantitie againe thereof in a Sawcer as before, and let it be luke warme, and so let the patient rubbe and chafe that part of his body which is grieued with the Palsie, with a spunge dipped in the same Water, and it will help him. prob. est.

CHAP. 559

¶ Another for the same.

TAke Pellitorie of Spaine, Pepper & Iuy, of ech of them j. ounce & make them into powder: then take vj ounces of powder of Sage, & mingle it with the things before rehearsed, and giue it the patient to eate in his pottage, or else in some other broth, and this without doubt will cure him. pb. est. Chap. 560.

An other good Medicine for the Palsie which taketh away the speach.

TAke Sage and dry it betweene ij warme Tiles, & let it be laide to the Necke of the patient, and to the wrists of both his armes, then let him take a Nutmeg & slice it thin, and then put one of the slices vnder his Tongue, and y other ouer, and so holde the same a good space in that sort, and let him vse to do this often, & it will do him much good: and let him also anoint his Necke often, eyther with Oyle of Spike, or Water of Spike,

CHAP. 561.

An other for the same.

TAke Sage leaues & Primrose leaues, of ech of them a like quantitie (and if it be in Winter, then take Primerose Rootes) & beate them both togither & straine them with Ale, & giue the patient a good quantitie thereof to drink at a time, and this will help him. probatum est.

CHAP. 562.

A present remedy for Lamenes in the side, comming by the Palsie.

TAke Sage & Hisop, and boile a good quantitie of the togither in faire running Water, and bath y side that is grieued wel there with: then take the Hearbes & binde them as hot as they may be suffred to the sore place and this will speedely help it: This hath bin truely proued.

CHAP. 563.

¶ A very good Medicine for one that is taken with the Palsie, though not the shaking Palsie.

TAke the bloud of a Fox, as warme as it may be taken from him, & the bloud about the heart is best, but all the rest is good, & with some of the same bloud Chafe the place that is taken, & then take the skin of ỹ Fox, & put the raw side to the place where the Palsie is, & so let it remaine for the space of 12. houres at the least: & in the meane space till a Fox may be gotten chafe the place well ỹ is benummed, with Oyle Oliffe, & Aqua composita mingled well togither, & doubtles this will cure him in a short space, for it hath bin truely proued.

CHAP. 564.

¶ An other for the same.

TAke Sage, Spike and Lauender, & distill them togither, and let ỹ patient drinke a good draught of the same Water euery morning warme, either in Ale or Wine: also take Sage and Betony, and put them betweene ỹ. Dishes vpon a Chasingdish of coales, and sprinkle them with good Malmsie, & apply them warme to ỹ Nape of ỹ Necke and to both the wrists of the patient, and this will do him much good.

Pilles and Emerodes.

CHAP. 565.

¶ A speady remedy for the Pilles.

TAke the beards of the heads of vnset Leekes and wash them cleane, and boile them in a good quantitie of faire Running Water vntill they be tender, then take them forth & dry them well in a linnen cloth, & stamp them as small as you can: then take a good piece of fresh Butter and boile them therein vpon a chasing-dish of coales, & put into it a good quantitie of English Saffron, & when it is well boiled, straine it through a fine cloth into some glasse or earthen vessell, & keep it close, & when you will vse it, make a plaister of it vpon a peece of leather, or vpon a piece of linnen cloth, & lay it cold to ỹ place grieued, & it will speadily help you. pb. est.

CHAP. 566.

¶ An other for the same.

TAke Oyle of Indian Nuts and anoint the place grieued well therewith, & in twice or thrice doing thus, it will kill the Pilles and

Emerodes, and it will also kill the little Wormes which be in the Fundament, ꝓb. est. ꝑ G.C. CHAP. 567.

¶ An other for the same.

TAke ij. penyworth of Mercury Sublimatum (which is of ẏ colour of Chaulke) & steepe it in Vinegar, for the space of 3. or 4. houres togither: then take a few Coles & set vnder a close stole in a chasing-dish, and put the powder into it, & burne it, and let the partie grieued sit ouer it as close as he can, that the smoke may not go forth any way, but ẏ it may come to the sore, and this wil greatly ease him.

CHAP. 568.

¶ an other for the same.

TAke a good quantitie of Beanes & seeth them in faire Running Water, and then put them into an Earthen pan, & let the partie grieued sit ouerthe pan (as hot as possibly he may abide it) & this wil help him. probatum est. CHAP. 569.

¶ An other for the same.

TAke ij. handfulls of Southernwood and strip the leaues from the stalkes: then take new Butter (as it commeth from ẏ Churne vnsalted) and bruse ẏ hearbes and fry them in a frying pan with the aforesaid Butter vntill they are become tender: then take & spread them vpon a fine linnen cloth, & lay them to ẏ sore place as hot as possibly it may be suffred, and doubtles this will help him. Prob. est.

CHAP. 570.

¶ An other for the same.

TAke a great siluer Eale, and flea it & draw it, and let it touch neither Water nor Salt, but cut it in pieces and roast it, (& the first dripping being cast forth) then take ẏ next dripping, & with a fine linnen Cloth being dipped therein (the same being hot) bath well ẏ place grieued twice or thrice a day, & this will cure ẏ Piles, if ẏ they be neuer so sore. ꝓb. est. CHAP. 571.

¶ A good Medicine to staunch the bleeding of the Pilles.

TAke a good quantitie of the iuice of Milfoyle, & put thereto a pretty quantitie of powder of burnt Garlick, & let the party grieued drink thereof, eyther in Ale or Wine, & the Piles will die in a short space. Probatum est. CHAP. 572.

¶ An other for the same

TAke Leaues of Mullet, & Leaues of an Elder Tree, & stampe them very well, & mingle them with Butter ẏ is vn-salted, and annoint

the place grieued often therewith before a good fire, & this will cure you. probatum est. CHAP. 573.

¶ An other for the same,

TAke Blacke Wool and Black Sope, and binde to the place grieued, and this will presently help without all doubt. For this hath bin truely proued. CHAP. 574.

An other for the same.

TAke Oyle of Roses, Frankensence, & Hunny, and make an Oyntment of them, & put it into the Fundament with your finger, and put a little Mirh thereto, and vse to anoint ỳ Fundament often with it, & let ỳ breath assend vp into the Fundament, and this will cure it.

CHAP. 575.

¶ An other for the same.

TAke Diaculum, & Oyle of Spike, of ech of them a litle quantitie, and melt them in a Sawcer, & spread the same vpon a linnen cloth, and lay it to the Piles very warme, and within 4. dayes vsing of it both Morning & Euening, they will be hole. Probatum est. p I. Bell.

CHAP, 576.

¶ An excellent good remedy for the Emerodes, and to dry vp any sore.

TAke Red Worts, and seeth them in a pot of faire Water vntill they be very wel sodden, then take a pot, and set it vnder a Chaire that is close, and let the patient sit ouer it, & wrap warme cloathes about the chaire ỳ no ayre may issue forth, & so let him sit ouer it, vntil it be cold and let him anoint his members with ỳ same liquor, & this will speedily help him. CHAP. 577.

¶ An other for the same.

TAke broad Nephane leaues, (other wise called Cane leaues, which doe grow in Waters) and wash them cleane, & put them into a paper and broile them in the Embers, and then lay them to the place grieued as hot as they may be suffred, or else make them into powder, and cast the same into the sore, and it will help. Probatum est.

CHAP. 578.

¶ Another for the same.

TAke a little plate of Leade and rub vpon a little Bores Grease, and (if it be for a Man) but if it be for a Woman, then take Swines Grease, and wash it out with Whit Wine, and then anoint the place grieued therewith, and this will doe exceeding much good. Prob. est.

Cer-

¶ Certaine Rules and good inſtructions to be obſerued againſt the Plague, &c.

FORASMVCH as the force & infection of the diſeaſe called the *Plague* or *peſtilence*, hath heretofore bin too well knowne and felt in diuers & ſundry places of this Realme, and for that diuers Cities, Townes, & other places of this Realme, haue binne ſo grieuouſly vexed therewith: therefore (according to my ſimple skill and knowledge therein) I haue thought good to publiſh and make knowne vnto all, aſwell ſuch preſeruatiues as are good to be vſed, obſerued & kept by al ſorts of people for the auoyding of the ſame diſeaſe, being greatly infectious, and eaſily taken diuers and ſundry waies: as alſo for the better preſeruation of thoſe that are in health, from the infection of the diſeaſe, and to cure and order thoſe that are any way infected or grieued with the ſame: and therefore theſe things following, ought chiefely to be regarded, and fully obſerued. (Viz)

1 To keep your Houſes, Yards, Backſides, Streets, & Chennells, cleane frō al ſtanding puddles, dunghils, & corrupt moiſtures which ingender ſtinking & filthy ſauours that be noiſome, or breed infection.

2 To ſuffer no Dogs nor Cats to come into your houſes, nor to keep any your ſelues (except you dwel in ſome open place of Ayre) for that they be very dangerous, & moſt apt (of any kinde of thing) to take infection of ſickneſs, & to bring it home to their Maiſters houſe: by reaſon ỹ they run frō place to place, & from one houſe to an other, cōtinually feeding vpon ỹ vncleaneſt things that are caſt forth into ỹ ſtreets.

3 To ayre your romes (generally) with Char-cole fires, made in ſtone pans, or Chafing-diſhes, and not in Chimneys: but as you can

set your pans in the mid'st of ẏ Romes, and be sure to ayre euery rome twice a Weeke at the least, and put into your fire a litle Frankensence, Iuniper dryed, Rosemarie, or Bayleaues, Sage, and Lauender.

4 To wash your linnen often, and to ayre your Woollen in the Sonne or ouer pans of fire, or ouer a Chasing-dish of Coales, and to fume the same eyther with Frankensence, dryed Rosemarie, Iuniper and Bay leaues.

5 To smell to the Roote of Enula Campana steeped in whit Wine Vinegar, and wraped in a handkercher, or else to Hearb-grace and Wormwood steeped in Vineger, & carried eyther in the Rind of a Lemmon or in some thing (made for the purpose) close stopt. Also powder of Enula Campane rootes drunke or hanged about your necke, or chued in your mouth is good. To taste or chew in your mouth eyther the roote of Angelica, Setwall, Gentian, Valerian, Cinamon or ẏ roots of Arras, & to vse euery morn. fasting to eat Sorrel steeped in Vinegar with a litle bread & butter, or if vinegar be scarse, thē w̄ Sorrel sauce. Also to eat a kernell of a Wallnut mixt with 5 or 6. leaues of Hearb-Grace & a corne or ẏ. of salt, put altogither into a Fig warmed, and eaten fasting twice or thrice a weeke and to fast 3. houres after it.

6. To comfort the stomacke often with an Albery made of Cloues Mace, Nutmegs, Saunders, Geany Greines, and such like.

7 To drinke Rue, Wormwood & Scabious steep't in Ale a whole night in the morning fasting. Also to take the rootes of Enula Campana beaten together & drink fasting: or to drinke the powder of Turmentill, in Sorrell or Scabious water fasting: or else to take the water of Cardus Benedictus, or Aegellica mixt with Methridatum: also Bay Berries husk't before they be dry beaten to powder, & drunk either in Stale Beere or Ale, or in Wine, & to sweat vpon it & to forbeare sleepe.

8 To procure sweat being in your naked bed, by drinking of Posset Ale sodden with Sorrell & Burrage and mixt with Triacle: but if any fele themselues infected let them take Angelica water mixt with Methridatum, and drinke it of, and sweat in bed vpon it.

9 To preserue your selues by correcting the ayre in your houses: It is necessarie that you take Rosemarie, dry Iuniper, Bay leaues, or Frankensence, and cast the same vpon a Chasing-dish of coales, and receiue the smoke or fume thereof into your head, if you haue it, you may put a little Lauender or Sage that is dryed into the fire with the

rest

reſt and it will be the better.

10 Alſo to preſerue your ſelues otherwiſe by perfuming or correcting the Ayre in your houſes & Chambers: Take a good quantitie of Wine Vinegar, and put thereto a little Roſe-water, and 10. or 12. branches of Roſemarie, and put them all into a Baſon: then take 5. or 6. Flint ſtones, and heat them red hot in the fire, and caſt them into the ſaid Vinegar, and ſo perfume your Chambers or other Roomes therewith as often as you ſhall thinke meete, and let them be ſo done one after an other.

11 Likewiſe to preſerue your ſelfe by perfuming of your apparell: Take the ſame apparell that you doe dayly weare, and let it be kept ſweet and cleane, and perfume it often eyther with red Saunders burnt, or elſe with Iuniper: And if you happen to be with any that are infected, aſſone as euer you come home ſhift your ſelfe immediatly, and ayre your cloathes as aforeſaid, or otherwiſe ayre them well in ſome open Ayre.

12 Laſtly, if the patient be coſtiue, & hard bound in his belly, then let him take a Suppoſitarie made with a little boiled Hunny, and a little fine powder of Salt, and ſo take it in at the Fundament, and ſo let it be kept therein till it moue a ſtole.

¶ Preſeruatiues (Corporall) againſt the plague and peſtilence.

Chap. 579.

¶ A moſt ſinguler good Preſeruatiue to be taken againſt all manner of bad and corrupt Ayres, in places infected.

TAke a handfull of Sage, & ſeeth it in a gallon of faire Running Water, and let it ſeeth vntill ẏ one halfe be conſumed, then couer it cloſe, & ſet it ouer ẏ fire againe, & put into it a good quantitie of Hunny, & as much Triacle, and then ſcum it cleane, & put it into a glaſſe, and ſtop it cloſe, and when you will vſe it, drinke 5. or 6. ſpoonefulls of it faſting, and it will preſerue you from taking of any euill Ayres all the day after, whereſoeuer you goe.

CHAP. 580.

An other good Preſeruatiue to bee vſed againſt the Plague when you goe into any open ayre, or elſe where common aſſemblies are.

TAke a ſpunge & dip it in Vinegar & Roſewater mingled, or elſe in Vinegar wherein Wormwood or Rue both bin boiled, and vſe to ſmell often thereto.

CHAP. 581.

¶ A ſpeciall good drinke to be vſed of all ſuch as are grieued with the Plague or Peſtilence, during all the time of their ſicknes.

TAke a quarter of an ounce of great Valerian, a handfull of Sorrel, and an ounce of the Rootes of Butter-burre. (otherwiſe called Peſtilentwoort) & boile them in faire Running Water from a quart to a pint, & ſtraine it & put thereto ij ſpoonefulls of Vinegar, and ij ounces of fine Suger, & then boile them againe, and then let ỳ party grieued drinke a good draught thereof as hot as poſſibly he may abide it, and if he hap to caſt it vp againe, then let him drinke the like draught immediatly vpon it, and prouoke himſelfe to ſweat.

CHAP. 582.

A ſpeciall good preſeruatiue againſt the Plague.

TAke an Eg & make a hole in the top of it, then take out both the Yolk & whit, & fill the ſhel with ỳ waight of ij French Crownes of Engliſh Saffron, & then roaſt ỳ ſhell and Saffron togither in the Embers of Charcoles, vntill the ſhell way yellow then beate them togither in a morter with halfe a ſpoonful of Muſtard-ſeede, & aſ ſoon as any ſuſpition is had of infection, diſſolue the waight of a French crowne in 10. ſpoonefulls of Poſſet-ale & drinke it luke warme and ſweat vpon it in naked bed.

CHAP. 583.

¶ An other for the ſame.

TAke a handfull of Herb grace (otherwiſe called Rue) a handfull of Elder leaues, a handfull of Red Sage, & a handfull of Red brable leaues, & ſtamp them well togither and ſtraine them through a fine cloth, with a quart of Whit Wine, then take a good quantitie of Cale Ginger and mingle it well with them, & drinke a good draught thereof both morning and Euening, for the ſpace of 9. dayes togither and by Gods grace it will preſerue you.

CHAP. 584.

An other for the ſame.

TAke a good quantitie of Garlicke, & pill it and mince it ſmal, and put it in new milke, and eat it euery morning faſting.

Chap. 585

CHAP. 585.

¶ An other for the same.

TAke .ij. Figgs, .ij. Wallnuts, 20. Leaues of Rue, & a dram of Salt and stamp them all very well togither, & eat them fasting, and it will preserue you al ỳ day after: as wel against the plague, as also against any other poison.

CHAP. 586.

¶ An other for the same.

TAke Alloes Hepatica, pure Cinamon & Mirh of ech of them three drams, of Cloues, Mace, wood of Alloes, (commonly called Lignum Aloes) Mastick & Bole Orientall of ech of them an ounce, mix them togither & make them into a fine powder & drinke ỳ same fasting euery Morning eyther in whit Wine delaied with water, or else with Ale, (but if it be with Wine mingle it with a little water, but mingle nothing with the Ale, & by Gods help this will preserue you.

CHAP. 587.

¶ An other good preseruatiue vsed by Methridates.

TAke Figs which are not wormeaten & wash them cleane, & of the kernels of Wallnuts cleane picked, of ech of thē an 100. ỳ waight of foure pence of Salt, & of the Leaues of Hearbe grace the waight of .ij. ℥ Then take the Figs & the kernels of ỳ Wallnuts and cut them in pieces, & stamp them well, and then put the Leaues vnto them, & stir them very well togither, & then straine the Salt with ỳ rest, and stir it vntill it be incorporated, and made of one substance, & then put it into some Earthen pot or Gallipot, wherein it may be kept both sweet & cleane, and when occasion serueth for vse thereof: take ỳ quantitie of 2 or 3 Figs thereof, and eat it euery morning fasting, and by Gods help it will preserue you: Yf you giue it to young Children the one halfe will serue.

CHAP 588.

¶ An exceeding good Medicine against the Plague.

TAke an oz. of ỳ leaues of Hearb grace, halfe an oz of good Figs, an oz of Iuniper berries, 2 ounces of Wallnuts cleane picked, 4. ounces of Wine Vinegar, & a good quantitie of Saffron, & stamp them altogither: and then put them into a Glasse or Earthen pot, that is cleane, and stop it close ỳ no ayre may issue forth of it, and when you haue occasion to vse it, take out eyther vpon a knives point (or some other instrument fit for that purpose) the quantity of a beane or some what more, and eate ỳ same in the morning fasting, & by Gods help you shall be sure not to be infected with ỳ Plague, for the space of 24

houres after the taking thereof, and it will do the patient exceding much good. CHAP. 589.

¶ A soueraigne Drinke if it be taken in time to preserue one against the Plague or Pestilence.

TAke the quantitie of a dram & an halfe of Powder Imperiall, a dram of Triacle and of Dragon water, & Sorrell water, of ech of them an ounce, and drink it with Ale in the morning fasting (and if one haue taken the infection within 24 houres before, yet by Gods grace he shall escape it: This hath bin truely proued in the last great Visitation and hath done much good. CHAP. 590.

¶ An other for the same.

TAke Butter-milke & eat thereof euery day during ye time of sickines & it will doe you much good Chap. 591.

¶ An other for the same.

TAke 5 spoonfulls of Wine Vinegar, 3. spoonfulls of faire Running Water, ii. a spoonfull of Triakle of Iene, & of Bole Armoniacke, as much as a small Nut, (it being beaten to smal powder) & drinke it euery morn. & euen. proued by M, K. of An. Chap. 592.

¶ An other for the same.

TAke 7. or 8. leaues of Sorrell, & wash them in faire Water & Vineger, & steepe them in the said Water & Vinegar a good while and eat them fasting. CHAP. 593.

An other for the same.

TAke the finest & purest Aloes ye may be gotten, & of Cinamon & Mirh, of ech of them ye waight of 3. French Crownes (or the waight of 22. d. in siluer) & of Lignum Aloes, Cloues, Maces, Mastick & Bole Orientall, of ech of thē vi. an ounce, mingle them togither, & beat them into fine powder: then take the waight of iij. d thereof, and dalay it into whit Wine & faire Water, and so drinke it euery morning fasting. CHAP. 594.

¶ An excellent good Drinke to be taken euery morning for a preseruatiue against the Plague, &c.

TAke a good handfull of Winter Sauerie, & boile it in a quart of good wine Vinegar, with a spoonful of Greines, (being beaten & put into it) & put therto a good quātitie of fine Suger, & so take a good draught therof euery morning fasting. Also if you must of necessitie come into any place where any infectious persons are, then it is good for you to smel to ye Root of Angelica, Gentian or Valerian, & to chew any of these in

in your mouth, & you shall find much vertue in them. Ph. est.

CHAP. 595.

¶ A maruellous good Medicine for the Plague.

TAke 3 or 4 slips of Hearb grace, and 6. spoonefulls of Vinegar, & beat them both togither in a morter, then straine out ỳ iuice of it cleane, & put therto an oz. of pure Triacle, & an oz. of fine Suger, and set it on ỳ fire, and stir it well togither, & make therof a Strop, and thẽ put it into a close Box, and when you wil vse it, take a Sage leafe and spread as much as a Beans of ỳ same vpon ỳ leafe, & so eat it euery morn. & Euen, and it wil do you much good. Also if any one be infected, and vse this often, it will quite expell ỳ plague from his heart: but if he be not infected, it will preserue him within the spaces of 24. houres after the receipt therof. CHAP 596.

¶ An other for the same.

TAke euery morning fasting, a dry Fig, a Wallnut, & 4 or 5 leaues of Hearb grace, and chop thẽ altogither very small and eat them, and afterwards drinke a good draught of Whit or Claret Wine. But if it be a woman with Child leaue out the Hearb grace.

CHAP 597.

¶ An other for the same.

TAke a pint of Hunny, a quarter of a ℔. of Bole Armoniake and as much Sanguis Dragonis, and as much of Terra sigillata, halfe an oz. of Cloues, & a pint of Aqua vitæ, and seeth them altogither, vntill they be all as thick as pap, when you will vse it, take the quantitie of a spoonfull therof first & last, but take hẽde ỳ you doe neither walke nor drinke for the space of an houre after the taking therof and this will do you maruelous much good. Chap. 598.

¶ A good preseruatiue for a woman with Child, or such as are dilicate or tender, that cannot away with taking of Medicines.

TAke a toast of White or Wheaten bread, and sprinkle thereon whẽ ỳ toast is hot, a little whit wine Vinegar, or else Vinegar made with Roseleaues, & spread it on with a little new Butter & straw thereon a little powder of Cinamon, & eat it in the morning fasting. But if Cinamon or Vinegar be not to be had: thẽ you may eat Bread & Butter alone: for Butter is not onely a preseruatiue against ỳ plague, but also against all other venom and poisons. Chap. 599.

an excelẽt good medicine to be drunk suspecting your self to be infected

TAke a great Onion and take forth the Core, then fill it full againe with

with Triacle of Iene, and wrap the same in a pece of paper, & rost it vntill it be soft, and then straine it with a little whit Wine Vinegar, and temper it with a prety quantitie of Suger, and giue the patient ij spoonfuls thereof to drinke fasting, and if he be infected with ỳ plague it wil be perceiued within 6. houres after ỳ receipt of ỳ same drinke.

CHAP. 600.

¶ An other good preseruatiue against the Plague.

TAke Rootes of Bayes, May-weede, (both leaues & rootes) of ech of them a like quantitie, a good quantitie of Triacle of Iene, & a smal quantitie of Dragon Rootes and Leaues, and mingle them wel together with Ale, and make a pottet thereof, and so vse to drinke dayly thereof, and you shall finde great comfort thereby.

CHAP. 601.

¶ An other preseruatiue against the Plague.

TAke a Figge, and put therein a litle Hearb grace bruised, and mingled with a little Bay Salt beaten smal, and the Kernell of a Walnut cleane picked, & let the patient vse euery morning to eat 3. or 4. of these figgs thus ordred fasting, and let him drink a good draught of Wine or Bere afterwards, & then walke an houre after it, before he eate any meate, and so by vsing of this euery morning as afore said, by Gods helpe he shall be safe from any infection. Chap. 602

¶ An other for the same purpose.

TAke Wormwood & Rue, of ech of them a good handfull, & bruise them a little, and put thẽ into an Earthen or pewter pot, with as much whit Wine Vinegar as will couer ỳ hearbes, and keepe it close stopt, and when you feare any infection, dip a little pece of a spunge into the Vinegar & then put it eyther into a round ball made of Iuorie or Iuniper, with little holes on the top or else the Kinde of a Lemmon (being opened on the top & all the substance taken forth) & carry it in your hand as you goin the streets, and so vse to smell often vnto it, & this will preserue you greatly. Chap. 603.

¶ An other excellent good preseruatiue against the Plague.

TAke halfe an hundred of Greene Walnuts, (being new taken off, as they hang grene on ỳ Tree) a rt of the inner Barke of an Ash-Tree, & of Petty morell, Housleeke, Scabious & Veruaine, of ech of thẽ a handfull and halfe an oz. of Saffron, and mince them altogether, & put a pottle of the strongest Vinegar to them ỳ may be gotten, & boile them ouer ỳ fire in a pot close stopt, and afterwards distil them in a

Lyme

Limbeck: then take the same water, and keepe it in a glasse, and whē occasion serueth for vse thereof: drink 4 or 5 ounces therof at a time, and so vse to take it 4 times in 24 houres space, & when you doe take it be sure to be in your naked bed, and prouoke your body to sweat, & in so doing you shal sustain great cōfort, both to heart & body. ꝓb. est.

CHAP. 604

¶ An other good preseruatiue for the same purpose.

TAke x. graines of powder of Saffron, 20 Greines of the Kernels of Walnuts clean picked 2 or 3 Greines of Figs, 3 greyns of Methridatum, j. oz. of Pimpernell Water, & 6. Sage leaues: stamp all these togither, and put it into a close glasse, and eat thereof euery morning fasting ẏ quantitie of 12 Graines, and this by Gods help wil preserue you.

CHAP. 605.

¶ An other for the same purpose.

TAke a good quantitie of Rue, (otherwise called Hearb grace) or Wormwoode (or both if you please) and put it into a pot of vsuall drinke, & let it steepe for the space of a whole night close stopped, and drinke thereof in the morning fasting, and by often vsing of it it wil both purge ẏ bloud & preserue you frō the Disease: Also if you take 7 or 8. Berries of Iuniper dryed & made into fine powder, and put the same into your drinke, wherein the Rue and Wormwoode hath bin steeped as aforesaid, it will be much the better, & of a farre greater vertue: but if you cānot get any Iuniper Berries, thē take a little powder of Wormwood, & powder of Valerian, & vse it in your drinke as aforesaid.

Chap. 606.

An other for the same purpose.

TAke powder of Tormentile the waight of vj d. eyther in Water of Scabious, or in Sorrell water, in the Sommer, but if it be in the Winter: then take it with water of Valerian, (if it may be gotten) or else with some other ordinarie drinke, and it will doe you exceeding much good: Likewise a peece of *Arras Roote*, kept in your mouth, as you walke in the streetes, is maruelous good and Cordiall.

CHAP. 607.

TAke Rue, Mandragories, Fetherfew, Burnet, & Sorrell, of ech of them halfe a handfull, and a good quantitie of crops and roots of Dragons wash them all very cleane, and seeth them on a soft fire in faire running water from a pottle to a quart: then straine them through a fine linnen cloth, and if it be bitter, put thereto as much Suger Candie

die as will make it sweet or else some other fine Suger, & if this Medicine be ministred, before the purples doe arise it will helpe, but it must be taken every morning fasting. Chap 608,

¶ An exceeding good Medicine to be taken against the Plague.

TAke an oz. of the leaues of Hearb Grace halfe on oz. of good Figgs, an oz. of Iuniper Berries, ij. ounces of Wallnuts cleane picked, 4. ounces of Wine Vinegar, & a good quantitie of Saffron, and stamp thē altogither, and put them into an Earthen pot or Glasse, and stop it close ẏ no ayre may issue out, then take some of it forth vpon a knives point, or else with some other instrument (to the quantitie of a Beane or more) and eat it in the morning Fasting, and by Gods grace, it will preserue you from infection for 24 houres after the taking of it.

CHAP. 609

¶ An other for the same.

TAke Betony water, & whit wine Vinegar, of ech of them 3 spoonfuls, and ẏ quantitie of a Nutmeg of Triacle of Ieno, or else the quantitie of a hasle Nut of Methridatum, and mingle them altogither, and let the sick person take it in the beginning of his sicknes, & this will do him exceeding much good. Chap. 610.

¶ An other for the same.

TAke Hearb grace, Southernwood, Mugwort, and Wormwood, of ech of them a handfull, and 3 or 4. handfulls of Iuniper Berries which are blacke, and then cut and shred the hearbes very smal, and put them into an Earthen pot or pipkin, and put to them a gallon of whit wine Vinegar, and let them soke there for the space of 7 nights, (if they be dry, but if they be greene, then let them not soke aboue 14 houres) thē take a handfull or ij. of ẏ same hearbs forth, and put them into a Still, and then put therein a quart of the same Vinegar and so distill them with a soft fire (for ouermuch fire will wast it) and when it is distilled put as much more as aforesaid, into the Still, and so do vntill you haue distilled all, that being done, put it into a pipkin or earthen vessell againe, and then put therein as many of the same hearbs fresh and new as you did before, & let them be altogither as many as you had before, and then let them soke for the space of 7 or 8 dayes & nights more, & then distill them againe (as you did before) and so vse the hearbes and Berries, the third time againe as you did twice before: and then put into the pipkin 4 ounces of pure and good Methridatum, amongst ẏ hearbes (or if it can not be had)

had) take 6 or 7 ounces of good Triacle, and put it therein: and when it is wel distilled, put it into a double glasse, and stop it close, and bind a peece of cleane leather about the top of it, and so keepe it close, and when occasion serueth for vse thereof, and y^t you perceiue any one to be infected with ye plague, then giue him y^t is grieued 2 ounces thereof at a time, but if it be a woman, giue her not aboue 1½ ounces, and to a childe according to ye age, and as the child is able to beare it, and let him or her y^t so taketh it, sweat vpon it for the space of 5 or 6 houres after the taking thereof, (if the patient be able to indure it let him sweat longer:) and let some body stand alwaies by the sicke person to dry the sweat from his face, least that by putting of his or her hands out of bed, cold be taken, & more daunger of death ensue thereby, & without al doubt, (by Gods help) this will quite him comfort and helpe in a short space. This is a marueilous good [illegible] and hath bin oftentimes of late experienced: This is also [illegible] a Leprosie being much vsed as afore said. Chap. 611.

¶ An excellent good drinke generally to be vsed for all [illegible] of people that are infected with the Plague, and to be made with small cost.

TAke Burrage, Burnet, and Marigoldes (which are of a browne colour) of each of them a good handfull: then take 9 or 10 crops of the youngest Rosemarie, & boile all these together in a quart of stale Ale clarified: then put therein a little whole Mace, & a pretie quantitie of fine Sugar, and a crust of White or Wheaten bread, and let the sicke person drinke of this during all ye time of his, or her sickness, and this will be most comfortable & good.

Also vse to put Pimpernel in ye sick persons broth, y^t you do commonly make for him either to sup or eate, and it will be the better.

CHAP. 612.

Another good drinke to be vsed to those y^t are infected with ye Plague.

TAke Berries of Iuy (that are ripe) and dry them in the shadow: and then stamp them to powder: then take vnto a dram of the same powder & temper it well with 4. ounces of Plantine water, and when ye sicke person is desirous to drink, let him take a good draught thereof: and let him remaine in his bed, & sweat as much & as often as he can, after he hath taken it: then warme a cleane shirt for him & put it on, (and if his shirts may be shifted often, it will be the better after his sweating) and likewise his sheetes and clothes, & in vsing of this for the space of 3 dayes together, he will either dye or mend without

all

all doubt (by Gods helpe) This hath bin truely proued.

CHAP. 613.

¶ An other precious drinke for one infected with the Plague.

TAke Fetherfew, Matfellon, Mugwoort, Solsequi, Scabious, and Mallowes, of ech of them a like quantitie, wash them cleane, and stamp them, and temper them well with stale Ale, & giue it the sick person to drinke, (the quantitie of 6. spoonfulls thereof at a time) and if it be taken in time, it will both destroy the corruption: and also keepe the sicke person from all danger of death. Probatum est.

CHAP. 614.

¶ An other good drinke to be made and vsed for the same purpose, or otherwise, &c.

TAke 3 ounces of Aquavitæ, & an oz. and an halfe of Rosewater, and put 3 drams of perfect good Cinamon, & a dram of Yellow Saunders to steepe therein, and when it is well steped, then straine it through a hayre strainer, & sweeten it well with conserues of Roses, & whē occasion serueth for the vse thereof, take ỳ quantitie of an oz. thereof at a time, and giue it the sicke person in ỳ morning fasting, or else make a toast of fine Manchet, or wheaten bread, & take the toast therein, and let him eate it and it will doe him much good. Chap. 615.

¶ An other good Drinke to be vsed in the time of Visitation.

TAke 5 spoonfulls of Dragon water, 3 spoonfulls of strong Vinegar, vi. a spoonfull of Triacle of Iene, a quarter of a spoonfull of Bole Armoniake, beaten into fine powder, & as much or somewhat more of the Rote of Setwall of Venice likewise beaten to powder, & when any one is infected (or else not) and when he taketh it let him fast frō both meate & drinke for the space of 12 houres after, vnles he thinke good to take of ỳ same drinke againe, and he shall receiue great comfort thereby.

CHAP. 616.

An other for the same.

TAke an Onyon & make a hole in it, & take out ỳ inner Core, then take Dragon water, Triacle & Pepper, (bruised) & put thē altogither into ỳ Onion, and roast them in the embers, and then bruise it, and straine it with pure Malmsie, & giue it the patient to drinke. This is a present remedy, if it be taken before the Heart be infected. Prob. est.

CHAP. 617.

¶ A good Medicine to prouoke sleepe to the sicke person.

TAke a good quantitie of Womans breast Milke, & put thereto a like quan-

quantitie of Aqua vitæ, stir them well together, & moysten ye temples of the head of the patient, & the nosethrills well therewith, & let it be laid on with some feather, or with some fine linnen cloth, & this will do much good. probatum est. CHAP. 618.

¶ A maruelous good drinke for them that are infected with the Plague, or Pestilence.

TAke ij handfull of Sorrell, a handful of Violet leaues, & a bunch of sower Grapes, and beat all these together, (stalkes and all) then straine them with Buttermilke, and make a posset of the same and let the sicke person drinke as much thereof as you shall thinke good.

CHAP. 619.

¶ An other good drinke for the same purpose.

TAke Leafe Gold and mingle it with the iuice of Lemmons, and a little Suger candie, Cloues, Maces, and a little Cinamon, and a little quantitie of Liquorice finely pared, and sliced, and let all these be steped in Whit wine, or else in good Claret wine, & put therein a good quantitie of the powder of Angellica, or else of the Decoction of the same roote, & let the partie grieued drinke this warme, and it shall do him maruelous much good. pb. est. Chap. 620.

¶ An other excellent good drinke for the sicke person.

TAke Cardus Benedictus, Red Sage, Hearb grace, Elder leaues, & red Bramble leaues, of each of them a like quantitie, and stamp them all together in a morter, & straine them through a fine linnen cloth, with a quart of Whit Wine, and let the sicke person drinke 5 or 6. spoonfulls euery day, but if it be taken, and vsed often before infection it will preserue one from the plague along space after. prob. est.

CHAP. 621.

¶ A soueraigne Drinke for any infected person.

TAke a pece of fine Gold or the leaues of pure beaten Gold and put it into ye iuice of Lemmons, & let it lie therein for the space of 24 houres, then take ye same iuice & put to it a little powder of Angellica Rootes, and then mingle them with Whit Wine, & let the patient if he be neuer so sicke drinke a good draught thereof.

This is a most pretious drinke, and it is greatly to be wondered at, what help and remedy some that haue vsed this drink haue had thereby, although it hath bin supposed by many learned Phisitions that the sick persons were past all hope of remedy: yet by Gods help they haue recouered againe.

CHAP. 622.

¶ An other good drinke to be taken eyther before or after infection.

Take Betony water, & Scabious water, of ech of them a good quantitie, & a pretty quantitie of fine Triackle, & temper them well togither, & let the patient drinke it, & it will expell the venom & poison cleane forth. Prob. eft. CHAP. 623.

¶ An other good drinke for one being infected.

Take Cardus-benedictus, & distill it, & Centorie, & distill it likewise, & mingle the ij. waters togither, & let the sicke person drinke a good draught thereof with Triackle, & it will do him marueious much good

CHAP. 624.

¶ An excellent good drinke for the Plague if it be taken in time.

Take a dram of Methridatum, & giue it ỳ patient with Dragon Water, White Wine, or other liquor, to drinke when he suppoleth himselfe infected first. CHAP. 625.

¶ An excellent good Medicine to ripen and bring forth the sore.

Take a white Oynion, & cut it in peeces & 3 ounces of Butter that is cleane without salt, & the waight of 20 ỻ of Garlick cleane picked & the quantitie of an Eg of Leauen, & a little Otemeale small beaten, then boile these togither with a little new Milke, or else faire water, and make a poultesse therof and lay it very warme to the sore, and it will ripen it. Prob. eft Chap. 626.

¶ An other for the same.

If the botch happen to appeare, then take a good quantitie of Elder leaues, Red bramble leaues, & Mustard seede, & stamp them wel togither & make a plaister therof and apply it to ỳ sore, and it will drawe forth al ỳ venome and corruption. Chap. 627.

¶ An other for the same.

Take a handfull of Smalledge, or Louage, if you can get it, and two handfuls of Valerian, & 2 or 3 rootes of Dane-wort, & bath them all in faire running Water, & fresh Butter, and put thereto a few crumms of wheaten Bread, & make a poultesse therof & lay it warme to the sore, and so let it remaine there vntill it breake. Chap. 628.

¶ An other experienced Medicine for the Plague.

Take a Cocke, a Chicken, or a Puller, and pull all ỳ Feathers cleane of ỳ taile, so ỳ the Rumpe may be bare, and then hold ỳ Rump or bare place to the sore, & immediatly you shall se ỳ Cocke Chicken or Pullet gape, and labour for life, and in ỳ end it will dye. Then take

all

an other Cocke, Chicken, or Pullet againe and do ꝯ like, and if the same die likewise, then take an other, and so doe as afore said, and let the partie grieued be applied therewith as afore said, as long as any of them doe die.

Chap. 629.

¶ An other excellent good plaister to draw the sore.

TAke Camamill flowers, & Mallow leaues, of ech of them an handful, and cut the Mallow leaues, and ꝯ Camamil Flowers very smal and boile them in faire Running Water, (but let the water be more then an inch aboue the hearbes) and let them boile vntill the water be almost al cõsumed: Then put therein ij. oz. of Lynseede beaten to fine powder, vi. an handfull of wheaten Flower, ij. oz. of Oyle of Roses, & 3. or 4 oz. of Swines grease, (the scum being taken away) & temper them wel togither, and then set them ouer a soft fire, to out any smoke, & stir them very well with a sticke, and so let them boile altogither, vntill you perceiue the water be quite consumed: Then take them of the fire, & beat them well togither in a morter, vntill you see them well incorporated togither, and in feeling to be smoth and not rough: Then take a parcell thereof and heat it eyther in a porringer, or else in some Earthen dish vpon a chafingdish of coales, and then spread it thick vpon a fine linnen cloth, or else vpõ a piece of leather, & so apply it to the sore, and this will draw it according to your owne desire. Apb. est.

Chap 630.

¶ An other for the same.

TAke a new loafe of Bread, & lay it to ꝯ sore as hot as it may possibly be suffered, (as it cõmeth forth of the Ouen) and after warde let it be burnt, (or else dryed in ꝯ Earth) or else take leaues of Scabious, or Sorrel rosted, or else 2 or 3 Lilly roots rosted vnder ꝯ embers & applied to ꝯ sore, al these are good to ripen ꝯ sore.

Chap. 631.

A very good plaister to draw the Plague sore to a head, & to break it.

TAke ij. handfuls of Mallowes, j handfull of Linseede, a handful of sowre Dow, & 2, or 3 Lilly roots, & stampt these togither very small, and boile them in a quart of Wine Lies, vntill it be thick, then take it and lay it an inch thicke or more vpon a piece of Leather ꝯ is somewhat broader then the sore, & let the borders of the Leather be plaistered with shoemakers wax, and ꝯ will cause it to cleaue fast, & this will both bring forth ꝯ botch, and breake it in a very short space This hath bin truely proued.

Chap. 632.

¶ Another plaister to draw the sore.

TAke a spoonefull of Hunny, 2 oz 3. spoonfuls of the iuice of Spurge, a spoonful of Turpentine, & a good quantitie of wheaten Flower, & temper them wel togither without any fire & make therof a plaister, and lay it to the sore, at ye end of every 12 houres renew the plaister, and this will draw it wonderfull much. Chap. 633.

¶ Another for the same.

TAke ij. handfuls of Scabious, & stamp it in a Morter & then temper it wel with ij oz of Swines grease ye is salted, and ye Yolk of an Eg, then stamp them altogither, and lay some part of this warme to the sore, and it will draw it exceeding well.

Plurisies.

Chap. 634.

¶ An excellent good Medicine for a Plurisie.

TAke Brooke Lime, Sheepes Suet, and a little faire Water, and fry them togither in a frying pan, and make a plaister thereof, and lay it to the side of the patient, and it will draw forth all the corruption. This hath bin proued.

Chap. 635.

¶ Another good medicine for a Plurisie or stitch in the side.

TAke Aqua vitæ & Capons grease, of ech of them a prety quantitie, and boile them togither: Then take a little Black Wooll and dip it therin, & lay it as hot as it may be suffred to ye stomacke of the partie grieued, and it will ease him very speadily. Ab. est.

¶ French Pox.

FORASMVCH (Gentle Reader, or practitioner of this Arte) many things might here be intreated off, concerning the disease called the *Pox*: But mine intent is not to meddle or deale any further therein, then of that little knowledge and experience, which I haue had mine owne selfe in the curing the same disease: But it is wel to be considered that there be diuers and sundry kindes of Pox, (as the Swine Pox, smal

Pox,

Pox. &c. Which are vsually among'st young people:) and the French Pox (most dauugerous of all) which commeth diuers & sundry waies. As by drinking and keeping of bad company (both men and women) in hauing carnal copulation with these that are infected with this filthy disease, also in eating, drinking, and keeping of cōpany with those ẏ are infected therewith. And also it is taken by diuers and sundry other meanes & wayes, which here it would be too tedious to be spoken of: But yet neuertheles, according to that little knowledge & experience that I haue in the curing of this disease, I haue heere set downe the medicines themselues, as briefely as I can, with the intent that the vnskilfull may the more easier learne to cure this disease, (which now remaineth too common in this age) which by meanes thereof many people are disfigured in the face, imperfect in their speech, lame in their limbs and ioynts, ful of paine & aches in their bones, besides many other corrupt humors in their bodies. And many are vtterly dismembred and spoiled in diuers other parts of their bodies, and many doe loose their liues thereby, for want of help in due time: Therefore let those that are skillfull instruct the vn-skillfull, & let euery man or woman indeuour themselues to learne & finde out all such things as are and may be for, the preseruation of health, which is the onely Iewell that man hath in this life; for which purpose as I said before, I haue gathered together (as out of many gardens, woods, and fieldes) and heere set downe in this Booke or Store-house (as it may be rightly tearmed) a great number of experienced Medicines, for most part of all diseases incident to mans body: And now (Godwilling) I here intend to intreat somwhat of diuers sorts of the Pox, as briefely as I can or may, in manner and forme as hereafter followeth: but first of all, I wil begin with ẏ French Pox, which is the most needfullest of all to be touched or spoken of.

French Pox.

Chap. 636.

¶ The manner how to cure the French Pox, if it be rightly obserued.

First of all. it is to be vnderstood, that the sicke person must be kept in a close chāber, (wherein neyther wind nor ayre may come in to hurt him) where a fire must be continually kept, or else he must be kept in a sotow which shall not neede alwayes to be kept hot, but it must

muſt be ſo cloſe and ſo prouided ẏ no ayre may blow vpon him during ẏ time of the continuance of his cure: And likewiſe great care muſt be had, ẏ he take not colde, for either of both will hurt the ſick perſon very much: Therefore if the ſick perſon be to be cured in winter, or in the Autumne, he muſt be ſure to haue fire in his Chamber every morning early (eſpecially before day, for thē is the cold moſt feruent) Alſo the cleftes of the windowes, & chinks in the wals muſt be cloſe ſtopped wᵗ morter or other things, And the chamber dore (wherein he is ſo kept) muſt be cloſe ſtopped, & couered ouer with a couerlet or carpet, whereby no cold may ſtrike in at the creueſſes or chinks of the ſame. And when he is thus ordred, his meate muſt be diminiſhed by little and little, firſt the fourth part of ẏ he which was wont to eate, and then the third part, & ſhortly after the one ẏ. wherby he may vſe himſelfe to ſuffer hunger as much as may be. And his Wine if he doe drinke any, muſt be mingled with faire water: Then he muſt haue ſuch a purgation miniſtred vnto him, as ſhal be thought cōuenient to take away ẏ matter or cauſe which nouriſheth the diſeaſe, or els ſuch a one as will cleanſe the belly perfectly. That being done, ẏ cure may begin in this maner & doubtles to be brought to good perfection, if it be orderly done as it ought to be. Chap. 637.

¶ An excellent Medicine for the curing of the French Pox.

TAke a ℔. of a kind of wood ẏ is called Guaycum, and beat it into powder, or elſe get it turnd at the Turners, & made into chaunings and ſet it to ſoke in the quātitie of 8 ℔. of faire running Water, (but if ẏ your Guaicum be beaten to duſt in a morter it will be the better, & it will be the better ſoked, & brought better to worke in perfection, by reaſon ẏ then all the ſubſtance of it will ſoke out of it) and let it ſoke in the ſaid water, for the ſpace of a day & a night. Then take it and ſeeth it in a new earthen pot (ẏ is wel glazed wᵗin) vpon a ſoft fire of charcoles, and ſo let it ſeeth for ẏ ſpace of 6 or 7 houres, or vntill ſuch time as the one ℔. of the licquor be conſumed, and let there be great heede & care taken, ẏ it run not ouer into the fire, by ouermuch heat, for ẏ which euerfloweth taketh much of the ſubſtance or vertue from the reſt, & therefore it muſt not be boiled in any flame, but wᵗ a moderate fire made with a few coles. and let not your pot be filled vp to the top but the third part. And when it is very wel ſodden, ſcum it cleane, and keep ẏ which is ſcūmed of, & anoint the ſores therewith, & it will both dry them vp, & cure them, & for the licquor it ſelfe, let it be ſtrained & put

put into a glasse, & then put to ye same grounds againe the quãtitie of 8 li. of faire water more, & sith it againe (as before) and whẽ it is wel sodden, straine it & put it into a glasse as you did ye other before: And so giue of this last water to the sick person to drink continually with his meat, and the first liquor must be taken by the sick person euery day in this mãner: (Viz) in ye morning at 5 of ye clock, or thereabouts he must take the quantitie of a cup ful milk warme, & againe at 7 of the clocke at night: And after he hath taken this medicine, let him rest himselfe for the space of 4 houres after it: And for ye first 2 houres, let him be close couered, ye by helpe of the heate, the medicine may the better be digested & dispersed into al parts of his body; and ye patient may sweat vpon it, (which if he doe it will be the better and if he be close couered wt clothes, an houre before he take the medicine it will be much the better) because he may be hot when he taketh it) But in any wise let him not arise out of his bed, for ye space of 5 houres after he hath taken his cup of drink, and let him take his meate about the noone time of ye day, & not before, and then as little as may be, for as much as this medicine requireth an empty stomacke, and if euer he wil be made perfect sound, he must be dyeted & kept in this sort for ye space of 30. daies togither. And after such time as he supposeth himselfe to be well, he ought to purge himselfe againe.

But if his body be strong, & able to indure it, let him take a purgation the 15 day after ye beginning of his cure, for this reason as *Alexander Aphroditius* affirmeth, ye those ye are kept hungry and receiue not their meat as they were accustomed to doe, fall away & do gather a certaine sharp matter, and egar, so ye of necessitie (he saith) such filthynes must be auoided, whereby the body of the sick person may be kept empty: But this medicine before mentioned must not be ministred, in the same morning, ye he taketh the purgatiõ, but at night let him take it againe: And afterwards he may eat more largely thẽ he did before: Moreouer vpon the 30 day he may take the like purgatiõ againe, & afterwards increase his dyet by little & little, vntil he come to his accustomed dyet againe: But certainely the more hunger the sick person abideth during ye time of his cure, the more perfeuer and quicklyer he shall be cured: And although his desire of eating grow daily more & more: yet he must remẽber to abstaine frõ meat as much as he possibly can; cõforting himselfe wt the assurãce of health if he do.

And for as much also, as ye body which is wasted and emptied, not

onely

onely wᵗ hunger, but alſo with ſweat, and being a long time, as a dead body through the griefe and vehemency of this diſeaſe, will in a ſhort time come to good appetite againe.

Moreouer it is further to be conſidered, ỹ after he is cured of this maiady, it is not neceſſarie that he go into any open ayre preſently: but what he doth muſt be by degrees, (Viz.) Firſt to goe from his owne chamber into an other, and ſo abroad into the houſe, and then to his neighbours houſe, and ſo by little and little, for a certaine ſpace.

But if he do wel, he muſt not make any ſuddaine change. All which things here before mentioned, if they be onely obſerued (as they ought to be,) he ſhall be ſafe and ſound for euer after, if he doe not miſ-gouerne himſelfe againe. CHAP. 63.

¶ The manner of dyet to be obſerued during the continuance of the cure of this diſeaſe.

There are many things to be conſidered of, for ỹ ordring of a man, as touching his dyet whilſt he is in this diſtreſſe: for ſome mẽ are of opinion ỹ the beſt dyet is to eat nothing but bread with a few Rayſons of the Sunne: Which bread muſt not be aboue 4. oz waight, and it muſt be cleane without Salt, or other ſauce: Other ſome are of opinion ỹ it is beſt for the ſicke perſon to abſtaine from all manner of meat generally: except a litle broth made of a chicken to moiſten his bread withall, and ỹ ſame not to be taken aboue once in a day: For it is not fit ỹ he haue any thing towards night, but onely a few Rayſons of the Sunne, & no or of bread. I my ſelfe am of ỹ opinion, ỹ if he haue ỹ a Chickin ỹ is young & tender once a day, wᵗ his bread it is not amiſſe. or if ỹ Chickin be any thing growne, thẽ a quarter of it is inough, but the Chickin muſt be ſodden in very cleane water, & neyther ſalt nor ſauce muſt be uſed therewith, but onely a little Suger. And he muſt take howe, ỹ during ỹ time ỹ he is in cure, he doe not ſo much as taſte of any ſalt, and he muſt haue whit bread made for that purpoſe, ſeaſoned with Suger, (which is beſt for him) Alſo if there be a little Burrage put into his brouth, or elſe the leaues of Burrage, it will be the better for him:

Alſo for his drinke, there can be none better in mine opinion, then the ſecond water, or decoction of Guaicum, which is in ỹ laſt chapter before rehearſed.

Likewiſe ỹ patient (during all ỹ time of his cure) muſt forbeare al buſines, & put away all ſad cares & thoughts (for through them there may

may happen many impedimēts, for his cure (such is ẏ nature of that disease,) & he must auoide al consultations & studies: So ẏ he may be free frō all motions & workings, he must not be melancholy. And he must beware of anger, & heauines of mind, if he haue any skill in musicke, it were not amisse, to suffer him to practise the same, (but not ouermuch) whereby he might somewhat driue away melancholines and mitigate the cogitations of his thoughts.

Yf he be in a place where he may heere the noise of singers & minstrels (if he haue no skill in musique himselfe) or where he may giue himselfe to some sports, pastimes & musicque as aforesaid, and sometimes to delight himselfe with some merry talke or iestes, but in any wise to eschew the company of women. And let his head be often rubbed with a warme cloath, and combed with an Iuorie combe.

Lastly, this complexion ought principally to be regarded, least ẏ any thing should be ministred vnto him ẏ is of a dry & hot cōplexion, as vnto him ẏ is of a cold & moist complexion, or ẏ things that are of one qualitie, should be ministred vnto such as be both extreames & thereby great harme might ensue to the sick persō, by the oversight or negligence thereof,

CHAP 639.

¶ A good Medicine to kill the great Pocke.

TAke a good quantitie of Hemlockes & a good quantitie of ẏ Dregs of strong Ale, & a good quantitie of Mutton Suet, and boile them al very wel togither, & make a poultis thereof, and lay it to the place where the griefe is, and it will cure it, in a short space: but the party grieued must be sure to obserue the order and dyet heere first before mentioned.

CHAP 640.

¶ Another for the same.

TAke a good quantitie of Camphire and lay it to the place where ẏ sore is, and it will presently eate it cleane away. ꝓb. est.

CHAP. 641.

¶ A maruelous good Water to be vsed for the French Pox.

TAke whit Coporace, Roch allum, Liquorice, & Hunny, of ech of thē a pentworth, or somwhat more, & of Sage, Rosemary & Woodbind, of ech of them a like quantitie, & boile them all togither in faire Running Water, & whē they are wel boiled then straine ẏ water through a fine linnen cloth, and when occasion serueth, let the diseased person vse it often, and the same will doe him exceeding much good.

¶ An exceeding good oyntment for the French Pox.

TAke a quarter of a ℔ of Hoggs grease vn-tryed, an oz. of Quicksiluer, & qualifie ỹ Quicksiluer with fasting spittle, & thē put vnto ỹ Hoggs grease & Quicksiluer 4 oz. 5 spoonfuls of Vinegar ỹ is both strōg & sharpe: and thē beat & temper them altogither, for ỹ space of 2 or 3. houres togither, & then put it into some earthen pot or gallipot, and so keep it close stopt, whereby neither dust or any other thing may cōe to hurt it, & when occasiō serueth for ỹ vse thereof, let the diseased person be anointed therewith very often, before a good fire, and doubtles he shall finde great ease thereby in a short space. Pb. est,

CHAP. 643.

¶ An other good oyntment to be vsed for the same purpose.

TAke Allum, Verdigrease, English Hunny (ỹ is perfect pure & good) & Wine Vinegar ỹ is both strong and sharp (as afore said) of ech of them an equal portions as you can, & temper them wel togither and make an ointment thereof, and as necessitie requireth let ỹ diseased person anoint the sores often therewith, and it will both dry vp the sores and heale them. CHAP. 644.

¶ An excellent water to wash and clense the sores, be they neuer so filthy or corrupted.

TAke a new earthen pot ỹ was neuer vsed before, and put a good quantitie of faire running Water therein, & let it seeth: thē powre it forth into a bason or else into a wodden bowle ỹ was neuer vsed before, & put some vn-slecht Lime therin (Viz) such as no water hath euer touched, & when the Lime is dissolued & fallen downe to the bottom, scum of the top of ỹ water, & then as easily as you may or can, powre out the clearest of the water, wont troubling of it, & kepe it in a glasse or viall, & when occasion serueth for the vse thereof: Take a spunge, or else a fine linnen cloth, & dip it in some of the same water, (but let it be warme) and bath the sores wel therewith, and thē wipe away all the filthines cleane frō the sores: and whē you haue so done take a fresh linnen cloth, and soke it well in some of the same water, and wrap it about the sores, and this will ease the paine, asswage the swelling, & clense the sores frō al manner of filthines, & it will take away quite all the heate and inflamations of the bloud. This hath bin truely proued. CHAP. 645.

¶ An excellent good Medicine to cure the French Pox.

Take

TAke ℔i. a ℔j of Goacum, Capium, ℥. oz. of Salsa Perilla, ℥. oz. of the Bark of Guaicum, and of Liquorice, Annis-seeds, Fennel seeds and Seny, of ech of them an oz, of Betony, Scabious, Smalledze, Pellitorie of the Wall, Penyroyall, Harts-tongue, Maiden-hayre, Wilde or Red Mints, Red Sage, Oculus Christi, Liuerwoort, and of the hearb called Mercury, of ech of them a good handful, and let them be al cleane picked and washed: Then take them and put them al togither into 3 gallons of faire running Water, to steepe for the space of one whole night: or else put into it ij gallons of pure Whit Wine, and one gallon of strong Ale, and then boile them well togither, vntill such time as the one ℔i. of the liquor be consumed: Then take it and straine it through a fine linnen cloth, and put it into a close vessell, and so let it stand to settle, and when it is well setled, let the sicke person vse none other drinke but this both Morn. and Euen. and at meate: and into euery 3 quarts of water, put a quarter of an oz of Coloquintion and so let the sicke person vse this vntil he hath scowred his body maruelous well, and if it do not cause him to purge well: Thē let him take the purgation mentioned in ẏ first Chapter of the title of purgations following in this booke, which said purgation is very mete to be ministred, as wel for this disease, as it is for any other, and yet necessarie for all diseases.

But alwayes note this, that if you boyle all these things before rehearsed: (Viz) In water it will continue but 6 or 7. dayes, but beeing boyled in Wine & Ale, as aforesaid it wil continue 20. dayes (or somewhat more) which is too short a space for the diseased person to vse or continue it: But as it decayeth, there may be more made againe.

Many things more might haue bin heere intreated of touching this disease aswell of drinkes as also of Purgations: Which thinges if you looke into the Title of *Drinke, and dyet drinke*, and in the Title of *purgations*, you shall finde therein, many drinkes and Purgations, aswell necessarie for this disease as for other diseases, which matters and for the iudgement of them, I leaue to them that are best able to iudge and minister the same: And if herein I haue committed any offence: in intreating or speaking hereof, I desire amendment of the learnē'st sort, and such as are more skillfull then my selfe, And now I wil leaue heere to speake any more hereof: But I will intreat (by gods help) somewhat of the small Pox, which is incident to all people, especially to small Children.

Small Pox.

CHAP. 646.

¶ An experienced Medicine for the small Pox.

TAke the milke of a red Cow, and make a posset of Ale therewith, and scum the curd of it cleane, thē take the quantitie of a spoonfull of red Fennell, and seeth the posset Ale, and straine it, and then put to it the quantitie of a Nutmeg, of fine Triacle, and a little Setwall, and a prety quantitie of English Saffron, and mingle them well togither, and so giue it the patient warme, and this will bring them forth immediatly. CHAP. 647.

¶ An other Medicine to driue out the small Pox.

TAke Milke, Saffron, and English Hunny, and seeth them togither, and giue it the patient and let him be kept warme, and this will bring forth the Pox in a Short space. Chap. 648.

¶ A very good Medicine to be vsed for the small Pox.

TAke Dragon Water, Whit Wine, and Methridatum, or Triacle of iene of erh of them a prety quantitie, & put some Vnicornes horne therein, and seeth thē togither, and giue the same to the patient, and let him be kept warme, and this will help him. ꝓb. est.

¶ Purgations.

CHAP. 649.

¶ An excellent good Purgation to be ministred to any person, for any manner of disease whatsoeuer.

TAke dj. an oz. of Seny, a spoonfull of Annis-seedes, dj. an oz. of Licquorice, j. spoonfull of Fennel-seedes, & 20. Reysons of ẏ Sun, (the stones cleane picked forth) and boile them altogither in a quart of faire Water, & let the same boile vntil ẏ one di. be consumed, then straine it, & put therto an oz. and an di. of Deaphenicon, and shake ẏ same well together, & let the party ẏ desireth to purge, drinke a prety quātitie therof euery morning fasting (bloud warme) and it will cause him to purge exceeding well.

This Purgation neuer maketh the Body sick, neither doth it offend the stomacke any thing at all.

Chap. 650.

Chap. 650

An other excellent good Purgation to purge the Stomacke.

Take Mallowes ỹ are young, and Mercury of ech of them a good handful or somewhat more, an oz. of Seny, and 3 spoonfulls of Annis-seedes, & put them into a pint of Whit Wine, and as much strong Ale, & so let them stand all one night, and the next day sæth them altogither, & let them sæth untill the one di. of the same be quite consumed. Then straine it, and give the patient a good draught thereof in ỹ morning fasting, and if he sleepe a little after it, he will be never the worse.

Chap. 651.

¶ An other good Purgation to be ministred, for the Purging of all parts of the body.

Take ij. oz. of the purest and perfectest Turpentine ỹ may be gotten, & wash it very well in Fennel-water, & bruise it, and dissolue it in a morter with a pestle, and put thereto di. the Yolke of a new laid Egge, and 3 oz of Smalledge Water, and beat them altogither untill it be like milke, & then let the patient sup it of, & this will work effectually in all parts of his body. Chap. 652.

¶ An other excellent good preseruatiue to be taken before that the Stomacke be purged.

Take iij. oz of of Seny iij. oz of Polopody of the Oke (otherwise called Okefearne) & 3 oz of Annisseedes, and sæth them all togither in a quart of fre running Water, & let them boyle until the one di. be consumed, & then straine it through a fine cloth and put a little Suger therein to make it sweet and pleasant, & so give it to the patient. Chap. 653

¶ A good Purgation.

Take a pint of Whit Wine, and an oz. of Seny, a good handfull of Reisons of ỹ Sunne (the stones picked out) & di. a spoonfull of Annisseedes & then stæpe them in ỹ Whit wine for the space of a night & the straine it wel, & let ỹ patient take a good draught therof in ỹ morning fasting luke warme, and if you think good you may put in it 3. oz. of rootes of Polipody of the Oke (otherwise called Okefearne) and it will be ỹ better, & let the patient take heede ỹ he doe not catch cold upon it.

Chap. 654.

An other for the same.

Take ỹ Ij. of Figs & put them into a gallon of strong Woorts (made of Barly Malt) and put thereto ỹ. oz. of pure Liquorice beaten to

powder, & an oz. of fine Suger, & when the Figs are wel boyled, braye them small in a morter & then through a strayner, and then boile the liquor againe, and put to it a pint of ye best Oyle Oliue ye may be gotten, and an oz. of Reisons or Currants, & let the patient eat this with bread made of Wheat & it will doe him marueious much good.

CHAP: 655.

¶ An other for the same,

TAke the waight of 20. d. of Seny, Ginger the waight of 4. d. and Annis seedes the waight of 8. d. and beat them also powder, and then put them into a pint of Whit Wine, and set it to steepe betweene ij pewter dishes for the space of 10. or 12. houres, and then seeth it vntill the one di be consumed and then straine it, and giue it the patient at night bedward, and it will cause him purge the next morning exceeding well.

CHAP. 656.

Another for the same.

TAke 20. Reisons of the Sunne (the stones picked out) & 2 or 3 rootes of Polipodie cleane washed scraped & cut in pieces, 2 oz. of Rubarbe, 2 spoonefulls of Seny, & ij. spoonfulls of Annis seede, & bruise them altogether & put them into a pot close stopped, & put to them a pint of whit wine, & let them soke therein for ye space of one night, & then take it all forth together, & seeth it vntill it be consumed to a quarter of a pint, & then straine it & drinke it in ye morning fasting, and this will cause him to purge very wel wout any daunger at all to the body.

Restoritiues.

CHAP. 657.

A Restoritiue vsed by diuers noble Parsonages and others for the prolonging of life.

TAke Cape Dates the quantitie of a lb. & pick them very cleane, and take forth all the stones, and then seeth them in a pinte of Muscadine ye is pure and not mingled, & let it seeth vntill a good part ther of be consumed: Then put it into a glasse & as you haue occasion to vse it, put 3 or 4 spoonfuls thereof at a time into your pottage or broath: And if you think good you may vse it as aforesaid, euery meale in broath, and it will be the better, and do you exceeding much good. This hath bin sufficiently proued.

Chap. 658

¶ most singuler good Medicine to heale the vessell wherein nature lyeth (if it be broken) and to restore it againe.

TAke the huskes of Acorns and dry them well, & beat them to fine powder, and then put a spoonefull of the same powder into a little Ale (luke warme) and giue it the patient to drinke in ỹ morning fasting, and let him lie in his bed an houre or two after it, and this will helpe him. ℞b. est.

Ringwormes or Tetters,

Chap. 659.

¶ A good Medicine to kill any Ringworme or Tetter, or any other manner of Itch whatsoeuer.

TAke a good quantitie of pure Sallet oyle & *Salt*, and temper thē very wel togither, and then make them luke warme on ỹ fire, & let the patient annoint the places where the sores are, very well therewith, and in 4. or 5 dayes dressing it will helpe him without doubt. ℞b. est. Chap. 660.

¶ Another good Medicine to destroy a Ringworme.

TAke a red Dock roote, & pare it very cleane, & lay it in Vinegar to steepe, & when you think it is wel steped rub the Ringwozme wel therewith, but if it be very ranke, thē take brimstone beaten to powder and lay it in vinegar to soke a while, then temper and beat them well togither, and then rub the Ringwozme well therewith, and it will presently destroy it. ℞b est. Chap. 661.

An other for the same.

TAke an oz of verdigrease, ʒ oz. of wine vinegar, & grinde them together in a mozter, & put thereto 3 oz of Hony, & set ỹ them all vpon ỹ fire vntill they be growne as thicke as hony it selfe, & so lay it to the Ringwozme, & it will destroy it immediatly Chap. 662.

¶ An other for the same.

TAke Earth wormes, and wash and slice them, & take out all that is within them, & then dry them either in an Ouen or else vpon a hot tile stone, & then make a powder thereof, & put it into 2 or 3 spoonfulls of ỹ best white wine vinegar ỹ may be gotten, & temper them wel together, & let ỹ party grieued wash ỹ sore place therwith, both Morn. & Euen. for ỹ space of 3 or 4 dayes together, & he shal be hole without al doubt ℞b. est. Chap. 663.

Chap. 664.

¶ A maruelous good Medicine to cause a sicke person to sleepe that cannot.

Take a Red Rose Cake, ℔i, a pint of white wine Vinegar, and ℔i a pint of Sallet Oyle, and mingle the Oyle and Vinegar together, and put them into a Porringer upon a Chasing-dish of coales, and let it stand vntill it be hot, then take ẏ Red Rose Cake, and set it vpon the Chasingdish in the Vinegar and Oyle, and so let it remaine there vntill it be both moist & hot, then take a little Cummin-seede and bruse it a little, & straine it well vpon ẏ Red Rose Cake, and then binde it fast to the Temples of ẏ head of the sick person as hot as possibly he can abide it, & this will procure him to sleepe without any daunger. pb. est. Chap. 665.

¶ An other for the same.

Take a spoonefull of Womans Milke, a spoonefull of Rose-water, a spoonefull of the iuice of Lettice, & boile them in a dish, then take fine Flax and make a plaister as broad as you shall thinke good, and moisten the Flax wel with ẏ same licquor, and grate a little Nutmeg and straw vpon it, & lay it to the Forehead and Temples of the head of the sicke person, and it will procure sleepe forthwith.

Chap. 666.

¶ An other for the same.

Take of the seedes of Lettice and Smalledge of ech of them a like quantitie, and put them in white Wine, and mingle them wel together, and giue it the sicke person to drinke luke warme, and it will cause him to sleepe prestently. pb. est.

Chap. 667.

¶ An other for the same.

Take Rosewater, and White Vinegar, of ech of them a spoonefull ẏ. spoonefulls of Oyle of Roses, and ℔i a handfull of Rose leaues, made into powder, and mingle them all together, and temper them with Wheaten Bread that is leauened grated, and then lay it to the Temples of the head and forehead, and then let the Patient lay his body to rest, and it will procure sleepe.

Chap 668.

¶ Teeth and Toothach.

CHAP. 668.

¶ An excellent good Medicine for the Toothach.

TAke Iuy Speare-mint, and whit Salt, of ech of them a handfull and stamp them well together, and then put them into a pint of Vinegar, and sæth them wel ouer ẏ fire, and then straine thē same and put it into a close glasse, or stone pot, and whē you wil vse it, take a spoonfull thereof, and put it into ẏ side of ẏ mouth where the paine is, and hold downe your chæke ẏ it may descend to ẏ roots of ẏ aking Tæth, & it wil take away both ẏ ach and paine presently. This hath bin truely proued. Chap. 669.

¶ An other for the same.

TAke a pæce of ẏ roote of Crow-foote, & put it into the hollow Tooth (if any be) or else apply it often to ẏ Tooth ẏ aketh, & it wil presētly ease it, and take away the paine. This hath bin truely proued.

CHAP. 670.

¶ An other for the same.

TAke Hisop, & make a Decoction thereof, with Vinegar, and make it hot, and wash your mouth often therwith, and ẏ paine wil cease immediatly. ꝓb. est. Chap. 671.

¶ An other for the same.

TAke a good quantitie of the rootes of Henbane, & sæth it in white wine Vinegar, or Rosewater, and put ẏ Decoction thereof in your mouth and it will help you. Chap. 672.

¶ A singuler good Medicine to ease the raging paine of the Teeth.

TAke a little Balme and Bassil & rub them both together in ẏ palme of your hand, vntill they do come to a iuice, & put it into your eare, on the side ẏ the paine is on, and this will asswage the paine immediatly. This hath holpen many. Chap. 673.

¶ An other for the same.

TAke powder of Red Currall and put it into the holes of the tæth ẏ doe ake, and it will cause them to fall out shortly after. ꝓb. est.

CHAP. 674.

¶ An other for the same.

TAke Vinegar, Hunny, Aqua vitæ, Henbane Rootes, Long Pepper,

and Round Pepper, Camphire, Gum and Iuy, of ech of them equall portions, and boile them al togither, vntill they be hard, then let the patient put some of it betweene his Teeth, & this will speadily ease him. But if his Teeth grow soze, by reason of the extreame paine, ỳ commeth by them, then let him take a ℔j. of Henbane Rootes, & seeth them in a quart of Whit Wine Vinegar, and a pint of Rosewater, and when it is well boyled put into it a little fine Suger to sweeten it, and then straine it, and so wash his mouth often there with, & this will asswage the extreame paine without all doubt. ℞b. est.

Chap. 675.

¶ An other for the same.

TAke Red Sage, and Betony, of ech of them a like quantitie, and put thereto a little Roch Allom, & seeth them in Whit Wine Vinegar, and let the patient rub his Teeth ỳ ake wel therewith, and it will ease him greatly.

Chap. 676

¶ An other for the same.

TAke a good quantitie of ỳ Rootes of Henbane, and seeth it in whit Wine Vinegar or Rosewater, and put the Decoction thereof into the patients mouth & it will help him. Chap. 677.

¶ An other for the same.

TAke a rotten Apple, and take forth ỳ Coze thereof, and then slice it and lay it vpon the Temples of the head, (on the same side ỳ the paine is on) at night when you goe to bed & bind it fast with a linne cloth, and in the morning take it of: and the next night after doe the like againe, and so for 4. or 5 nights togither vse this and it will help you. ℞b. est. Chap. 678.

¶ An other for the same.

TAke a pint of Whit Wine, and ℔j a handfull of Lauender-cotten, and seeth them both togither vntill the one ℔j. of ỳ wine be consumed: Then put into it ℔j. a spoonefull of Bay Salt, and let it seeth a little: Then take a spoonefull of the same licquor, and put it into your mouth (on the same side ỳ the paine is on) & so holde it in your mouth for a good space, and then spyrout it forth againe, then take an other spoonefull and doe the like, and so vse it oftentimes, in like sort, and it will take the paine quite away. ℞b. est. Chap. 679.

¶ An other excellent good Medicine for the Toothach.

TAke Iuy Berries and seeth them either in Vinegar, or else in Whit Wine, and when they are well sodden sup of the hot liquor, & when it

it is colde sup more of it, vse this often and it will ease you of the Tooth-ach forthwith. Prob. est Chap. 680.

¶ An other for the same.

TAke the Rootes & leaues of Chick-weede, and boile them in faire Water, and wash your mouth often with the iuice thereof and hold some of the same iuice in your mouth for a certaine space, and it will take away the paine immediatly Probatum est.

CHAP. 681.

¶ An other for the same.

Yf your Tooth be hollow, put some Asaphetida therein, & it will speadely ease your extreame paine. Prob. est.

Otherwise if your Tooth be hollow, take Rue, and lay it in the hollow Tooth, and it will driue away the paine thereof presently.

CHAP. 682.

¶ An other for the same.

TAke a head of Garlicke, and pill of the skin cleane, and thē bruise it a little, and lay it by equall portions to the hollow partes of the soles of the fœte of the partie that is grieued: But if the Toothach come of a coldnes, or happen to be in one of ẏ neather iawes, where the paine is, then it helpeth ꝓb. est. Chap 683.

¶ An other for the same.

TAke whit wine Vinegar, and crums of whit Bread, ij. pentworth of Long Pepper, and a pentworth of Henbane seed, and boile them all togither, and when it is well boiled: Then take a little thereof and knit it in a fine cloth, & lay it in the hollow Tooth. Prob. est.

VVartes.

CHAP 684.

A good Medicine to take away Warts in any place wheresoeuer.

TAke a good quantitie of Arsenicke, and put to it a Cloue of Garlicke, and beate them both togither in a morter, & then lay the same moist vpon ẏ Wart, (but let it touch no place else as nere as you can) & it will perish the Wart and take it away in one night: but if the Wart be vpon the face: then take a beane leafe and couer your eyes therewith, that no part of the Medicine come into them,

 and

[illegible] Beane [illegible] then take a little [illegible] and [illegible] them. Chap. 685.

¶ An other for the same.

Take the heart or pyth of a red Colewoort and stamp it well, and temper it wel with a little Hunny and rub the Wart oftentimes [illegible] and it will take it away.

Chap. 686.

¶ An other for the same.

Take the fat or juice of a black Snaile, and anoint the Wart well oftentimes therewith, and it will take it cleane away. ꝓb. est.

Wormes.

Chap. 687.

¶ A good Medicine to kill all manner of Wormes in mans body.

Take Plantine leaues & roots & Grouncel, of eth of them a like quantitie, stamp and straine them in a pint of good Malmesie, and warme it and give it ye patient to drinke, for a space of [illegible] dayes together, and it will slea both ye wormes in the Mawe, or else where. ꝓb. est.

Chap. 688.

¶ A good medicine to kill the Wormes in a Childes Bellie.

Take Aqua composita, that is made of hearbs & wash the breast of the Child therewith, then take a little powder of Mirth, and [illegible] it [illegible] and straw it likewise upon the breast of the Childe after it hath but well washed, & lay a warme cloth to it & so let it remaine for 24 houres together and this will speedily kill all the wormes. ꝓb. est.

Chap. 689.

An other for the same.

Take vi a pint of Malmesie, and put thereto a pretty quantitie of Wormes-seede, and give it the Childe, or other person gelteuen to drinke, and it will utterly expell them. ꝓb. est.

FINIS.